## **BEHAVIORAL HEALTH**

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🌐 bit.ly/GTB-BH

## WE PROVIDE A COMPREHENSIVE ARRAY OF SERVICES

### Prevention Events & Educational Activities Prevention events and activities for tribal youth and community members.

#### BH Assessment, Case Management, <u>Referrals</u>

Licensed Counselors referrals for: screening, assessment, mental health/addictions counseling, case management, and referrals to detox & treatment services.

#### Michigan Driver License Assessments

Certified Advanced Alcohol and Drug Counselor provides evaluation and assistance in completing driver's license re-instatement paperwork.

#### Access to Traditional Healer

Traditional Healers provide their services monthly. Requests for names, colors, & clans. Healing ceremonies, Traditional medicines, & Spiritual guidance.

#### Peer Recovery Coaching

A Recovery Coach is available, willing to guide and mentor those seeking the recovery lifestyle with shared experience in recovery.

#### Alternative Therapies

Providing a variety of treatment modalities, such as Auricular Acupuncture, Massage Therapy, Energy Healing, and more.

#### Psychiatric Services

Psychiatric care is through contracted services with an experienced provider who serves clients with a wide range of mental health disorders. This service is provided one day a week via Telehealth.



# AHKI MAADIZIWIN "All Life in Balance"

"Today is a New Beginning. With Hope, Change Can Happen."



Our mission is to provide intervention, clinical, prevention, and recovery support services and activities to federally recognized Tribal members residing within the

GTB six-county service area.

We offer a safe, confidential environment that is a State Licensed and CARF Accredited outpatient program.

# OUR CULTURE IS STRONGER THAN ANY ADDICTION

Recovery Takes <u>Time & Effort</u>

DON'T QUIT BEFORE THE MIRACLE HAPPENS...



The Grand Traverse Band of Ottawa and Chippewa Indians recognizes the need for services related to prevention and treatment of substance use disorders, mental health disorders, and co-occurring disorders within the Tribe.

As a result, the Behavioral Health Services Program offers a variety of quality services to address these disorders with diverse

### **4 ELEMENTS OF MENTAL HEALTH**





Physical Emotional

Spiritual Intellectual

We envision a future where every individual has access to trauma-informed supports tailored to their unique strengths and needs. We promote choice, responsibility, and community integration, reducing stigma along the way.

Our services are provided to Grand Traverse Band members and members of other federally-recognized tribes that reside in the six-county service area.

The six counties include Leelanau, Grand Traverse, Benzie, Charlevoix, Antrim and Manistee Counties.

The Behavioral Health Program is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) for Substance Abuse and Co-Occurring Disorders Counseling. These services are provided in four locations: Peshawbestown, Traverse City, Benzonia, and Charlevoix.



#### Medication Management & Psychiatric Evaluations

• A contractual psychiatrist is here to provide medication management and psychiatric evaluations for adult patients (one day per week via Telehealth).

#### **Culturally Integrated Treatment**

 As a culturally integrated treatment program, Traditional Healers provide their services monthly. Schedule Your Appointment Here: bit.ly/gtb\_thh\_appt

## **OUR VALUES**

**Dignity and Respect:** We treat all clients with dignity, respect, fairness, and equality, fostering growth and recovery.

**Cultural Sensitivity:** We understand and respect the diverse cultural and spiritual needs of our clients.

**Person-Centered Care:** Our services are personalized to ensure continuity of care.

**Innovation:** We continuously develop creative methods to support our clients.

#### OUR COMMITMENT TO EXCELLENCE

We are dedicated to a high standard of excellence in the management and delivery of our systems. Our network includes experiential, knowledgeable, dedicated, and caring staff who promote collaboration among stakeholders.

### COMMUNITY PARTNERSHIPS

We maintain strong community partnerships and recognize their vital role in serving our membership.