# **GTB NEWS**A publication of the Grand Traverse Band of Ottawa and Chippewa Indians All Rights Reserved ©

#### https://bit.ly/GTB\_NEWS

November 2024 Baashkaakodin Giizis (Freezing Moon)



Chairwoman Address Motions, Meetings, & Attendance Page 2 - 4

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**GTB-SPONSORED EXCITING** WORLD INTO THE **EVENTS** DIVE OF EMBARK YOU ON AN **VISUAL JOURNEY!** AS ELECTRIFYING https://bit.ly/GTB\_Flickr **SEE MORE PHOTOS ON PG 12-13** 





#### FROM THE OFFICE OF TRIBAL CHAIRWOMAN SANDRA L. WITHERSPOON



Binaakwe Giizis A lot has gone on since my last newsletter article. Here are a few

Mino

highlights for September and October:

Pictured Chairwoman Sandra Witherspoon

### **SEPTEMBER & OCTOBER HIGHLIGHTS**

Sept. 5 – Betsy Coffia came to meet with Council and our Tribal attorney. We discussed the following issues:

- Request for State Highway Memorial Designation for **Company K Sharpshooters** through the village of Peshawbestown (in support of Tribal Member Scott Schwander's efforts)
- Amend the Michigan Speed Limit Section of the Michigan Vehicle Code Section to lower

Speed Limit through the village of Peshawbestown

- Amending Unemployment statue
- NAGPRA letter Requesting the development of State NAGPRA regulations for the return of Native American Cultural Items and human remains.

Sept.  $7 - 1^{st}$  Annual Sturgeon Release Ceremony at Hannah Park in Traverse City.

Sept. 17 – Opening Ceremony - National Native American **Boarding School Healing Coalition** Oral History Project at LTBB Governmental Building

Sept. 19-20 – Falmouth Training for Tribal Governing — Leadership Roles and Responsibilities for Tribal Executives and Council Members,

Sept. 19 – Charlevoix Community Meeting

Sept. 20 – Closing Ceremony -National Native American Boarding School Healing Coalition Oral History Project

Sept. 29 – Blue Star Event – Veteran's Memorial Park, to honor those who made the ultimate sacrifice Oct. 1-3 – Tribal Nations Housing **Development Assistance Program** Toolkit, Mt. Pleasant.

Oct. 8 – Council of Michigan Foundations (CMF) – Welcome address

Oct. 11 – Tribal State Summit: 12 Federally Recognized Tribes of Michigan met with Governor Whitmer in Marquette, MI. I was joined by Councilor Swallows, Councilor Raphael, Executive Secretary Miller and Tribal Attorney John Petoskey.

Oct. 16 – DOI Site Visit: The Secretary of the Interior's office came to visit GTB-led projects being funded through Bipartisan Infrastructure Law (BIL) funding. We had to delay the Council meeting to accommodate their visit. A sunrise ceremony was held at Cross Creek, followed by a tour of the FishPass, and Crystal River projects.

Oct. 17 – Grand Traverse Community Meeting

We also attended Tribal Council meetings, EDC meeting, numerous work sessions and roundtable discussions to keep communications open with all of our departments and to find ways to improve services.



Pictured: Councilor Donna Swallows, Councilor Angelina Raphael, Governor Gretchen Whitmer, hairwoman Sandra Witherspoon, Executive Secretary Anna Miller & Tribal Attorney John Petoskey.

## TRIBAL COUNCIL COMMUNITY MEETINGS

The Tribal Council started monthly Community Meetings in July. Each month we visit one of the communities to listen to your concerns and have open discussions. Please come enjoy a light meal and fellowship. Meeting times are scheduled for 6 p.m. -7:30 p.m. Can't make it to a community meeting? Please remember you can always submit questions, comments, and/or concerns by sending an email to members.speak@gtb-nsn.gov. Our next meeting is schedule for Leelanau County on November 14<sup>th</sup> at Tribal Council Chambers. Additional meetings will start after the new year.



## **ELDERS OPEN FORUM**

Reminder that Council holds a special Open Forum for Elders the second Tuesday of the month from 10am - noon at the Traverse City office. Next meeting is scheduled for November 12th.

I would like to wish all Veterans a Happy Veterans Day. Chi-miigwetch for your service!

Have a happy and safe November. Baamaapii Kawaabmin!



#### Tribal Council Special Session **October 15, 2024** http://bit.ly/GTB Member

III. New Business. A - Tribal Council **Regular Session of October 16, 2024** moved from 9:30 a.m. to 1:30 p.m. Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Member Raphael to move the start time of the Tribal Council Regular Session of October 16, 2024 to 1:30 p.m.

4-FOR; 0-AGAINST; 2-ABSENT (Frankenberger, Napont); 0-ABSTAINING **Motion Carries** 

#### Tribal Council Regular Session October 16, 2024 http://bit.ly/GTB Member

I. Roll Call. E - Review of Written **Management Reports - 6. Natural Resources and Environmental Committee** Motion made by Tribal Council Member Napont and Supported by Tribal Council Treasurer Frankenberger to reaffirm the NREC's vacancy recommendation for Preston Motion Carries Tyler, Steve Feringa, and Hank Bailey. 5-FOR; 0-AGAINST; 1-ABSENT (Rohl); **0-ABSTAINING Motion Carries** 

II. New Business. A - BIA Climate **Resiliency Grant Proposal Approval** Motion made by Tribal Council Secretary Miller and Supported by Tribal Council Member Swallows to approve Resolution #24-42.3712 to apply for the BIA Climate Resiliency Grant, to come back before Tribal Council if awarded.

4-FOR; 1-AGAINST (Napont); 1-ABSENT (Rohl); 0-ABSTAINING **Motion Carries** 

II. New Business. B - **\$200,000 Agriculture** Infrastructure Site Approval Motion made by Tribal Council Treasurer Frankenberger and Supported by Tribal Council Member Raphael to table.

5-FOR; 0-AGAINST; 1-ABSENT (Rohl); **0-ABSTAINING Motion Carries** 

II. New Business. C - Associate Judge **Contract** Motion made by Tribal Council Member Raphael and Supported by Tribal Council Secretary Miller to approve the Associate Judge contract as written for Matthew Lesky. 5-FOR; 0-AGAINST; 1-ABSENT (Rohl); **0-ABSTAINING Motion Carries** 

II. New Business. D - Renewal of Delta

II. New Business. F - Renewal of Optum **Transplant Policy for the 2025 Plan Year** Motion made by Tribal Council Secretary Miller and Supported by Tribal Council Member Napont to continue contract with Optum for plan year 2025. 5-FOR; 0-AGAINST; 1-ABSENT (Rohl); **0-ABSTAINING Motion Carries** 

1 Hour of Service from SPD Motion made by Tribal Council Secretary Miller and Supported by Tribal Council Member Swallows for approval to remove 1 hour of service from Summary Plan Description.

4-FOR; 0-AGAINST; 2-ABSENT (Frankenberger, Rohl); 0-ABSTAINING **Motion Carries** 

II. New Business. H - Revision to **Purchasing Policy 3.2.5** Motion made by Tribal Council Member Napont and Supported by Tribal Council Secretary Miller to approve revision to Section 3.2.5 of the Purchasing Policy. 4-FOR; 0-AGAINST; 1-ABSENT (Rohl);

**1-ABSTAINING (Frankenberger)** 

II. New Business. I - Delegation of Authority Motion Carries to EDC to Prosecute Legal Claim Motion made by Tribal Council Member Napont and Supported by Tribal Council Treasurer Frankenberger to approve Resolution #24-42.3709. 5-FOR; 0-AGAINST; 1-ABSENT; (Rohl);

**0-ABSTAINING Motion Carries** 

II. New Business. J - Ratification of **Chairwoman's Signature on Letter** regarding IHS Questions Implementation of Becerra v. San Carlos Apache Tribe Motion made by Tribal Council Member Napont and Supported by Tribal Council Member Swallows to ratify the Chairwoman's signature on letter dated 10/7/2024.

5-FOR; 0-AGAINST; 1-ABSENT (Rohl); **0-ABSTAINING Motion Carries** 

II. New Business. K - GTEC (RCA, LLC) Contract Change Order #1- CR 675 Stream Crossings Project Motion made by Tribal Council Member Napont and Supported by Tribal Council Member Frankenberger to accept GTEC's Change II. New Business. G - Resolution to Remove Order #1, dated 10/7/2024 for \$3,138,227.00 and to increase their existing contract #2022-1iC from \$2.116.244.50 to \$5.254.471.50 for the CR675 & Crystal River crossings construction project.

5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING **Motion Carries** 

II. New Business. L - Discussion of the **October 14, 2024 Indigenous Peoples' Day Event** No Motion, discussion only II. New Business. M - Close Enrollment for Per Capita Distribution Motion made by Tribal Council Member Napont and Supported by Tribal Council Treasurer Frankenberger to approve Resolution #24-42.3710.

5-FOR; 0-AGAINST; 1-ABSENT (Rohl); **0-ABSTAINING** 

II. New Business. N - Form to Update TID via Mail Motion made by Tribal Council Treasurer Frankenberger and Supported by Tribal Council Member Napont to table. 5-FOR; 0-AGAINST; 1-ABSENT (Rohl); **0-ABSTAINING Motion Carries** 

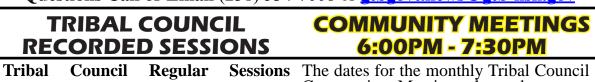


#### TRIBAL COUNCIL HYBRID MEETINGS

Process 1. Registration Required for both sessions! TCRS Registration Link: https://bit.ly/GTB-REG-TCRS24 TCSS Registration Link: https://bit.ly/GTB-REG-TCSS24

2. Once registered & cross-referenced with Membership, you will receive a confirmation email with link & password good for the entire series of registred meetings.

Questions Call or Email (231) 534-7008 or gtbgovt.news@gtb-nsn.gov



Dental Motion made by Tribal Council Member Napont and Supported by Tribal Council Secretary Miller to approve the renewal of the Delta Dental contract for 2025.

#### 5-FOR; 0-AGAINST; 1-ABSENT (Rohl); **0-ABSTAINING Motion Carries**

II. New Business. E - HCC Stop Loss Contract Renewal Motion made by Tribal Council Member Swallows and Supported by Tribal Council Secretary Miller to approve the HCC Contract renewal for 2025, selecting option 1 for \$150,000. 5-FOR; 0-AGAINST; 1-ABSENT (Rohl); **0-ABSTAINING Motion Carries** 

Wednesday of every month.

Council Tribal **Special** Sessions a.m. on occur at 9:30 every Wednesday month. of

Both sessions will be held in Council Chambers. MEETINGS ARE OPEN TO GTB TRIBAL MEMBERS.

> **Regular Council Sessions**  $11/20 \bullet 12/18$

**Special Council Sessions** 11/27

occur at 9:30 a.m. on the third Community Meetings have been set. We look forward to meeting with members to listen to your concerns and have open discussions. Please come enjoy a light meal and fellowship. the last Meeting times are scheduled for 6:00 p.m. – 7:30 p.m.

> Can't make it to a community meeting? remember you can always Please questions, comments, submit and/ concerns by sending an email or members.speak@gtb-nsn.gov to

> > Leelanau – November 14th **Tribal Council Chambers**

#### **Tribal Council Special** Session **Ocotber 22, 2024** http://bit.ly/GTB Member

II. New Business. A - Swearing in of Tribal Court Associate Judge No motion.

II. New Business. B - End Contract Negotiations with Sonya Zotigh for the Position of Tribal Manager Motion made by 42.3717. 4-FOR; 0-AGAINST; 1-ABSENT Tribal Council Treasurer Frankenberger and Supported by Tribal Council Secretary Miller to end contract negotiations with Sonya Zotigh for the position of Tribal Manager. 6-FOR; 0-AGAINST; 0-ABSENT; **0-ABSTAINING Motion Carries** 

II. New Business. C- Approval of Tribal Manager Contract for Kimberly McClellan the revised amount of \$2,000/day 5-FOR; Motion made by Tribal Council Treasurer Frankenberger and Supported by Tribal Council Vice Chair Rohl to approve a Tribal Manager contract for Kimberly McClellan for \$133,120 salary with up to 2 days remote work when possible, as long as full-time workload capacity and member services are maintained, with vacation/GPT to be available immediately on her start date of October 28. 2024 with all other stated terms in Kimberly McClellan's contract that was presented to Tribal Council at the Tribal Council Special Session held on September 25, 2024. 5-FOR; 1-AGAINST (Swallows); 0-ABSENT: 0-ABSTAINING **Motion Carries** 

II. New Business. D - Acceptance of Interim Tribal Manager Resignation Motion made by Tribal Council Treasurer Frankenberger and Supported Vice Chair Rohl to accept the resignation of the Interim Tribal Manager Sonya Zotigh, effective as soon as Kimberly McClellan clears Background. 6-FOR; 0-AGAINST; 0-ABSENT; **0-ABSTAINING Motion Carries** 

II. New Business. E - Step Down from **Tribal Council Treasurer Office** 1. Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Treasurer Frankenberger for Tina Frankenberger to step down from the position of Tribal Council Treasurer. 6-FOR; 0-AGAINST; 0-ABSENT; **0-ABSTAINING Motion Carries** 

2. Motion made by Tribal Council Treasurer Frankenberger and Supported by Tribal Council Vice Chair Rohl to appoint Councilor year term appointed by Swallows to the position of Tribal Council Treasurer.

5-FOR; 0-AGAINST; 0-ABSENT; **1-ABSTAINING (Swallows)** 

#### Tribal Council Special Session **Ocotber 30, 2024** http://bit.ly/GTB Member

II. Unfinished Business. A - Resolution for **Change in Executive Officer - Treasurer** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Member Napont to approve Resolution #24-(Frankenberger); 1-ABSTAINING (Swallows) Motion Carries

III. New Business. A - FY2025 Traditional Healer Contract Motion made by Tribal Council Member Raphael and Supported by Tribal Council Secretary Miller to approve the contract with Traditional Healer for FY25 for 6 months, reflecting 0-AGAINST; 1-ABSENT (Frankenberger); Agriculture for the Senior Farmers Market **0-ABSTAINING Motion Carries** 

III. New Business. B - New Admin- Soil and Geo Work Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Treasurer Swallows to allocate \$20,000.00 for the New Admin Building site. 5-FOR; 0-AGAINST; 1-ABSENT (Frankenberger); 0-ABSTAINING **Motion Carries** 

III. New Business. C - DH Baker Contract Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Secretary Miller to increase the DH Baker

contract by \$6,000.00 from ARPA for FY 2024. 5-FOR; 0-AGAINST; **1-ABSENT** (Frankenberger); **0-ABSTAINING Motion Carries** 

III. New Business. D - Upcoming Vacancy on the Compensation **Committee** Motion made by Tribal Council Member Raphael and Supported by Tribal Council Vice Chair Rohl to post the two upcoming vacancies on the Compensation Committee for 30 days; one twoyear term appointed by Tribal Council ending on November 16, 2024 and one two-Tribal Council ending on January 18, 2025. 5-FOR; 0-AGAINST; **1-ABSENT** 

5-FOR; 0-AGAINST; 1-ABSENT (Frankenberger); 0-ABSTAINING **Motion Carries** 

III. New Business. F - Glen Lake Fire EMS **Continuing Education Consortium MOU** Motion made by Tribal Council Member Napont and Supported by Tribal Council Secretary Miller to enter into MOU with Glen Lake Fire for EMS training. **5-FOR**; **0-AGAINST; 1-ABSENT (Frankenberger);** 0-ABSTAINING **Motion Carries** 

III. New Business. G - Senior Farmers Market Nutrition Program Motion made by Tribal Council Member Raphael and Supported by Tribal Council Secretary Miller to approve Resolution #24-42.3716 to seek approval and funding in the amount of \$9,925.00 from the US Department of Nutrition Program.

5-FOR; 0-AGAINST; 1-ABSENT (Frankenberger); 0-ABSTAINING **Motion Carries** 

III. New Business. H - ARPA Re-Allocation for Blight Cleanup- \$50,000 Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Vice Chair Rohl to approve \$50,000.00 from ARPA funds to be re-allocated to blight cleanup, and to remove the funds from 6.1 Government Services.5-FOR; 0-AGAINST; 1-ABSENT (Frankenberger); 0-ABSTAINING **Motion Carries** 

#### TRIBAL COUNCIL ATTENDANCE **SEPTEMBER 26 - OCTOBER 25, 2024**

There were (4) Tribal Council Regular/Special Sessions, (1) EDCRegular Session, and (20) Tribal Council Work Sessions/ Round Tables/EDC Board Round Tables/Other Meetings.

Chairwoman Witherspoon attended 4 of 4 Tribal Council Regular/Special Sessions, 1 of 1 EDC Regular Session, and 18 of 20 Tribal Council Work Sessions/ Round Tables/EDC Board Round Tables/Other Meetings. Attended: Housing training in Mt. Pleasant, MI 10/1-10/3, Marquette, MI 10/11 & Tribal-State Summit in Community Traverse City 10/17. Meeting on

Vice Chair Rohl attended 3 of 4 Tribal Council Regular/Special Sessions, 0 of 1 EDC Regular Session, and 14 of 20 Tribal Council Work Sessions/Round Tables/EDC Board Round Tables/Other Meetings. Attended: Housing training in Mt. Pleasant, MI 10/1-10/3 & G2E Conference Vegas, NV 10/7-10/10. in Las 10/16 Scheduled: Out of office & 10/21.

Treasurer Swallows attended 4 of 4 Tribal Council Regular/Special Sessions, 1 of 1 EDC Regular Session, and 17 of 20 Tribal Council Work Sessions/Round Tables/EDC Round Board Tables/Other Meetings Attended: Housing training in Mt. Pleasant, MI 10/1-10/3 & Tribal-State Summit Marquette, MI 10/11. in

Secretary Miller attended 4 of 4 Tribal Council Regular/Special Sessions, **1 of 1** EDC Regular Session, and **16 of 20** Tribal Council Work Sessions/Round Tables/EDC Board Round Tables/Other Meetings. Attended: G2E Conference in Las Vegas, NV 10/7-10/10, Summit MI 10/11 Tribal-State Marquette, & in City 10/17. Meeting Traverse Community on

#### Motion Carries

3. Motion made by Tribal Council Member Raphael and Supported by Tribal Council Vice Chair Rohl to make the change effective on October 30, 2024. 6-FOR; 0-AGAINST; 0-ABSENT; **0-ABSTAINING Motion Carries** 

II. New Business. F- Andrew Myrick LTI **Response Letter** Motion made by Tribal Council Secretary Miller and Supported by Tribal Council Member Swallows to approve the letter to go out on behalf of Tribal Resolution #24-Council. 6-FOR; 0-AGAINST; 0-ABSENT; **0-ABSTAINING Motion Carries** 

(Frankenberger); **0-ABSTAINING Motion Carries** 

III. New Business. E -Appointment of MISFM **Chief Medical Examiner** for GTB Tribal Police **Department** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal **Council Treasurer** Swallows to approve 42.3715 with the noted corrections.

Councilor Raphael attended 4 of 4 Tribal Council Regular/Special Sessions, 1 of 1 EDC Regular Session, and **16 of 20** Tribal Council Work Sessions/Round Tables/EDC Board Round Tables/Other Meetings. Attended: G2E Conference in Las Vegas, NV 10/7-10/10, Marquette, MI Tribal-State Summit in 10/11 & City Traverse Community Meeting 10/17. on

Councilor Frankenberger attended 3 of 4 Tribal Council Regular/Special Sessions, 1 of 1 EDC Regular Session, and 0 of 20 Tribal Council Work Sessions/Round Tables/EDC Board Round Tables/Other Meetings.

Councilor Napont attended 3 of 4 Tribal Council Regular/Special Sessions, 0 of 1 EDC Regular Session, and 11 of 20 Tribal Council Work Sessions/Round and II Tables/EDC Board Traverse Board Meetings. Round Tables/Other City Community Meeting on 10/17.



#### **REMEMBER TO VOTE**

#### **NOVEMBER 5<sup>TH</sup>**

Members, Hello Family, Friends, and Community

Now more than ever, it is important that the voices of Native people are heard. Our stories, traditions, knowledge, culture, values, and sovereignty depend on it Voting during election season is vital to ensure that our traditions and ways of life remain strong and protected for generations to come.

When Native communities join forces, we can create lasting change. Our vote is imperative to ensuring American Indian and Alaska Native voices are heard Whether it's local, state or national elections, Native voters help determine their children's futures Let no vote be wasted!

Remember. every Native Vote counts. Make sure your voice is heard, as well as the voices of your families, friends, and relatives.

As we work to demonstrate and expand the power of the Native Vote, there are a few things you can do to help Share important resources like the NCAI Native Voter Action (https://nativevote.org/?subject=) which outlines Kit

the history and strength of Native political power, along with local election resources geared toward Native people The kit includes sample social media posts and more to help encourage your friends and families to use their civic power Vote for your future

Vote for your children's future. Vote for the next seven generations The Native Vote is powerful, and your voice today will lay the groundwork for the next election and beyond.

Sandra L. Witherspoon

Tribal Chairwoman









Follow QR code, link bit.ly/GTB EPN 2024 or **Emergency** numbers are posted on building doors, please call if you have an emergency.





## Your vision is precious and we're here to protect it. 🔿

Keeping your eyes healthy and providing corrective options when needed is what SVS Vision is all about. SVS Vision is in-network with your insurance and the **Purchased Referred Care Program.** Come experience the difference an SVS Vision eye exam can make.

**SEPTEMBER 9, 2024** Election of Officers **NOVEMBER 11, 2024 FEBRUARY 10, 2025** Annual Public Meeting MARCH 10, 2025 Title VI Grant Review APRIL 22, 2025 End-of-Year Meeting JUNE 9, 2025 231) 933-5897 DIGENOUS baldwinsu@tcaps.net

**Book an** eye exam today!

> **1545 South Division** Traverse City, MI 49684 231-486-0580

November 2024 Baashkaakodin Giizis (Freezing Moon)

#### ELDERS

Antrim/GT Elders Events & Activities

Monday's & Friday's Office Tasks 8AM - 5PM \*Notes: Lunch Provided

Friday; November 1<sup>st</sup> Jiibiye-Giizhigat(All Souls Day) GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM

**Tuesday; November 5<sup>th</sup>** Craft Activity 11:30AM - 3:00PM\*

Wednesday; November 6<sup>th</sup> Board Games 11:30AM - 3:00PM\*

Thursday; November 7<sup>th</sup> Thrifting (East Bay) 11:30AM - 12:45PM\*

Monday; November 11<sup>th</sup> VETERANS DAY GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM

**Tuesday; November 12<sup>th</sup>** Elders Advisory @ 3-Mile 10:00AM - 4:00PM\*

Wednesday; November 13<sup>th</sup> Open Activity 11:30AM - 3:00PM\*

**Thursday; November 14<sup>th</sup>** Craft Activity 11:30AM - 3:00PM\*

**Tuesday; November 19<sup>th</sup>** Board Games 11:30AM - 3:00PM\*

Wednesday; November 20<sup>th</sup> Thrifting (West Bay) 11:30AM - 12:45PM\*

Thursday; November 21<sup>st</sup> Birthday Bingo & Cake 11:30AM - 3:00PM\*

Tuesday; November 26<sup>th</sup> Friends Giving Pot Luck Benzie Elders Events & Activities

Agnes Glinski, Benzie Office Manager available to assist Elders with paperwork.

Nov. 13<sup>th</sup> & Nov. 20<sup>th</sup> Dee Wonegeshik will assist Elders 10AM - 3PM\*

Friday; November 1<sup>st</sup> Jiibiye-Giizhigat(All Souls Day) GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM

Monday; November 11<sup>th</sup> VETERANS DAY GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM

**Tuesday; November 12<sup>th</sup>** Elders Advisory @ 3-Mile 10:00AM - 4:00PM\*

**Thursday; November 28<sup>th</sup> Friday; November 29<sup>th</sup>** THANKSGIVING GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM

\*SCHEDULE IS SUBJECT TO CHANGE. PLEASE CALL FIRST.

Interested in attending an activity/event or need a ride to the activity/event?

PLEASE CONTACT YOUR ELDERS SITE COORDINATOR

**SIGN UP REQUIRED!** 

#### ELDERS SITE COORDINATORS

Antrim/Grand Traverse Tanya Tanner (231) 534-7710

> Delora Wilson (231) 534-7769

Benzie/Manistee Agnes Glinski (231) 534-7821

#### Charlevoix Elders Events & Activities

Monday's Office Tasks 8AM - 5PM \*Notes: Lunch Provided

Friday; November 1<sup>st</sup> Jiibiye-Giizhigat(All Souls Day) GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM

Tuesday; November 5<sup>th</sup> Craft Day 1:30PM

Wednesday; November 6<sup>th</sup> Squash Cooking Taste Test & Take Home 12:00PM\*

Thursday; November 7<sup>th</sup> Chair Exercising 12:00PM\*

Monday; November 11<sup>th</sup> VETERANS DAY GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM

Tuesday; November 12<sup>th</sup> BARB OUT OF OFFICE 12:00PM - 4:00PM

Wednesday; November 13<sup>th</sup> Pedro Cards 12:00PM\*

Thursday; November 14<sup>th</sup> Trivia 12:00PM\*

Friday; November 15<sup>th</sup> Movie & Popcorn 12:00PM\*

Tuesday; November 19<sup>th</sup> Craft Day 1:30PM

Wednesday; November 20<sup>th</sup> Pie Bake Social 12:00PM\*

**Thursday; November 21<sup>st</sup>** Thanksgiving Feast Bingo Birthday Bash 12:30PM\*

#### Leelanau Elders Events & Activities

Monday's Meal Delivey 1PM - 4PM

Friday's Office Tasks 8AM - 5PM \*Notes: Lunch Provided

Friday; November 1<sup>st</sup> Jiibiye-Giizhigat(All Souls Day) GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM

Tuesday; November 5<sup>th</sup> TC Store Run 9:00AM

Wednesday; November 6<sup>th</sup> Craft Day 1:00PM - 3:00PM

Thursday; November 7<sup>th</sup> Bargain Store 9:00AM

Friday; November 8<sup>th</sup> E-mko-waa-taa-gozi-jig 12/Sharing Their Knowledge 8:00AM - 5:00PM\*

Monday; November 11<sup>th</sup> VETERANS DAY GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM

**Tuesday; November 12<sup>th</sup>** Elders Advisory @ 3-Mile 10:00AM - 4:00PM\* Meal Delivery 1:00PM

Wednesday; November 13<sup>th</sup> Craft Day 1:00PM - 3:00PM

**Thursday; November 14**<sup>th</sup> Game Day/Board Games 1:00PM - 3:00PM

Tuesday; November 19<sup>th</sup> TC AMC Movie Day Lunch on own 11:30AM - 3:00PM\*

Wednesday; November 20<sup>th</sup> Tribal Council 9:30AM

11:30AM - 12:45PM\*

Wednesday; November 27<sup>th</sup> Open Activity 11:30AM - 3:00PM\*

Thursday; November 28<sup>th</sup> & Friday; November 29<sup>th</sup> THANKSGIVING GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM Charlevoix<br/>Barb Kenwabikise<br/>(231) 534-7066TuLeelanau<br/>Greg Bailey<br/>(231) 534-7740We<br/>I<br/>I<br/>I<br/>Th<br/>I<br/>Elders Dept. Manager<br/>Delores Wonegeshik<br/>(231) 534-7748Tu

Tuesday; November 26th<br/>Craft Day<br/>1:30PMTWednesday; November 27th<br/>BARB OUT OF OFFICE<br/>8:00AM - 5:00PM1Thursday; November 28th<br/>&<br/>Friday; November 29th<br/>THANKSGIVING<br/>GTB GOVT. OFFICES<br/>CLOSED<br/>8:00AM - 5:00PMT

**Thursday; November 21<sup>st</sup>** Birthday Bingo 12:00PM\*

**Tuesday; November 26<sup>th</sup>** Friends Giving Pot Luck 12:00PM\*

Thursday; November 28<sup>th</sup> & Friday; November 29<sup>th</sup> THANKSGIVING GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM

<b>Display Birthday!</b> GTB News Staff & Membership Dept. would like to acknowledge this months Elders Birthdays! Let us take a moment to recognize and celebrate the birthdays of our beloved elders this month. May each of these special days be filled with abundant joy, unforgettable memories, and an abundance of love, peace, and happiness!								
Jennifer	Gann	1-Nov	Clayton	Raphael	11-Nov	Mary	Kenwabikise-Halpir	20-Nov
William	Bastien	2-Nov	Lois	Wabanimkee	11-Nov	-	Lewis	20-Nov
Debra	Juralbal		Donna	Page		Michael	Perez	21-Nov
Harry	John	3-Nov	Suzanne	Gaslin	12-Nov	Anna	Smith	22-Nov
Robin	Menefee	3-Nov	Janice	Case	13-Nov	Michelle	Stewart	22-Nov
Martin	Newstead	3-Nov	Violet	Roxbury	14-Nov	Filomena	Rizzo	22-Nov
Erick	Anderson	4-Nov	Felipe	Reyes	14-Nov	Barbara	Wilson	22-Nov
Gail	Manzano	4-Nov	Catherine	Horn	14-Nov	Yolanda	Chippewa	23-Nov
Mary	Yannott	4-Nov	Donna	Richert	15-Nov	Bruce	Bastien	23-Nov
William	Osborne	5-Nov	Michael	Young	15-Nov	Susan	Florip	23-Nov
Laura	Favela	5-Nov	Gerald	Niewiadomski	15-Nov	Valerie	Crampton	24-Nov
Patricia	Poertner	6-Nov	Bruce	Bennett	15-Nov	Phillip	Chippewa	24-Nov
Treva	Boulch	6-Nov	Lavern	Scott	16-Nov	Tama	Mayers	24-Nov
Diana	Mann	7-Nov	Brian	Johnson	16-Nov	Robin	King	25-Nov
Michael	King	7-Nov	Doris	Winslow	16-Nov	Doris	Lentz	25-Nov
Levi	McClellan	7-Nov	Clayton	Chambers	17-Nov	Sandra	Waukazoo	25-Nov
Tracy	Swallows	7-Nov	Thomas	Peters	17-Nov	Luci	Williams	26-Nov
Sandra	Fetterhoff		Richard	Seegraves	18-Nov	Karen	Wasageshik-Case	26-Nov
Ronald	John	8-Nov	Ronald	Anderson	19-Nov	Tammy	Munoz	26-Nov
George	Gunderson	9-Nov	Wyman	Chippewa	19-Nov		Wilson	27-Nov
Lynda	Fox	9-Nov	Erma	Peters	19-Nov		Duty	28-Nov
Annette	Jones	9-Nov	Clifford	Napont	19-Nov	Elizabeth	Two Crow	29-Nov
Ronald	Agosa	10-Nov	Tammy	McGeshick	19-Nov	James	McSauby	29-Nov
Andrew	Miller	10-Nov	Russell	Jacko	20-Nov	Jo	Keusch	30-Nov
Christine	Paull	10-Nov	Michael	Doner	20-Nov	Kimberly	Cholewka	30-Nov
Eva	Peplinski	11-Nov	John	Chippewa	20-Nov	Julye	Hoffman	30-Nov

#### Dear Community,

To address recent concerns, the Grand Traverse Band Police Department has completed updated training on safe needle disposal. We are committed to maintaining a clean, safe, and healthy environment for all. Proper needle disposal is essential to prevent injuries and protect public health.



**Safety Guidelines for Needle Disposal:** 

Where to Safely Dispose of Needles in **GTB Country:** 

Why Safe <u>Needle</u>

**Disposal Matters:** 

**Grand Traverse County:** Sixth Street Drugs



a sharps disposal container or a sturd ld container like a detergent bottle if

DO seal and label containers before disposing of

**DO** keep sharps containers out of reach of children and pets.

**DO** ask your healthcare provider or pharmacist about sharps disposal options.

**DO** contact your trash or public health department for more information on local disposal programs.

Together, we can keep our community safe, clean, and healthy Miigwech for doing your part!

#### Stay Safe,

Grand Traverse Band Public Safety Department 2300 N. Stallman Rd, Suttons Bay, MI 49682 Tribal Police: (231) 534-7777 Tribal Fire: (231) 534-7666

1020 Sixth St, Traverse City, MI 49684 Hours: Mon-Fri: 8:30am-6pm | Sat: 9am-4pm Please use a hard container, like a milk jug or detergent bottle.

Leelanau County: Suttons Bay - Bingham Fire & Rescue 201 S. St. Mary's Ave, Suttons Bay, MI 49682 Hours: All week: 8am-8pm

**Benzie County:** No local drop-off location. Closest: Sixth Street Drugs, Traverse City

Charlevoix County: Lake Charlevoix EMS Authority Main Station 9251 Major Douglas Sloan Rd, Charlevoix, MI 49720 Hours: All week: 8am-8pm

Lake Charlevoix EMS Authority Downtown Station 210 State St, Charlevoix, MI 49720 Hours: All week: 8am-8pm

#### **Antrim County:**

Antrim County Sheriff's Office 209 Portage Dr, Bellaire, MI 49615 Hours: Mon-Fri: 8am-4pm

Once dropped off, needles are handled by certified waste management services following strict safety protocols, ensuring they are safely neutralized or incinerated.

\*HAND MADE CLOTHING ITEMS \* NATIVE ARTWORK \*NATIVE CHRISTMAS ORNAMENTS \*METAL WORK \*DREAMCATCHERS \* NEW AND DIFFERENT \*MAGIC WALLETS \* GREAT GIFTS FOR ALL AGES

\* BABY MOCCASINS

\*Vendors a \$20.00 Fee for Table and at least 2 can goods for the hungry. \*\* Money for Fees and Raffle \$ will go to the Church.

Selling Food items. "Come join us for lunch"

Info: Sue Cell # (616) 889-5090 or (616) 887 5815 Leave name & Message.



**\*KIDS GIFTS** 

Mark Your Calendars



\* TOYS

#### **HUMAN & BEHAVIORAL HEALTH SERVICES**



## Behavioral Health

Psychiatric Telehealth Appointments

**Traditional Healer Appointments** 

Sweat Lodge Ceremonies **Outpatient and Inpatient Treatment Referrals** 

**Counseling Referrals & Resources** 

Weekly Zoom Peer Recovery Support Meetings Prevention and Recovery Support and Events

More information, please contact Marion at 231-534-7091



## **TALKING CIRCLE** ZOOM DAILY 10:30AM- 11:30AM

Zoom Meeting Code: 886 8701 6931 Password: **sobertalk** 

Join Scott via Zoom for a virtual talking circle Wellbriety meeting.

Questions, contact Scott

231-534-7247 or



Disseminate culturally based principles, values, and teachings to support healthy community development and servant leadership, and to support healing from

scott.scholten@gtb-nsn.gov

alcohol, substance abuse, co-occurring disorders and intergenerational trauma.



## We are continuing our conversation about recovery in our community.

We hope you'll join us in both Peshawbestown and Traverse City, two nights a month, November thru January. We wll meet from 6-8 pm.

> November 5th 2024 3-Mile November 6th 2024 Egaawing

December 3rd 2024 3-Mile December 4th 2024 Egaawing

January 7th 2025 3-Mile January 8th 2025 Egaawing

Questions: Christa Gasca 231-534-7094 Leilani Defoe 231-534-7093



## **HUMAN SERVICES**

#### **NEW FY25 Client Application** Scan QR Code or follow the link!

Food Rescue (All community members - Mondays after 11am)\*

#### MASSAGE • AURICULAR ACUPUNCTURE • ACUPUNCTURE ASHTANGA CHIROPRACTIC • ENERGY HEALING REIKI • YOGA • MEDITATION • MINDFULNESS & MORE

The Behavioral Health Services (BHS) is now offering appointments for Alternative Therapies to the community. All services will be provided in BHS offices, including GTB Satelite offices. Services & providers subject to change.

#### SCAN THE QR CODE OR VISIT THE LINK TO LEARN MORE & SCHEDULE AN APPOINTMENT: https://bit.ly/GTB\_BH\_APPTS



MORE DATES & LOCATIONS TO BE ADDED FOR SERVICES

All services dependent on provider availability, contracts, funding & are first come first serve by signing up Please limit appointments to one per person per 30-days to allow others access the services



Marion Wabanimkee-Minzey ( 231) 534-7091

**GTB NEWS 8** 

(I) Marion.Wabanimkee-Minzey@gtb-nsn.gov

- Food Pantry (application & appointment)\*
- · Food Assistance (application)
- · Emergency Heat Assistance (application)
- · Other Emergency Assistance (application)
- · Weatherization Items (application & while supplies last)



#### https://bit.ly/3zAPJVS

#### **MORE INFORMATION, PLEASE CONTACT** ANDREA 231-534-7910

\*Food Rescue & Pantry Located: Lower level of the Medicine Lodge



Leelanau: Meet Your

## **Educational Support Team!**



**Catherine Crowley** Student Support

catherine.crowley@gtb-nsn.gov P: 231-534-7751 C: 231-492-5337



Kaylie Hutcheon **Truancy Intervention Specialist** 

kaylie.hutcheon@gtb-nsn.gov P: 231-534-7755 C: 231-631-1672

You are invited to join us for a get to know us light dinner at the M22-Youth Building! Thursday, November 14th 5pm-6:30pm

See you then!



## NOVEMBER 18. 5-6:30PM

Join Kim, Student Services Advisor, in Benzie's classroom and learn about Asaama (Tobacco), how to make tobacco ties for cultural use and make your own medicine pouch! Snacks and all supplies provided!



Questions? Kimberly.Hinmon@gtb-nsn.gov (231) 534-7825 (desk)

7282 Hoadley Road Benzonia, MI 49616

## DECEMBER 12TH, 2024

## GRAND TRAVERSE RESORT GOVERNORS HALL 4:30PM - 7PM Wear your ugly sweater or bring one to make at our craft station!

MORE INFO: DANA MCCLELLAN 231-534-7356 CATHERINE CROWLEY 231-534-7751 KIMBERLY HINMON 231-534-7825 ANTHONY GENTILE 231-534-7747



Benzie 1st & 3rd 12pm-3pm Charlevoix 2nd & 4th 12pm-3pm **Classes until December 18, 2024** 

> For more information contact: Isadore.Toulouse@GTB-nsn.gov 231.631.7940 Patricia.Osawamick@GTB-nsn.gov 231.631.8604

To sign up please use link or QRcode

845 Busniess Park Dr, TC



https://bit.ly/3Nzim9b

#### More Information:

Isadore.Toulouse@GTB-nsn.gov 231.534.7252 Patricia.Osawamick@GTB-nsn.gov 231.534.7149 Gov.Cultural@GTB-nsn.gov 231.534.7766

#### **GTB NEWS 10**

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roverse

## HOUSING ALL PROGRAMS BASED

#### HOMEOWNER ASSISTANCE **Offered by GTB HOUSING**

#### **EMERGENCY HOME REPAIR**

- $\checkmark$  \$15,000 available to household in any rolling 5 year period.  $\checkmark$  Completed application & attachments are required at time of requested service. Please review ALL regulations of the program.
- $\checkmark$  Must be primary resident of the home and within 6 county



#### **SEPTIC PUMPOUT**

- ✓ Must be primary resident of the home & within 6-county service area.
- $\checkmark$  Eligible for (1) pumpout every other year.

#### HANDICAP ACCESSIBLE PROGRAM

- ✓ \$20,000 total lifetime availability for Elders or certified disabled tribal member homeowner.
- $\checkmark$  Must be primary resident of the home & within 6-county service area.



#### **DOWN PAYMENT ASSISTANCE/ HOMEBUYER EDUCATION**

- $\checkmark$  Available to Tribal Members purchasing a home within 6-county area
- ✓ Pathways Home Classes (online)
- ✓ Limited to a One Time Use (lifetime)
- $\checkmark$  Cannot access the Emergency Home Repair for 5 years
- ✓ Qualified Tribal Member Households receive \$20,000
- $\checkmark$  Single wide trailers may receive up to 10% of the purchase price (Trailer must be 10 years old or newer)



## **CONTACT US TODAY!**

Lori Dudley Administrative Assistant	(231) 534-7800
Maxx Jacko Occupancy Specialist II	(231) 534-7447

	PS FOR ( Dur heat			
In winter months, open your curtains during the day to naturally heat your home and close them at night to keep the heat inside	Use a programm thermostat to set	your to your wa	air sealing your home and lis and attic to help retain percent of your home's he pracks and holes througho	your home's heat. at is lost through
Seal your air ducts and make sure the are properly insulate when they are installed in an unheated area of th home, such as an attic or crawlspace	y ed Weatherstrip arc your doors an windows to keep	id spin clocky warm the rising b		Make sure your himney is clean.
(http://waptac.org/) and U.	Nonergy:gov/energy:sov/energy:sov/energy:gov/energy:sov/energy:sov/energy:sov/energy:sov/energy:sov/energy:sov/ YPES OF YPES OF FOR HEA	HEAT S	OURCE	S
FURNACES A femace heats strand uses a blower motor and atr ducts to	BOILERS A baller heats water to provide but with an immobility of heating but with an immobility of heating a wates of pipes.	HEAT PUMPS	ACTIVE SOLAR HEATING The sun heats a liquid or sit in a solid collector to provide tomotilector to tomotilector to provide tomotilector to tomotilector to to to to to to to to to to to to to t	ELECTRIC HEATING Sometimes called electric metrance heating, electric heating is any process in which electricity is converted into heat.
blower motor and air ducts to distribute warm air throughout the boars. EFFICIENCY 59-98.5%, depending	50-90%, depending on	6.8-10 HSPF	Not applicable	95-100%
EFFICIENCY	So 90%, dayamding on the system's age IEEE EXERCIMENT IS-30 years FIEE Nature gat, program, basets gat, blocksow block, electricity			

## FOR HEATING SYSTEMS:



Leiha VanAken LIHTC Occupancy Specialist	(231) 534-7802
<b>Joe Kaubenaw</b> Occupancy Specialist I – GTB rental info/Down Payment Information/Homebuyer Education	(231) 534-7803 (231) 883-1328
Manny Menchaca Interim Maintenance Supervisor	(231) 534-7448 (231) 631-4594
<b>Tarik Bouguettaya</b> Emergency Home Repair & Handicap Accessibility Program	(231) 534-7886
<b>Steven Alberts</b> Interim Procurement Coordinator/Program Director	(231) 534-7804 (231) 360-3478
Sonya Zotigh Interim Department Manager	(231) 534-7136

FORCED AIR SYSTEM he most common type of home heating system, a forced air system distributes heat from a furnice throughout the home using air ducts and vents.	STEAM RADIANT One of the object types of heating systems, seem radient heating uses radietors to distribute heat.	RADIANT HEATING Relate heating which can be installed as floor, ceiling or well panels transfer heat directly from a hot suffices to poople and objects in the room.	HOT WATER BASEBOARDS Siniler to radium hearing, hot water baseboards place called hot as gene via well-anounced baseboard units.	ELECTRIC BASEBOARDS A type of zone beater, electric baseboards releases heated air out of the top while pulling color are to the bottom of the unit.
PRO		PRO	PRO	PRO
Can be used for cooling.	Relatively trouble free.	Doesn't distribute allergens.	Provide close temperature control.	Quiet operation and low maintenance.
CON		CON	CON	CON
Distributes allergens throughout the house.	Requires separate distribution system for cooling systems.	Can be expensive to install and repair if problems arise.	Umits furniture placement and slow to increase temperature.	Limits furniture placement and easily clamaged.
ENERGY-SAVING TIP	ENERGY-SAVING TIP	ENERGY-SAVING TIP	ENERGY-SAVING TIP	ENERGY-SAVING TIP
Clean your air filten monthly and replace them regularly.	Bleed trapped air from hot water radiators, which can impade flow of hot water throughout the system.	When installing in a wood-framed floor, consider covering it with ceramic tiles, which add thermal mass.	Install a programmable thermostat to take advantage of zone heating.	Clean the heating colls regularly to prolong the heater's life and maintain its efficiency.
COMPATIBLE HEAT	COMPATIBLE HEAT SOURCE SYSTEM	COMPATIBLE HEAT SOURCE SYSTEMS	COMPATIBLE HEAT SOURCE SYSTEMS	COMPATIBLE HEAT SOURCE SYSTEM
Furnace, heat pump, active solar heating	Boller	Boiler, heat pump, active solar heat, electric heating	Boiler, active solar heating	Electric heating



View More Photos by Scanning the QR Code or Visiting our Flickr in the **Link Below:** 

https://bit.ly/GTB\_Flickr







#### **44th Annual Membership Meeting Photos**





https://bit.ly/GTB\_Flickr



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44<sup>TH</sup> ANNUAL GTBMEMBERSHP M E E TING



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## STRONGHEART CIVIC CENTER NOVEMBER NEWS





Tammy Broome, Gym Attendant, We are excited to announce that Tammy Broome has officially joined the Strongheart team on a full-time basis after her experience at Benzie Fitness Center! Tammy brings with her a wealth of knowledge and enthusiasm that has already made a significant and positive impact on our community. Her vibrant energy and uplifting spirit resonate with both our staff and clients, fostering an encouraging atmosphere. We are truly grateful to have her talents and dedication on board. Please join us in extending a warm welcome to the #StrongheartSquad, Tammy! We're thrilled to have you with us!

#### FITNESS CLASSES RESUMING SOON!

We are thrilled to announce that fitness classes will be resuming shortly!

If you have a passion for fitness and are interested in becoming an instructor, we encourage you to explore the RFP (Request for Proposal) section of GTB NEWS for all the relevant details.

This is a fantastic opportunity to share your expertise and enthusiasm with the community.

For further information, please click on the link provided or scan the QR code below. We look forward to seeing new faces in our instructor lineup and can't wait to kick off the classes!



https://gtbindians.applicantpool.com/internaljobs/

#### **STRONG NATION**

The STRONG Nation program by the Bay is scheduled to resume in Spring 2025. Participants can look forward to engaging fitness sessions designed to enhance strength, endurance, and overall wellness. Stay tuned for more details on the specific start date and registration information!

#### FITNESS CENTER FINANCIAL ASSISTANCE

Gym Membership Assistance for GTB Citizens within Antrim, Grand Traverse, & Manistee County, that don't have access to one of the GTB Fitness Centers & are interested in joining a local gym. wDiscounts are also Available for GTB spouses and/or significant others to encourage & support one another on your wellness goals!

For more details and questions, please contact Leanne (Tana) Alber

(231) 534-7551 Leanne.Alber@gtb-nsn.gov





MON. - THUR. 6:30 AM - 8:00 PM

FRIDAY 6:30 AM - 7:00 PM

SATURDAY 9:00 AM - 3:00 PM

CLOSED SUNDAYS & MAJOR HOLIDAYS

\*\*SUBJECT TO CHANGE\*\*

FRONT DESK: (231) 534-7457

2700 STRONGHEART WAY, PESHAWBESTOWN

#### **GTB STRONGHEART CENTER** PRESENTS



**FITNESS CENTER** 

**FINANCIAL** 

ASSISTANCE

ARE YOU A GT

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## JOB READINESS WORKSHOPS

**477 PROGRAM PRESENTS** 



## SCHEDULE

COVER LETTER & RESUME WRITING, INTERVIEW SKILLS, & WORK ETHIC

1:30 PM - 4:30 PM

FEBRUARY 16, 2021 PESHAWBESTOWN: LIBRARY

JUNE 14, 2024 TRAVERSE CITY: 3-MILE OFFICE

AUGUST 30, 2024 PESHAWBESTOWN: LIBRARY

NOVEMBER 15, 2024 TRAVERSE CITY: 3-MILE OFFICE



### TO REGISTER CALL OR EMAIL

DERRELL SHAW

(231) 534-7767

Derrell.Shaw@gtb-nsn.gov



#### Fall Music Lessons: Mondays, Tuesdays, & Thursdays IOAM - 5PM @ Heritage Library

**ADULTING 101** 



Extension

## 2024 Schedule

- THE PSYCHOLOGY OF SPENDING & SAVING JANUARY 17 AT 6 PM
- **FOSTERING HEALTHY RELATIONSHIPS FEBRUARY 12 AT 5 PM**
- **KEEPING YOUR MONEY SAFE MARCH 19 AT 6 PM**
- **COVER LETTER AND RESUME WRITING APRIL 10 AT 6 PM**
- BUILD AND PROTECT YOUR CREDIT MAY 15 AT 5 PM
- TRAVELING ON A BUDGET JUNE 6 AT 6:30 PM

Fitness Center Financial Assistance to GTB Citizens, Within 6 County Service Area, That Do Not Live Near or Have Access to

1

KG

(m)

- one of GTB Fitness Centers. Antrim, Grand Traverse, & Manistee Eligible!
- Discounts Also Available for Spouses & Significant Others
- Limited Gym Membership During Winter Months

www.gtbindians.org/strongheart.asp

Gym Membership Assistance for GTB Citizens Within Antrim, Grand Traverse, & Manistee County That Don't Have Access to One of the GTB Fitness Centers & Are Interested in Joining a Local Gym. Discounts Are Also Available for GTB Spouses and/or Significant Others to Encourage & Support One Another on Your

Wellness Goals! Call Leanne for the Details & Questions!

Contact: Leanne (Tana) Alber (231) 534-7551 Leanne.Alber@gtb-nsn.gov

30-Minute Guitar, Piano, and Voice lessons by appointment. Zoom Lessons Available. Music lessons are open to adults and children. The Heritage Library has I electric keyboard/piano, 2 children sized classical guitars, and 2 full sized classical guitars to borrow for lessons.

Youth 3PM - 5PM & Adults IOAM - 5PM according to teacher availability - First Come First Serve.

#### Fall Tai Chi Tuesdays & Thursdays: 12PM - 1PM @ Heritage Library

Enjoy the relaxing art of Tai Chi with Francis Carew, who teaches Yang style Tai Chi, a low impact exercise that improves cardiorespiratory function, hypertension, muscular strength, balance, mobility, flexibility, and mind-body awareness.

#### Make Goon Ginebig (Snow Snakes): 5PM - 7PM

Come celebrate Native American Heritage Month with the Heritage Library. The tribal librarian will teach you all about Goon Ginebig-Snow Snakes. He will teach you how to make a wooden dowel Goon Ginebig and discuss the history of the Snow Snake game and how to make a Snow Snake track.

Heritage Library: November 6th, 2024 2821 N. West Bay Shore Dr. Suttons Bay MI 49682 Benzie Office: November 20th, 2024 7282 Hoadley Rd, Benzonia, MI 49616

3-Mile Office: November 12th, 2024 845 Business Park Dr, Traverse City, MI 49686

Charlevoix Office: November 26th, 2024 10085 Wa-Ba-Noong Mi-Kun, East Jordan, MI 49727

#### More Information:

Francis Carew (231) 534-7752 Francis.Carew@gtb-nsn.gov Heritage Library - 2821 N West Bay Shore Dr. Peshawbestown, MI



- COOKING BASICS JULY 16 AT 4 PM
- SUMMER BERRIES: JAM AND JELLY AUGUST 12 AT 4 P.M.
- CHANGING THE WORLD WITH YOUR VOTE SEPTEMBER 16 AT 5 PM
- PAYING FOR POST-SECONDARY EDUCATION OCTOBER 16 AT 5 PM
- **CRACKING THE CODE TO COLLEGE NOVEMBER 19 AT 5 PM**



MSU IS AN AFFIRMATIVE-ACTION, EQUAL-OPPORTUNITY EMPLOYER. MICHIGAN STATE UNIVERSITY EXTENSION PROGRAMS AND MATERIAS ARE OPEN TO ALL WITHOUT REGAD TO RACE, COLOR, NATIONAL ORIGIN, GENDER, GENDER IDENTITY, RELIGION, AGE, HEIGHT, WEIGHT, DISABILTY, POLITICAL BELIEFS, SEXUAL ORIENTATION, MARTIAL STATUS, FAMILY STATUS OR VETERAN STATUS.



**GROWS HERE** 

#### DENTAL

## TEAM UP WITH THE DENTSQUAD FOR NATIONAL BRUSH DAY 2024!

#### NATIONAL BRUSH DAY

National Brush Day encourages a healthy smile for all and promotes good tooth-brushing habits. In November, parents are encouraged to make sure their family brushes their teeth for two minutes, twice a day.

#### SING A TOOTHBRUSHING SONG

We encourage all folks to sing a favorite toothbrushing song that's at least 2 minutes long while brushing twice a day. Common songs can be adapted, such as "The Wheels On The Bus Go 'Round and 'Round" can become "The Bristles On The Brush Go 'Round And 'Round!" "So Early In The Morning" can include "this is the way we brush our teeth, brush our teeth, brush our teeth. This is the way we brush our teeth so early in the morning!"

Here is an entertaining Brushing video to help kids meet the 2-minute mark:



https://youtu.be/wCio\_xVlgQ0?feature=shared

#### AMERICAN DENTAL ASSOCIATION RECOMMENDS

The American Dental Association recommends a toothbrush that has soft bristles; the ADA recommends replacing your toothbrush every 3–4 months. Replace it more often if bristles are in bad shape or if the toothbrush has been contaminated.

Power toothbrushes include rotatingoscillating or sonic-powered devices. For certain groups, power toothbrushes clean better than manual toothbrushes; these groups include those patients with less manual dexterity or strength, the handicapped and the cognitively impaired, among others.

The dentist and hygienist will customize instructions to any unique conditions and needs for individuals.

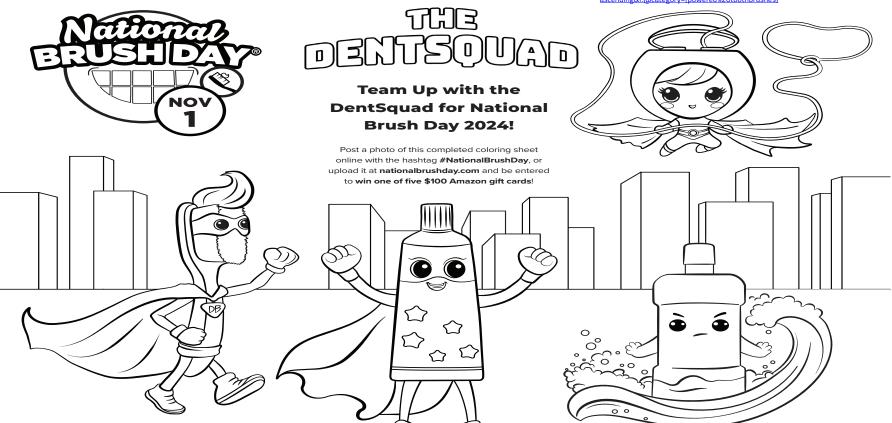
And in the future? In development there are light-activated antibacterial treatments. Low-level lasers or LEDs might be incorporated into toothbrushes or in a tray-device. It is theorized that regular use of the light-activated for teeth methods can help reduce plaque buildup and prevent gum disease and cavities.

We hope you will join us in promoting National Brush Day to your own circle of contacts, whether you send an email to your contacts, post on your social media accounts, or even simply put a National Brush Day logo on your website. For more information about National Brush Day and to download educational materials, please visit:

https://dtafoundation.org/our-impact/ campaigns-and-communications/ national-brush-day/

Your partner in oral health, Jessica A. Rickert, DDS, Anishinaabe Dental Outreach jrickert@deltadentalmi.com; 231-313-8407

<sup>1</sup>-https://www.youtube.com/watch?v=wCio\_xVIgQ0&list=RDQMKBoM-OTVoU&&start\_radio=1<sup>2</sup>https://dentaltradealliance.org/mpage/national-brush-day<sup>3</sup> https://903392.fs1.hubspotusercontent-na1.net/hubfs/903392/files/FLI-6466%20 v5%20Delta%20Dental%20Brushing%20And%20Reading%20Chart.pdf<sup>4</sup>https:// www.deltadentalmi.com/getmedia/60d5e266-4e78-4c06-b312-91da2b9c8d47/ Delta\_Dental-2x2-20-Brushing-and-Reading-Poster.aspx<sup>6</sup> https://903392.fs1. hubspotusercontent-na1.net/hubfs/9033392/files/8.5x11%20Lets%20Talk%20 Teeth%20Coloring%20Book\_v3%20with%20Manny.pdf<sup>6</sup> https://www.ada.org/ resources/research/science-and-research-institute/ada-seal-of-acceptance/ product-search#sort=%40productname%20ascending&f;@category=Imanual%20 toothbrushesI<sup>2</sup>https://www.ada.org/resources/research/science-and-researchinstitute/ada-seal-of-acceptance/product-search#sort=%40productname%20 ascending&f;@category=Ipowerd%20toothbrushesI



nationalbrushday.com

#### NOVEMBER 1<sup>st</sup> is national brush day

November 1<sup>st</sup> is National Brush Day (conveniently the day after we all enjoy some Halloween Candy!) And we want to remind you of the proper home oral hygiene techniques that are needed to keep your mouth happy and healthy:

- 1. Brush your teeth for 2 minutes twice daily.
- 2. Use fluoride tooth paste when brushing to help strengthen teeth against acids and sugars.
- 3. Use a 45 degree angle with the tooth brush bristles to ensures you remove plaque from gum.
- 4. Be sure to brush your tongue to improve breath.
- 5. Floss your teeth after brushing to remove plaque that was missed while brushing.
- 6. Use a fluoride mouth rinse to coat your teeth with protective fluoride.

**GTB NEWS 16** 

7. Don't eat, drink, or rinse for 20 minutes after your routine to allow fluoride to work.

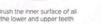
## 8 steps for brush your teeth



Wet your brush head. Add a Brush the small amount of toothpaste, all the low about the size of a pea in c

Brush the outside surface of all the lower and upper teeth in circular motion

Spit out any leftover toothpaste and rinse your





Brush the chewing surface of all the lower and upper teeth and back and forth motion



As a reminder, please call to cancel your appointments at least 24 hours in advance to allow us to find another patient to take your coveted appointment slot. We hope you have been having an excellent Autumn and enjoying the wonderful weather. warm All the best from your GTB Dental Team!

(231) 534-7211

#### HEALTH SERVICES



## GTB HEALTH SERVICES

#### PURCHASED/REFERRED

PRC Update file. your Please provide your tribal ID and any updated insurance information It is mandatory to annually update! will be suspended by Coverage Dec 2024, PRC if has 20, received your update. not

**Tiffany Gilmore PRC Representative** Tiffany.Gilmore@gtb-nsn.gov (0) 231-534-7210 (C) 231-631-9082

Stella Bailey, PRC Manager/Program

Director Stella.Bailey@gtb-nsn.gov (O): 231-534-7931 (C): 231 360-7195



https://bit.ly/3zAPJVS

#### TRANSPORTATION SERVICES REMINDER

Health Department is The GTB committed to providing healthrelated transportation services to GTB members. Recently we have had a series of appointments made and not kept. When this happens our transportation staff have lost crucial time and other members have missed their opportunity to utilize this service for their appointments. Please respect the time of our Transportation Staff, and please cancel appointments in advance.

#### **POLICY & PROCEDURES**

1. Prioritize Elderly and Disabled members, and GTB members with NO OTHER means of transportation.

2. Must schedule at least 24 hours in advance by calling the Transportation Hotline: 231-534-**7222**, with appointment(s) date and time and a follow-up phone number.

3. Transportation is based on the availability of the Transporter.

4. All rules pertaining to the availability of other means of transport must be exhausted prior to the transport.

5. All patients under the age of 18 must be accompanied by a parent.

6. For a prescription pick-up, please call the Transporter at 231-534-7222 BEFORE 10 am or BEFORE 3 pm.

7. In the event that GTB offices are closed due to inclement weather and holidays, no transportation will be provided.

Schedule an appointment with the GTB CLINIC TODAY!

#### (231) 534-7200



## Grand Traverse Band Family Health Clinic November 2024 Immunization Schedule



GTB FHC is pleased to offer seasonal Flu shots and COVID-19 booster vaccines to our clinic eligible clients. This includes GTB tribal members, any Federally recognized tribal member, GTB tribal mem-ber spouses, and GTB employees. Updated registration and consent form required prior to services.

DATE/TIME	LOCATIONS	OTHER INFORMATION
Available during regularly schedul provider visits, and may receive duri nurse walk-in hours M-F 9-11am a 2-4pm <b>while supply lasts</b> Starting October 4th every Friday 2-4pm at drive-thru outside shelters- weather and staffing permits	<sup>ing</sup> Medicine Lodge Clinic 2300 N Stallman Rd Peshawbestown, MI	HIGH-risk are people aged 55 or above, chronic health problems such as diabetes, heart or kidney disease, asthma, people with weakened immune systems due to cancer, HIV/AIDS, long-term corticosteroid therapy, pregnant women, Health care workers; and children under 2 years old, children on aspirin therapy, or with sickle-cell anemia, or caregivers of these children and of children less than 6 months of age.
JF		
Thurs Nov 14th 10am-3pm	Benzie Satellite office	Questions, please call CHR Tamra Newton (231) 534-7205
Thurs Nov 21st 11a-3p	Charlevoix Satellite office	Questions, please call Jacqueline Paul (231) 534-7061
Tues Nov 12th 10am-12pm	Traverse City Satellite office	Questions, please call CHR Ranee Compo (231) 534-7772 or TC Office (231) 534-7760

uesday Nov 12th 1:30-4pm Small conference room	Turtle Creek <b>Casino</b>	(231) 534-7200 Questions, please call Linda DePetro (231) 313-9411 or (231) 534-8423 Questions, please call Melissa Martinez 534-7743		
Tues Nov 26th 10a-12noon	Peshawbestown Elders Complex			
Dates are subject to char	nge & based on availability. Stay tu	uned for future dates to be announced!		
	Questions, please call GTE Phone: (231) 534-72 Toll-free: 866-534-7750 e Fax: (231) 534-746	200 xt. 7200		

E-mail: Mari. Raphael@GTB-nsn.gov



## AGRICULTURAL & FOOD SOVEREIGNTY **NOVEMBER NEWS**



#### 2024 GTB SUGAR BUSH KIT GRANT OPPORTUNITY

The GTB Sugar Bush (located on Putnam) Road at the GTB Natural Resource Department) has received a big boost from a USDA – ACER grant. A part of this grant was offering sugar bush kits to members of the GTB community to help promote sugar bush activities amongst the GTB community. Starting this month (September 2024) we will be taking applications from GTB citizens who would like a sugar bush kit for their home/community sugar bush. These kits Please include in your written application

are purchased from Sugar Bush Supplies your willingness to meet these criteria in Michigan and they include all of the as well as all relevant experience and The workshop attracted a diverse group tapping supplies, a wood fired evaporator community involvement that will make and finishing/bottling equipment to you a successful candidate for receiving operate a home/community scale maple a \$4,500 sugar bush kit. The applications learning about deer processing. Some syrup production system (25-75 taps). will be made anonymous, and a blind This kit is valued at ~\$4,500. We will be review board will select the winners would allow them to assist their partners offering 5 of these kits in November 2024 based on the listed criteria by early in processing deer, while others aimed to to applicants who apply before November December when we will hand out the hone their abilities to ensure they could 15th, 2024. This will be the last round of 5 kits. Please email William.derouin@ sugar bush kits be to offered to the GTB **gtb-nsn.gov**. with any questions. We are local butcher prices steadily increasing,



#### **HOW TO APPLY?**

If you or someone you know within the GTB community would use this type of system, we will be taking applications through November 15th, 2024. To apply, please write a brief description of how you plan to use this system. The applicants will be graded on the following criteria:

 Ability to demonstrate previous experiencesafelyoperatingasugar

any of this equipment through the USDA – ACER grant period (through 2026 sugar bush season)

 Ability to complete an annual Sugar Bush Season Review document in 2024 and 2025 that will be provided by the GTB Agriculture & Food Sovereignty Department(this will be less than 2 page survey that will ask you about challenges you faced, community involvement, and product use)

continue this family tradition! Miigwetch!

#### CONTINUED FOOD PANTRY PURCHASING THROUGH 2026!

Department has successfully received a 1.5-year extension on the USDA – Local the GTB Farm Sites and GTB Sugar Bush affordable. production in 2025. This will require a big

increase in food production at these sites, capacity.

shelves, bags, crates, carts and other to the traditions of hunting and animal infrastructure needed by the GTB Food processing, ensuring these practices Pantries. This grant has provided the continue to thrive within our community. main source of food purchasing for a network of food pantries from Kalkaska to Frankfort to Traverse City. This all goes to say that GTB is honoring the tradition 👖 of providing for those in need by being the main provider of food for those in need from 2023 – 2026!

#### DEER PROCESSING WORKSHOP A SUCCESS!

Tribal Member Jacob Broom generously provided a deer for the GTB Deer Processing Workshop for the second consecutive year. His contribution not only facilitated the event but also highlighted a commitment to preserving the tradition of deer processing within tribal community. our Participants expressed their gratitude, recognizing the workshop as an invaluable opportunity to enhance their skills and knowledge in this important practice.

of attendees spanning various age groups, reflecting a broad interest in participants were eager to gain skills that obtain fresh venison at a lower cost. With community as a part of this ACER grant. looking forward to helping the community now ranging from \$150 to \$250 for basic processing—such as turning a deer into steaks, ground meat, and roasts—the desire to learn was strong.

> Moreover, for those interested in more GTB Agriculture & Food Sovereignty specialized processing like jerky or sausage, costs can escalate significantly. This financial factor has made the Food Purchasing Assistance grant. This workshop particularly relevant, as it extension totals over \$400,000; much seeks to empower individuals with of that for purchasing food from local the knowledge to manage their own producers. GTB Agriculture will be paid processing, making hunting and the up to \$70,000 for food production from resulting meat more accessible and

> This year, we welcomed around a dozen which may test the limits of our staffing attendees, a number consistent with last year's participation. Our hope is that this workshop not only improves participants' This funding also allows for more skills but also fosters a deeper connection



bush for your family or community

- Ability to store the equipment properly (preferably indoors)

How many GTB citizens and/or non-GTB citizens are involved in your sugar bush

- How many people benefit from the production of your bush sugar (how many people use the syrup, etc)

- Ability to sign a document stating you will not lease, sell, trade, give away, or dispose of Way to go GTB, the work you are investing in is providing traditional food, baby formula, and other locally purchased food items in over 25 food pantries in Northwest Lower Michigan. We would like to thank our grant partners at Northern Michigan Community Action Agency, Food Rescue of Northern Michigan, The Northwest Food Coalition, and Groundwork for Resilient Communities for helping to make the food purchasing beyond the GTB Food Pantries possible.



The FishPass team is excited to share a comprehensive update from September 2024. They are eager to highlight recent developments, ongoing projects, and future initiatives that contribute to our mission of enhancing aquatic ecosystems. Stay tuned for more detailed insights on our progress and impact in the coming months.

#### CONSTRUCTION

The sheet pile contractor continued installation of the sheet pile cofferdam upstream of the Union Street Dam. The cofferdam will allow a portion of the south side of the river to be drained, such that work on the new dam can be safely completed in a dry working environment. Vibration and



were closely observed during sheet pile installation and pile wall and auxiliary spillway will begin shortly so the new no thresholds have been exceeded. The upstream portion spillway can be installed. Work has also begun on a temporary of the sheet pile cofferdam is nearly complete (Figure 1). crane platform below the Union Street Dam to begin work on the downstream portion of the sheet pile cofferdam.

#### RESEARCH & OUTREACH

September 7, 2024 – The Grand Traverse Band of Ottawa and Chippewa Indians (GTB) Natural Resource Department held a ceremony in Hannah Park to celebrate the first annual release of Nmé or lake sturgeon (Acipenser fluvescens) in the Boardman/Ottaway River. The juvenile Nmé were raised in a GTB stream-side rearing facility further upstream in the Boardman/Ottaway River. Streamside rearing is believed to improve the ability for young Nmé to imprint on the river water and thus increase their probability of return to the Boardman/ Ottaway River. These fish should return in 15-25 years (males 15+, females 20+) and through FishPass, which will provide access to the reconnected upper reaches of the river for spawning allowing them to complete their life cycle. Additional releases of sturgeon occurred throughout the month in collaboration with local schools. In total, approximately 860 juvenile Nmé were released. The GTB plans to continue their stocking program for the next 20 years.

#### **OUTREACH**

September 15-19, 2024 – During the 2024 Annual Meeting of the American Fisheries Society, numerous researchers showcased their findings related to FishPass. The presentations highlighted various aspects of FishPass technology and its implications for fish migration, habitat rehabilitation, and ecosystem management, sparking engaging discussions among attendees future research directions about collaborative and opportunities.

September 23, 2024 – At the Annual Meeting for the Co-owners of Rivers Edge West Condominium Association, representatives from FishPass and the US Army Corps of Engineers provided a detailed update on the ongoing construction efforts. They discussed progress made, challenges encountered, and plans for the next phases of development, ensuring that co-owners were well-informed about the project's timeline and its expected benefits for the local environment and community.

#### RECENT & UPCOMING

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October 1, 2024 – Dan Zielinski (Great Lakes Fishery Commission [GLFC]) presented on FishPass to the Board of the Conservation Resource Alliance.

October 3, 2024 – Dan Zielinski (GLFC) provided an overview of progress on FishPass during Leadership Grand Traverse - Natural Resources Day.

FishPass staff and project partners will host several on-site tours of FishPass construction throughout the month for the U.S. Army Corps of Engineers – Detroit District leadership, Senator Damoose, and U.S. Fish and Department Service and Wildlife of the Interior regional leadership.

The FishPass Advisory Board will meet in Traverse City to discuss construction coordination, research progress, commissioning research plans, and progress from updates ongoing research and assessment activities

#### IN THE NEWS: FISH PASS GIIGOOK MAH-JOWAG

In recent news, there are several significant developments taking place in the community and are being reported on

1. \*\*City Projects on Deck\*\*: New initiatives are underway, including the construction on Railroad Avenue and Lot G, along with the exciting launch of a Compost Program aimed at promoting stainability and reducing waste. These projects reflect the city's commitment to improving infrastructure and fostering environmental responsibility. For more information, visit https://www.traverseticker.com/news/city-projectson-deck-railroad-avenue-and-lot-g-construction-compostprogram-launch/.

2. \*\*FishPass Construction\*\*: In a major environmental project, the construction of FishPass has officially commenced, starting with the removal of the Traverse City dam. This initiative is expected to enhance fish migration and

restore natural ecosystems. The ongoing work underscores the importance of ecological preservation in our waterways. Further details can be found at <a href="https://www.mlive.com/">https://www.mlive.com/</a> environment/2024/09/fishpass-construction-begins-with-<u>removal-of-traverse-city-dam.html.</u>

3. \*\*AT&T Complex Update\*\*: The AT&T complex, which has garnered attention due to its vast, largely unoccupied parking lot, is unlikely to see any significant changes in the near future. Local discussions around the future of the site continue, but for now, it remains largely unchanged. More updates can be accessed through <u>https://www.traverseticker.</u> com/news/att-complex-and-that-big-empty-parking-lotunlikely-to-change-soon/.

Stay tuned for further developments on these important community projects!



## **PUBLIC SAFETY**

#### How to Stay Safe During a Power Outage: Tips from the GTB Public Safety Department

As autumn brings cooler weather and gusty winds, the risk of power outages rises. The Grand Traverse Band Public Safety Department, drawing on guidelines from the CDC, provides essential tips to help you stay safe and healthy during an outage.



#### PREVENTING CARBON MONOXIDE POISONING

When power outages occur, many turn to alternative fuel sources for heating or cooking, which can lead to carbon monoxide (CO) buildup. CO is an invisible, odorless gas that can be deadly. Here's how to stay safe:

- Avoid Using Fuel-Powered Devices Indoors: Never run generators, gasoline engines, or charcoal grills inside your home, garage, or other enclosed areas—even with doors or windows open.
- Maintain a Safe Distance: Keep generators at least 20 feet away from windows, doors, or vents to prevent fumes from entering your home.
- Use a CO Detector: Install a battery-powered CO detector or one with a battery backup to alert you of dangerous levels.
- Know the Signs of CO Poisoning: Symptoms include headache, dizziness, nausea, and confusion. If someone

#### **Complete Emergency Supplies Preparedness Checklist**

The Grand Traverse Public Band Safety Department encourages all community members prepare an emergency to kit tailored to their specific needs. In addition to basic survival items, consider adding the following to your kit to be ready for any situation:

• Medical Essentials: Include a week's supply of prescription medicines, extra eyeglasses, hearingaid batteries, and any and copies of medical insurance cards in a watertight container.

- SupportNetwork:Maintain a contact listof doctors, relatives,and friends, as well asbackup providers for life-sustaining treatments.
- **Special Instructions:** Document specific instructions for medical equipment, note your wheelchair's dimensions and weight, and plan for equipment that needs electricity.

shows these signs, call 911 immediately.

#### FOOD, WATER, AND MEDICATION SAFETY

Power outages can affect your access to safe food, water, and medication. Here's how to manage:

- Food Safety: Keep refrigerator and freezer doors closed to maintain a safe temperature. A full freezer can keep food safe for 48 hours; a refrigerator for up to 4 hours. Discard perishables if power has been off for more than 4 hours, especially meat, dairy, and eggs.
- Water Safety: When power is out, water systems may not function properly. Use only bottled, boiled, or treated water for drinking, cooking, and hygiene.
- Medication Safety: Some medications require refrigeration. If power is out for over a day, check if the medication can be safely stored at room temperature; if not, replace it as soon as possible.



For further details and additional safety tips, visit the CDC's resource page on power outage safety at CDC.gov. The GTB Public Safety Department encourages everyone to stay informed and prepared for safe power outage management this season.

#### **Staying Safe in the Kitchen**



Cooking fires remain the leading cause of home fires and fire-related injuries. The Grand Traverse Band Public Safety Department reminds the door closed to contain the flames. Allow the oven to cool completely before opening or cleaning.

When to Evacuate: If flames escape the oven, evacuate your home right away and call 911. additional For fireinformation safety and resources, visit the U.S. Fire Administration at usfa. fema.gov. For more tips from the GTB Public Safety 146.0 Department, scan the QR or Nam code or visit: 1000 https://bit.ly/ GTB\_PS.

additional medical equipment like oxygen or wheelchair batteries.

- **Pet Supplies:** Pack extra water, pet food, an ID tag, medical records, and supplies for service animals.
- Important Documents: unexpected circumstances.
  Keep a list of medications with dosages and any allergies, serial numbers for medical devices, <u>ly/GTB\_PS</u>.
  Important Documents: unexpected circumstances.
  For more information from the GTB Public Safety Department visit: <u>https://bit.</u>
- Medical Alert: Wear tags or bracelets for quick identification of medical needs.

Preparing a kit with these items ensures you'll have what you need, even in unexpected circumstances. For more information from the CTB Public Safety everyone of essential steps to prevent kitchen fires and how to respond if one occurs.

PREVENTION TIPS: Clean Equipment Regularly: Leftover crumbs in toasters and grease on stoves can ignite. Make it a habit to clean cooking surfaces after each use.

Oven Fires: If a fire starts in your oven, turn it off immediately and keep



## FIRE & RESCUE



## Stay Safe This Holiday Season: Fire Prevention Tips from FEMA and the U.S. Fire Administration

As the holiday season approaches, the Grand Traverse Band Fire Department wants to remind our community to prioritize safety while celebrating. With guidance from FEMA and the U.S. Fire Administration, here are important tips to keep your home and loved ones safe from fire hazards during this festive time.

#### **HOLIDAY LIGHTS:**

Before setting up holiday lights, inspect each strand for any frayed or exposed wires, loose sockets, or cracked bulbs. Discard any that show wear and avoid overloading extension cords. Remember to turn off lights when leaving home or going to bed to reduce the risk of overheating.

#### **CHRISTMAS TREES:**

If using a live Christmas tree, ensure it is placed at least three feet away from heat sources like fireplaces, space heaters, or radiators. Water the tree daily to keep it from drying out; a dry tree is a significant fire hazard. Refrain from using real candles on or near the tree and make sure it doesn't obstruct exits.

#### **CANDLE SAFETY:**

Place candles at least 12 inches from anything flammable, and use stable, non-tipping holders. Battery-operated flameless candles are a safe alternative and offer peace of mind.

#### **SMOKE ALARMS:**

Test smoke alarms monthly to ensure they are working, especially in sleeping areas. Functioning alarms can provide critical early warning and time to evacuate in the event of a fire.

#### **CREATE AN ESCAPE PLAN:**

Prepare a home escape plan with your family, ensuring everyone knows at least two ways out of each room. Choose an outdoor meeting place for everyone to gather in case of an emergency.

#### **EMERGENCY KIT FOR YOUR VEHICLE:** Keep an emergency kit in your vehicle with food wa

Keep an emergency kit in your vehicle with food, water,



a blanket, an ice scraper, a shovel, gloves, emergency flares or reflectors, rock salt, a first aid kit, extra windshield washer fluid, and other essentials. Winter travel can be unpredictable, so it's wise to be prepared.

#### **CHECK THE WEATHER BEFORE YOU TRAVEL:**

Stay updated on the forecast before heading out on the roads, particularly if severe weather is expected. Avoid travel if winter storms are anticipated to ensure both your safety and the safety of others.

As we gather with family and friends, let's keep safety a priority. By following these precautions, we can help protect our loved ones and ensure a joyful holiday season for all. For more information on fire prevention and safety, contact the GTB Fire Department.

#### **Protect Your Home and Family: Essential Winter Fire Safety Tips**

As temperatures drop and winter activities pick up, it's crucial to be mindful of fire safety. Winter is a peak season for home fires, often caused by heating equipment, electrical issues, and increased indoor activities. The Grand Traverse Band Fire Department encourages everyone to take preventive measures to stay safe this winter.

#### **HEATING EQUIPMENT SAFETY:**

Heating equipment is a leading cause of fires during winter months. Keep anything flammable—such as blankets, curtains, and furniture—at least three feet away from space heaters, fireplaces, and wood stoves. If you're using a space heater, make sure it has an automatic shutoff function in case it tips over. Avoid using extension cords with space heaters, as they can overheat and cause a fire.

container outside, far from your home, to avoid accidental ignition.

#### **COOKING SAFETY:**

With more family gatherings and holiday meals, kitchen safety is paramount. Never leave cooking food unattended on the stove, especially when using high heat. Keep items such as towels, potholders, and flammable packaging away from the stovetop. Make sure to turn pot handles inward to prevent accidental spills and keep children and pets out of the kitchen while cooking.

#### CARBON MONOXIDE AWARENESS:

Only use indoor lights indoors and outdoor lights outdoors, and check the lights for frayed wires or loose connections. Keep decorations away from heat sources, such as radiators and heat vents, and never block exits with decorations.

#### KEEP YOUR HOME FIRE-READY:

In case of an emergency, make sure your home is fire-ready by keeping fire extinguishers accessible. Each member of your household should know where they are and how to use them. Regularly review and practice your family's escape plan to ensure everyone knows the best

#### FIREPLACE PRECAUTIONS:

Before lighting a fire in your fireplace, make sure the chimney is clean and clear of debris. Schedule an annual inspection by a professional to reduce the risk of a chimney fire. Always use a fireplace screen to contain sparks and never leave a fire unattended. When cleaning out ashes, place them in a metal

In addition to smoke alarms, every home should have a carbon monoxide detector, especially if you use gas or wood as heating sources. Carbon monoxide is a colorless, odorless gas that can be fatal if undetected. Place detectors near bedrooms and on every level of your home. Test your detectors regularly and replace batteries as needed.

#### HOLIDAY DECORATION SAFETY:

Take extra precautions with holiday incorr decorations. If using an artificial tree, more choose one labeled as flame-resistant. Grand

ways to exit safely.

#### WINTER VEHICLE SAFETY:

If traveling, inspect your car's tires, brakes, and fluids to avoid potential hazards on icy roads. Pack an emergency kit with essentials like a flashlight, food, water, a blanket, and a small fire extinguisher. Staying prepared can make all the difference in an emergency situation.

Enjoy a safe winter season by incorporating these precautions. For more fire safety information, contact the Grand Traverse Band Fire Department.

100 Employment **130** Services **105** Lost and Found 135 Events 115 For Sale 140 Legal Notice 145 Mino-Dibishkaan **120** Announcements 125 Miigwech **150** Bereavement

Advertisements, call 231-534-7008 or Email: GTBGovt.News@gtb-nsn.gov Subject: "Classifieds". Please have all submissions & payments sent by the 3<sup>rd</sup> Friday of each month. Classified rates: \$10 for 15 words or less, and 75 cents per additional word. Any thumbnail image costs an additional \$15. \*Postings are subject to change daily.

Apply Online: https://gtbindians.applicantpool.com/jobs/ Request for Proposals (RFP): https://gtbindians.applicantpool.com/internaljobs/

#### Head Start Assistant Teacher

Government Operations

100 Employment

#### **AFS Victims Shelter** Coordinator (FT)

Associate's Degree in Social Work, Sociology, Psychology, Family Studies, or related field, or a min. of (3) years' direct management experience in an emergency shelter, group home, crisis intervention, or homeless shelter services required. A min. of (2) yrs experience as a professional/paraprofessional experience in prevention and the provision of services to survivors of domestic violence, sexual assault, stalking, dating violence & victims of crime required. A min. of (1) yr experience of case management required. Must have a valid unrestricted Driver's License & be insurable by the GTB insurance carrier. -\$47,987/yr 8.8.23- until filled

#### **Benefits Coordinator - PRC** $(\mathbf{FT})$

Associate's Degree in Business Social Work, Administration, Health Administration or related field required. Must have direct experience and demonstrated proficiency demonstrated pronoticely have carpentry, prunoing a working with Medicare Part electrical repair experience. A, B & D, Medicaid, SSI, electrical repair experience for a safety equipment Must have a valid unrestricted driver license & be insurable by the GTB insurance carrier. -\$47,987/yr - until filled

#### Dental Hygienist (FT)

Associates Degree in Dental Hygiene and Licensure in State of Michigan.(24) hrs of biennial continuing education including four hours' HIV-AIDS & (3) hrs CPR training. Competence operation standard of dental equipment: cavitron. prophyjet, radiograph X-ray, panelipse, dental processor, chair & unit, sterilizers, hand scalers, and curettes. At least (1) yr of experience as a full time dental hygienist preferred. -\$36.62/hr - until filled filled

#### **EHS Education & Family** Services Coordinator (FT)

Must have a BA in Human Services or Social Work field. Must have experience in a supervisory position, with strong team leadership skills. One to three years experience in working in an Early Head Start and/or Head Start program preferred. Previous experience in the field, with skills in classroom management, and curriculum planning. Must obtain Aid certification. CPR/First

#### EHS/HS Bus & Classroom Aide (PT) Must have High School diploma or

3

GED. Must be able to effectively adults in an appropriate manner. Must have a high school Must have High School prevention and Must be willing to obtain a CPR/ diploma or GED. Must have a Diploma or GED equivalent. of service to First Aid certification. Ability to Child Development Association Prefer (1) yr experience in office domestic viol observe & evaluate children in (CDA) within two years or an management. Must have basic assault, a non-biased manner. Must be Associate's Degree in early math skills & written skills. violence and victims of crime. submitted willing to & as well as obtain a childhood development within -\$14.22/hr CDA within first (2) yrs. of hire. three years of -\$16.17/hr

Coordinator (FT) Services, Psychology or Early -\$16.17/hr Childhood Education. 1-3 yrs. experience preferred. Advanced regulations, rules & procedures of Development the Head Start/Early Head Start with emph program. Must maintain current childhood CPR/First Aid Certification Bachelor's -\$43,750/yr - until filled Previous

of yrs. related -\$19.52/hr until

Facilities Maintenance I (FT) High School diploma or GED social behaviors in children. Must have at least three to (5) yrs experience in commercial building maintenance. Must course of duty. Must pass test with the 85% or better, practical test 100%. -\$17.29/hr filled until

#### Grant Writer (FT)

Sciences, Public Business Administration or manner. Must be willing to obtain Driver's License. A min.of related field. (must produce a CPR/First Aid certification. (3) yrs. experience working degree) Certificate in grant writing and experience well as in with writing successful grant within 1s applications to federal, state, local, -\$16.17/hr tribal, and foundation funders. Experience in the management Natural Resources Department High and/or administration of state or federal grants. Experience with Bachelor's evaluation, strategic planning, Environmental and quantitative and qualitative Business data Valid

#### Gym Attendant (FT)

High diploma School GED required. or exercise, gym and cardiovascular Diploma or GED equivalent. management equipment preferred. Prefer (1) vr experience in office Successful Some experience working with Must have -\$43,750/yr 9.21.22- until filled CPP/First Aid artifaction mathedicity for writing skills for writing CPR/First Aid -\$15.06/hr

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employment. until filled Classroom experience with 3-5 vear EHS/HS Health & Disabilities Must be willing to participate at the time of hire High School in training sessions Bachelor's Degree with strong further education. Must obtain Degree emphasis in Health, Social CPR/first aid certification. enforcem aid until

#### Head Start Teacher (FT)

emphasis in early Law development, Certification Certification Bachelor's Degree preferred required. until filled Previous experience preferred maintain (2) EHS/HS Home Visitor (FT) management & classroom Enforcement Commission) Hygienist provider for patients An Associates Degree in Early planning. Must maintain current Must complete Field Training is for as-needed services Childhood Education required. CPR/First Aid certification. Officer (FTO) Program for when the staff Hygienist is A Bachelor's Degree & (1) yr Must be proficient in the use of continuation of employment. unavailable. Hygienist will be (3) yrs. of directly word process. summarize observed learning/ State Criminal Codes, Children's to include a CPR license. -\$19.52/hr until

Housing Utility Worker (FT) have carpentry, plumbing & High School Diploma or GED & Code, & all other applicable electrical repair experience. preferred. Must have some rules, regulations and statutes. carrier. GTB insurance -\$16.17/hr until

> HS Bus & Classroom Aide (PT) Health, children & adults in an appropriate Must have a valid Chauffeur produce a CPR/First Aid certification. (3) yrs. experience working Grant Ability to observe and evaluate with Native American youths. obtain а rs of hire. until filled 1st 2yrs

#### Manager (FT)

Degree Administration, equipment collection and analysis. Public Administration, or in use during the course of duty. Michigan Driver's a related field required. Two Must have good work habits, i.e., License and be insurable by years of experience in a Natural punctuality, and low absenteeism. the GTB insurance carrier. Resources position and two -\$16.17/hr - until filled -\$52,633/yr - until filled years of supervisory experience. -\$71,500/yr - until filled Victims Shelter Assistant (FT)

> **On-Call Receptionist** · Peshawbestown (ON-CALL) High School certification. math skills & written skills. until filled -\$14.22/hr - until filled

**On-Call Receptionist -**Charlevoix (ON-CALL)

until Police Officer COPS (FT) old children preferred. Must be at least 21 Years of Age by the GTB insurance carrier. and seek diploma required, Associates preferred in law enforcement, criminal justice, enforcement setting preferred. Enforcement Standards (MCOLES) Must obtain & preferred maintain a BIA (Special Law classroom Enforcement Commission) Tribal Code, filled Michigan Motor Vehicle, -\$RFP GTB Personnel Policy, Police Department Organic Resolution

#### Charlevoix/Antrim (FT)

filled Associates Degree is required work, education, or related field\* in social counseling, communicate with by the GTB insurance carrier. CDA -\$19.52/hr 10.25.22- until filled

#### Utility Worker 2nd Shift (FT) school diploma GED preferred. in Knowledge of safety Sciences, procedures and safety recommended filled

Associates Degree in Social Work related or а (Bachelor's Degree preferred). quality furniture, beds, TVs, 1-year case of experience. Successful work or volunteer in а setting service 1-year or more years direct service gmail.com to learn experience in an emergency more & schedule a shelter or homeless service. viewing TODAY!

1-2 years of professional/ LL) paraprofessional experience in School prevention and the provision survivors of violence, sexual dating Tribal stalking, filled Multicultural awareness. Must have a valid unrestricted Driver's License and be insurable -\$21.75/hr until filled

#### **RFP - Corrective Exercise**

Instructor filled corrections or related field. (1) yr. The Bidder, through its written The identified Tribal Members prior experience working in a law proposal, provide evidence of knowledge of applicable law, Associates Degree, with a Child Must be certified or certifiable the specified objectives/duties regulations, rules & procedures of Development Certification, by Michigan Commission on in this Request for Proposal. until -\$RFP filled

RFP - Dental Hygienist (PT)

directly word processing. Able to develop with all applicable policies & and GTB closure days (excludes experience & implement short & long procedures, Federal Regulations, Holidays). Commitment for (3) ntil filled term educational goals. Good GTB Tribal Police Department yrs. to the position. Must be a observational skills & ability to Policies & Procedures, Tribal and Licensed Hygienist in Michigan Constitution, Liability insurance is required. until filled

#### **RFP** - Snow Removal and Lawn Maintenance 2024

electrical repair experience. preferred. Must have some rules, regulations and statutes. Lawn maintenance 2024 Must have knowledge of safety housekeeping experience. Must -\$27.24/hr - until filled and common areas by site. procedures & safety equipment have a valid Michigan Driver's snow removal for sidewalks. recommended for use during the License and be insurable by Student Support Advisor - Liability insurance is required. Liability insurance is required. until -\$RFP filled

#### **RFP** - Survivor Legal Aid

Attorney Must have High School diploma Must have a valid unrestricted All applicants must be State of Associates Degree in Public or GED. Must be able to Driver's license & be insurable Michigan bar licensed attorneys Administration, Social effectively communicate with by the GTB insurance carrier. in good standing All applicants in good standing. All applicants should have experience with GTB Tribal laws, Indian Child Welfare Act (ICWA), Custody, Personal Protection Orders, Divorce, and (3) years of proven experience Must be willing to & as First Aid certification, well as be willing to apply and gain or take other action may resu admission in The Grand Traverse Band Tribal Court if not already -\$RFP until filled

#### 115 For Sale **3-BEDROOM HOME**

#### FOR SALE Peaceful neighborhood, spacious

living room, modern kitchen, cozy fireplace. Master bedroom with walk-in closet and ensuite bathroom. Property appraised at \$340,000 on Feb-24, listed field for \$275,000, includes highsnowblower, kayak, yard, & household items. Contact human Scott Lewis at

preferred. scottlewis1214@ 回知常

#### 120 Announcements

#### ADDRESS UPDATE REQUIRED

members who have applications Welfare General Assistance and whose addresses do not correspond with those recorded in their membership files are required to update their addresses with the Membership Department in order to receive their payment. are requested to contact Monique ability and experience to undertake Clifford in the Membership Department at (231) 534-7670.

> ALAN NEWSTEAD JESSICA JOHN NICHOLAS NAPONT KACHINA CARPENTER ALAINA SKOP SATORI SHOMIN JAMIE GORMAN BRANDON BENZING NOAH ANTOINE FERNANDA CHIPPEWA

#### 140 Legal Notice

NOTICE OF SUMMONS **TO APPEAR FOR** SCHEDULING HEARING IN THE MATTER OF Grand Traverse Band of Ottawa and **Chippewa Indians Accounting** Department v Ajia Denemy in the Grand Traverse Band Tribal Court 2809 N. West Bay Shore Drive Peshawbestown. MI 49682 (231)-534-7050 Case NO 2024-3510-CV-CV

Notice to Defendant: 1. You are being sued. 2. A Scheduling Hearing is set for November 19, 2024 at 10:00 AM via or take other action may result in a default judgment being entered against you for the relief requested in Plaintiff's Complaint.

Zoom Hearing Information: Dial-in#: 1-312-626-6799 Meeting ID: 6271245101 Password: 178810109



Interested in placing an advertisement in the GTB NEWS? Do you have photography, graphic design or print needs?

#### NAME THE BEACH WINNERS ANNOUNCED From 66 name submissions, Tribal Council selected two finalists, and members cast

the final vote at the Annual Membership Meeting on October 26 at the Grand Traverse Resort and Spa. The finalists were:

JUN CON

Giizismookse Jiiqbiik ~

Ogichidaa Jiigbiik ~

#### Sunrise Beach Warrior Beach Membership voted and the winner is: Giizismookse Jiigbiik ~ Sunrise Beach

Debra GreenSky, who suggested Sunrise Beach, said, "I have always loved to watch the sunrise from this beach, also culture, bringing a to do ceremonies. For that reason, I would like it called 'Sunrise Beach.'"

Desiree Schocko, who also suggested Sunrise Beach, added, "The sunrise is sacred to our new day, especially by the water."

Sandra Yannott suggested Sunrise Landing.

Scott Schwander suggested Warrior Beach, stating, "The Language We Were Once Forbidden To Speak Is The Same Language That Saved This Nation In WWII."

#### **GTB** COMMUNICATIONS **IS HERE TO HELP!**

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**Eye-catching Business Cards** Postcards, Brochures, and other print materials that distinguish and market your brand!

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Ai 📀 Id

Contact Us

GTBGovt.News@gtb-nsn.gov 231-534-7008

Pr

Ps

Deb, Desiree, and Sandra will each receive \$100, with an Honorable Mention for Scott. Miigwech to all participants!

## **READY TO LAUNCH YOUR BUSINESS?** We're here to help.

Schedule a 1:1 consultation with our Tribal Liaison to get started: 20Fathoms.org/start





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weekly deals rewards locally owned 231,534,7420



6038 W Turtle Creek Dr, Williamsburg, MI 49690









Grand Traverse Band News

Submissions due by the 3rd Friday each month

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Find us on Facebook: "facebook.com/GrandTraverseBand" Subscribe to our YouTube Channel: "Grand Traverse Band Communications"

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CHANGE OF ADDRESS FOR THE NEWSPAPER MUST BE DONE THROUGH THE MEMBERSHIP OFFICE.

## SATURDAYS & SUNDAYS October 28 - November 24

DRAWINGS: 2pm-11pm on Saturdays & Noon-7pm on Sundays

## WIN \$5000 CASH! SUNDAY, NOVEMBER 24 @ 8pm

See Players Club or the website for full promotional details.

#### LEELANAU SANDS CASINO LeelanauSandsCasino.com | 800.922.2WIN

GTB Gaming employees are not eligible. Management reserves the right to alter or withdraw this promotion at any time. Owned and Operated by the Grand Traverse Band of Ottawa and Chippewa Indians.



# There are enough things out there going viral.



## Get your COVID-19 and flu vaccines.

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Michigan.gov/COVIDFluRSV

