

GTB NEWS



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October 2025
Bnaakwii Giizis (Falling Leaves Moon)



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**RAIN OR SHINE, THE 21ST ANNUAL NATURAL RESOURCES
FAIR AND FEAST WENT ON!**

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GTB ANNUAL MEMBERSHIP MEETING 2025





GRAND TRAVERSE RESORT & SPA
NOVEMBER 22, 2025
10:30 A.M. - 4:00 P.M.

FROM THE OFFICE OF THE GTB TRIBAL CHAIRWOMAN SANDRA L. WITHERSPOON



Mino Bnaakwii Giizis – Happy Falling Leaves Moon,

Today, I am proud to share with you an update on the **M-22 Peshawbestown Corridor Project** — a long-awaited initiative that will improve safety and accessibility for our Tribal citizens and neighbors along this vital stretch of road.

When we speak about roads, we often think of them as just pavement and paint, but for our people, the roads that pass through our homelands carry far deeper meaning. They are not only the routes we take to school, to work, or to visit with family. They are the paths that connect us as Anishinaabek — linking our homes, our community buildings, our Tribal government, our businesses, and our sacred lands. They are also the places where our children ride their bikes, where our citizens walk, and where families travel together to attend ceremonies, feasts, and gatherings.

For these reasons, road safety has long been more than an infrastructure issue. It is about protecting our people, honoring our land, and making sure that our future generations can move safely and confidently through the heart of our community.

HOW WE GOT HERE

There have always been concerns about the dangers along M-22 through Peshawbestown. The speed limit is 55 miles per hour and without sidewalks or consistent lighting, the risks to pedestrians and cyclists are too high. Parents have worried as their children walk to the school bus stop or to Eagletown Market. Elders have spoken about the need for safe places to walk. Community members have asked why, in the very heart of Peshawbestown, we should feel unsafe on our own main road.

Your voices have not gone unheard.

The Council has made safety a priority in conversations with the Governor, political representatives, state and federal agencies, and we have advocated for both immediate and long-term solutions. We requested legislative amendments to the Michigan Vehicle Code to include federal Indian tribes as a ‘local jurisdiction’ - an entity that can request the lowering of the speed limit. We have pressed MDOT about sidewalks, crosswalks, and lighting as basic safety infrastructure.

The Peshawbestown Master Plan identified **traffic calming, sidewalks, and pedestrian safety** as top priorities. In April, Tribal members attended public input sessions where these concerns were discussed, and your feedback was a very important part of the planning process. Out of these conversations, and through ongoing collaboration with MDOT and the Bureau of Indian Affairs (BIA), the Council has approved a major step forward.

PARTNERING WITH GTEC: SOVEREIGNTY IN ACTION

In September 2025, the Tribal Council approved a contract with **Grand Traverse Engineering & Construction** (GTEC, LLC), to serve as the general contractor for the M-22 Peshawbestown Corridor Project. This contract covers surveying, environmental assessments, civil and lighting engineering plans, landscaping, and irrigation design.

What makes this step so meaningful is not just the work itself, but who is doing it. GTEC is wholly owned by the Grand Traverse Band. For nearly two decades, GTEC has managed federally funded road projects across the Nation. By bringing this expertise “home,” we are ensuring that the dollars invested in road improvements circulate back into our Tribal economy. This is sovereignty in action: using our own firms, our own knowledge, and our own labor to shape our community’s future.

The contract is funded through the **BIA Tribal Transportation Program Road Construction Award**, a program that early GTB leaders fought hard to secure access to during and after federal recognition. They understood that sovereignty means having the ability to manage our own infrastructure, and this project carries that vision forward.

WHAT THE PROJECT WILL DELIVER

The M-22 Peshawbestown Corridor Project will bring:

- **Sidewalks** extending through

the length of Peshawbestown, connecting homes, Tribal offices, and businesses.

- **Street lighting** for safety and visibility, especially important for those traveling at dusk or in winter months.
- **Traffic calming measures** to slow vehicles and reduce risks.
- **Safer intersections**, with a special focus on Stallman Road and Putnam Road, where traffic and pedestrian use intersect.
- **Landscaping and environmental protections** to ensure that improvements respect our natural surroundings.

For the first time, our community will have a continuous, safe, and well-lit route through the village — something long overdue.

ROAD SAFETY AS A COMMUNITY VALUE

As we move forward, I want to emphasize that this project is about much more than engineering. Road safety is a reflection of how much we value each other. When our children can walk about safely, when our elders can enjoy an evening stroll without fear, when families can gather without worrying about traffic hazards — that is community wellness in action.

This is also about equity. Many other communities across Michigan take sidewalks and crosswalks for granted. In Peshawbestown, we have had to fight for them, to demand recognition from MDOT and others that our people deserve the same level of safety and investment. By leading this project ourselves, GTB is not waiting for others to provide what is already due to us.

COMMUNITY ACTION IN PESHAWBESTOWN

I also want to recognize **Tribal citizen Rik Yannott** for his efforts to



FROM THE OFFICE OF THE GTB TRIBAL CHAIRWOMAN SANDRA L. WITHERSPOON

encourage drivers to slow down through Peshawbestown. Rik hand-painted a beautiful sign that reads, “*Please Slow Down thru Peshawbestown*,” reminding everyone who travels this road that safety is a shared responsibility. His creativity and dedication show that each of us can play a role in protecting our community. Chi-Miigwetch Rik!

ENVIRONMENTAL
AND CULTURAL
STEWARDSHIP

As Anishinaabek, we are taught to walk gently upon the land. That teaching guides every decision we make in projects like this. Before any construction begins, the environmental assessment will review how the project might affect water, soil, wildlife, and cultural resources. Landscaping and irrigation planning will help manage stormwater and protect against erosion.

This balance — between safety for people and respect for the land — is at the heart of our approach. We are not simply building sidewalks; we are honoring our responsibility to both our community and the natural world.

A TIMELINE FOR WHAT’S
AHEAD

I know many of you are eager to know when you will begin to see changes along M-22. While major infrastructure projects require careful planning and regulatory approvals, I want to share the general timeline:

Fall 2025

- GTEC begins surveying, environmental assessments, and preliminary design.
- Consultation with MDOT and BIA begins for federal and state review.
- Community updates continue, with opportunities for input on design features such as sidewalk placement and lighting.

Winter 2025 – Spring 2026

- Final design and engineering plans submitted for approval.
- Environmental clearances processed by BIA.
- Adjustments made based on member feedback and agency requirements.

Summer – Fall 2026

- Target construction start date, pending all approvals.
- Initial phases will prioritize sidewalks and lighting through Peshawbestown, with work at Stallman Road intersection.

Beyond 2026

- Additional improvements phased

in as part of the **Peshawbestown Master Plan**, tying road safety into housing, community spaces, and land use development.

- Continued advocacy for lowering the speed limit through Peshawbestown.
- Long-term maintenance provided by GTB Public Works in partnership with GTEC.

A COLLECTIVE EFFORT

Past councils have long discussed the need for safer roads and have supported motions for sidewalks, lighting, and improved intersections. What we are seeing today is the result of years of advocacy finally coming together into action.

I want to acknowledge and thank them, along with GTB Land & Roads Management, GTEC staff, MDOT partners, and every Tribal member who has spoken up about safety on M-22. Your voices, your concerns, your signs, and your persistence are why this project is moving forward.

Most of all, I thank our elders, who remind us that every decision we make must be for the benefit of the next seven generations. When we build safer roads, we are not just improving for today — we are ensuring that tomorrow’s children inherit a community where they can walk, play, and grow safely.

HONORING COMPANY K
ALONG M-22

As we prepare for the future of the M-22 corridor, we must also honor those who walked this land before us. One of the most meaningful initiatives now underway is the effort to **rename a portion of M-22 in honor of Company K** — the all-Ottawa and Ojibwe military unit that served with great distinction during the Civil War.

Company K’s Anishinaabe warriors stepped forward at a time when both our people and this country faced great challenges. Their courage remains a testament to their enduring strength and sacrifice. By dedicating part of M-22 in their honor, we ensure that every traveler through Peshawbestown is reminded of this proud legacy.

To learn more about Company K, I highly recommend a book by Sally M. Walker, titled ***Deadly Aim: The Civil War Story of Michigan’s Anishinaabe Sharpshooters***. This book tells the story of Company K and highlights the courage, discipline, and skill of the Anishinaabe men who volunteered to serve, and about the sacrifices made by our warriors. By renaming part of M-22 in their honor, we ensure that Company

K’s service is not only remembered in books, but also honored on the very land that they and their descendants still call home. As we make our roads safer, we also ensure that our roads tell our story — a story of warriors, resilience, and honor.

I want to especially acknowledge **Tribal citizen Scott Schwander** for his dedication to advancing the Company K initiative. His commitment has been instrumental in bringing this vision to life. The Council and I are proud to support his efforts, and together we will continue working with political partners to see this recognition realized. Chii-Megwetch Scott!

HERKNER HOUSING
UPDATE

I wanted to provide a quick update regarding the LIHTC Projects at Herkner Road. Currently, we are waiting for our excavating contractor to fit us back into their schedule. There were delays with obtaining the necessary water permits from Traverse City/Garfield Township. Now that we have them in hand, we will finish the stormwater system, roads, parking lots, and sidewalks for Phase 2 of the development. Following the construction of those facilities the primary power, gas and fiber will be installed to finish 48 LIHTC units.

UPCOMING
MEMBERSHIP MEETING

I am pleased to share that our **Annual Membership Meeting will be held on Saturday, November 22, 2025, beginning at 10:30 a.m. with Brunch at the Grand Traverse Resort and Spa.**

This gathering is one of the most important times of the year for us as a people. Your voices guide our work, and your presence makes this gathering meaningful. I look forward to seeing each of you there.

CLOSING THOUGHTS

Tribal Council will continue to advocate for projects that protect our people and honor our land. The M-22 Peshawbestown Corridor Project is just one piece of a larger vision: a vibrant, connected, and safe homeland for our Tribal citizens.

Let us celebrate this step forward as a community success. And let us continue working together — through meetings, input sessions, and shared vision — to make all of our ancestral land not only safer, but stronger.

Baamaa pii

Tribal Council Regular Session
September 17, 2025
http://bit.ly/GTB_Member

II. Unfinished Business. A- **Cooperative Agreement between BIA Midwest and GTB for Wildland Fire Management Non-Recurring Funds**
Item was Tabled.

II. Unfinished Business. B- **Rescind Resolution #25-43.3786 Site Specific Amendment**
Item was Tabled.

III. New Business. A- **Appellate Judge Matthew Massey Investiture**
Information only.

III. New Business. B- **2025-2026 Annual Wildland Fire Mobilization Plan** Motion made by Tribal Council Member Napont and Supported by Tribal Council Member Raphael to approve the 2025-2026 Annual Wildland Fire Mobilization Plan. **4-FOR; 0-AGAINST; 1-ABSENT(Frankenberger); 1-ABSTAINING (Rohl)**
Motion Carries

III. New Business. C- **SSBCI Update to Rules- Request to Administer**
Item was Tabled.

III. New Business. D- **Legal FY25 Contract Change Orders** Motion made by Tribal Council Member Raphael and Supported by Tribal Council Member Napont to approve Rebecca Millican of Olsen and Howard PC Contract Change Order #6. **4-FOR; 0-AGAINST; 1-ABSENT(Frankenberger); 1-ABSTAINING (Rohl)**
Motion Carries

Motion made by Tribal Council Member Napont and Supported by Tribal Council Secretary Miller to approve Philip Baker-Shenk of Holland and Knight, LLP Contract Change Order #1. **4-FOR; 0-AGAINST; 1-ABSENT(Frankenberger); 1-ABSTAINING (Rohl)**
Motion Carries

III. New Business. F- **Election Board Vacancy Appointments**
Item was Tabled.

III. New Business. G- **GTEC Contract-M-22 Peshawbestown Design & Engineering** Motion made by Tribal Council Member Napont and Supported by Tribal Council Treasurer Swallows to contract with GTEC, LLC in the amount of \$185,805 as General Contractor for the M-22 Peshawbestown Corridor design work listed in GTEC’s proposal #2025-20. **4-FOR; 0-AGAINST; 1-ABSENT(Frankenberger); 1-ABSTAINING (Rohl)**
Motion Carries

III. New Business. H- **FY25 Indirect Cost Offer** Motion made by Tribal Council Member Raphael and Supported by Tribal Council Treasurer Swallows to accept the Indirect Cost Rate offer of 25.96% for FY25 from the Interior Business Center. **4-FOR; 0-AGAINST; 1-ABSENT(Frankenberger); 1-ABSTAINING (Rohl)**
Motion Carries

III. New Business. I- **2025 Elders Trust Fund Distribution- October 2025** Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Member Raphael to approve Resolution #25-43.3804. **4-FOR; 0-AGAINST; 1-ABSENT(Frankenberger); 1-ABSTAINING (Rohl)**
Motion Carries

III. New Business. J- **Introduction of Individuals Who Recently Donated Land off Fouch Road to the Tribe**
Information Only

III. New Business. K- **EPA Tribal Liaison Introduction**
Information Only

III. New Business. L- **Residential Lot Transfer- Tiffany Gilmore to Diana L. Gould** Motion made by Tribal Council Member Napont and Supported by Tribal Council Secretary Miller to transfer the assignment of Lot #4 on GTB Parcel 1 in Section 3 on Putnam Road in the Village of Peshawbestown from Tiffany Gilmore to Diana Gould. **3-FOR; 0-AGAINST; 2-ABSENT (Frankenberger, Raphael); 1-ABSTAINING (Rohl)**
Motion Carries

Tribal Council Special Session
September 24, 2025
http://bit.ly/GTB_Member

II. Unfinished Business. A- **Cooperative Agreement between BIA Midwest and GTB for Wildland Fire Management Non-Recurring Funds** Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Secretary Miller to approve Resolution #25-43.3787. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING**
Motion Carries

III. New Business. A- **SSBCI Update to Rules- Request to Administer**
This item was deleted

III. New Business. B- **Renewal of Optum Transplant Policy for the 2026 Plan Year** Motion made by Tribal Council Secretary Miller and Supported by Tribal Council Vice Chair Rohl to continue the contract with Optum for plan year 2026. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING**
Motion Carries

III. New Business. C- **Renewal of Delta Dental 2026 Contract** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Secretary Miller to approve the renewal of the Delta Dental Contract for 2026. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING**
Motion Carries

III. New Business. D- **LIHTC #3 Authorization to File Resolution #25-43.3805** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Treasurer Swallows to approve Resolution #25-43.3805, with the addition of item #35 attached as the Lease to Own/Right of First Refusal document. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING**
Motion Carries

III. New Business. E- **Land Acquisition Protocol for NMC Property on Sams Road in Blair Township** Motion made by Tribal Council Member Frankenberger and Supported by Tribal Council Vice Chair Rohl to start the Land Acquisition process for the NMC 38 acres of land along the Boardman River, located on Sarns Rod in Blair Township, Grand Traverse County. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING**
Motion Carries

III. New Business. F- **MOU/Contract with New Day Treatment Center** Motion made by Tribal Council Member Frankenberger and Supported by Tribal Council Vice Chair Rohl to Table this item. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING**
Motion Carries

III. New Business. G- **FY2026 Legal Department Contracts** Motion made by Tribal Council Member Frankenberger and Supported by Tribal Council Secretary Miller to do a 30-day extension at the changed rate. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING**
Motion Carries

Motion made by Tribal Council Member Frankenberger and Supported by Tribal Council Vice Chair Rohl to waive John Petoskey’s conflict of interest with Dentons. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING**
Motion Carries

TRIBAL COUNCIL HYBIRD RECORDED SESSIONS						
Tribal a.m.	Council on the	Regular third	Sessions Wednesday	occur of	at	9:30 every month.
Tribal a.m.	Council on the	Special last	Sessions Wednesday	occur of	at	9:30 every month.
Sessions will be held in Council Chambers. Meetings are open to Tribal Members.						
Regular Council Sessions https://bit.ly/GTB-REG-TCRS25 10/15 • 11/19 • 12/17						
Special Council Sessions https://bit.ly/GTB-REG-TCSS25 10/29 • 11/26						

TRIBAL COUNCIL ATTENDANCE

JULY 30 - SEPTEMBER 25, 2025

There were (4) Tribal Council Regular/Special Sessions, (3) EDC Regular/Special Sessions/Work Sessions, and (24) Tribal Council Work Sessions/Round Tables/Other Meetings.

Chairwoman Witherspoon attended 3 of 4 Tribal Council Regular/Special Sessions, 2 of 3 EDC Regular/Special Sessions/Work Sessions and 22 of 24 Tribal Council Work Sessions/Round Tables/Other Meetings. ***Scheduled:** out of office on 8/18/25 - 8/19/25, 8/25/25 - 8/26/25 -Travel to Washington DC, & 9/16/25 - 9/17/25- attending UTFAV Annual Tribal Leadership Summit.

Vice Chair Rohl attended 4 of 4 Tribal Council Regular/Special Sessions, 2 of 3 EDC Regular/Special Sessions/Work Sessions, and 23 of 24 Tribal Council Work Sessions/Round Tables/Other Meetings. ***Scheduled:** out of office on 8/18/25, 9/2/25, 9/18/25 - 9/22/25.

Treasurer Swallows attended 4 of 4 Tribal Council Regular/Special Sessions, 2 of 3 EDC Regular/Special Sessions/Work Sessions, and 20 of 24 Tribal Council Work Sessions/Round Tables/Other Meetings. ***Scheduled:** out of office on 8/11/2025, 8/18/2025, 8/25/2025.

Secretary Miller attended 4 of 4 Tribal Council Regular/Special Sessions, 3 of 3 EDC Regular/Special Sessions/Work Sessions, and 24 of 24 Tribal Council Work Sessions/Round Tables/Other Meetings. ***Scheduled:** out of office on 8/7/2025

Councilor Raphael attended 4 of 4 Tribal Council Regular/Special Sessions, 3 of 3 EDC Regular/Special Sessions/Work Sessions, and 24 of 24 Tribal Council Work Sessions/Round Tables/Other Meetings.

Councilor Frankenberger attended 3 of 4 Tribal Council Regular/Special Sessions, 0 of 3 EDC Regular/Special Sessions/Work Sessions, and 7 of 24 Tribal Council Work Sessions/Round Tables/Other Meetings. ***Scheduled:** out of office on 8/18/2025

Councilor Napont attended 3 of 4 Tribal Council Regular/Special Sessions, 0 of 3 EDC Regular/Special Sessions/Work Sessions, 9 and of 24 Tribal Council Work Sessions/Round Tables/Other Meetings. ***Scheduled:** out of office on 8/14/2025 - 8/21/2025



Grand Traverse Band -

Government Offices

CLOSED

MONDAY, OCTOBER 13TH, 2025

In observance of
Indigenous People’s Day

Government Offices will reopen at
8:00 a.m. Tuesday, Ocotber 14th!

Emergency numbers are posted at office entrances. If you need immediate assistance, please use the emergency number list.

FOLLOW QR CODE OR LINK
FOR EMERGENCY NUMBERS.

https://bit.ly/GTB_EPN_092925



Chi Miigwech for your understanding.



Grand Traverse Band -

Government Offices

CLOSED FRIDAYS

Beginning Friday, July 11, 2025

In alignment with the 34-Hour Work Week Pilot Program
Please note: Government offices participating in the pilot
program will be closed on Fridays.

*However, departments providing essential services—including the
Health Clinic (Providers Only), Dental Clinic (Providers Only), Pharmacy
(Providers Only), Law Enforcement (Officers Only), Fire Department, &
Tribal Council —will continue to operate Monday through Friday.*

Emergency numbers are posted at office entrances. For immediate assistance, refer to the emergency number list.



FOLLOW QR CODE OR LINK
FOR EMERGENCY NUMBERS.

https://bit.ly/GTB_EPN_092925

Chi Miigwech for your understanding.



GREEN COMMITTEE BINGO!

Join the Green
Committee for
some rousing
games of Bingo!!

Make sure to bring your
feast bundle and water
bottle for entry into a
drawing to win a prize!



WHEN: October 23 2025
2 - 5 pm

WHERE: GTB Tribal Chambers

Open to Everyone!
Light snacks &
beverages provided

For more information, please email:
Stacie: stacie.mcclellan@gtb-nsn.gov
Vicki: Vicki.Parzych@gtb-nsn.gov

CULTURAL & LANGUAGE

https://bit.ly/GTB_Cultural



CULTURAL DEPARTMENT PRESENTS

In-Person Anishinaabemowin Classes

w/Isadore Toulouse & Patricia Osawamick

STARTING OCTOBER 6, 2025

5:00PM-7:00PM

Monday's - Kewadin Church

Tuesday's - Peshawbestown
Cultural Building

Wednesday's - 3 Mile Office

Last Wednesday of the month
Charlevoix Building 12pm-3pm

For more information contact:
Isadore.Toulouse@GTB-nsn.gov

231.631.7940

Patricia.Osawamick@GTB-nsn.gov

231.631.8604

All classes subject to change-No class when GTB is closed



BACK TO BASICS 1-HOUR ANISHINAABEMOWIN ZOOM COURSES

"Gaawii da-ni-bimaadiziingasinoo
Anishinaabemowin giishpin
gishkiyaasiingidowaa gdi-binoojimnaanig
ji-anishinaabemowaad"
(The language will not survive if we prevent our
children from speaking it)

HOSTED BY THE

Grand Traverse Band of
Ottawa and Chippewa Indians
Anishinaabemowin Program

Every Tuesday, Starting October 14th
4:00 - 5:00pm

SCHEDULE

Anishinaabemowin Game Night

Kick Off

October 9th, 2025

Eyaawing Museum

2304 N West Bay Shore Dr, Peshawbestown

Every Tuesday

October 14th, 21st, 28th

November 4th, 18th, 25th

December 2nd, 9th, 16th

Cultural Building

2585 Waabno Makwa Rd, Peshawbestown

ZOOM Link: <https://bit.ly/GTBasics>



Beginner
Courses

Intended for participants with
little or no prior exposure to the
Anishinaabemowin language



Anishinaabemowin Fluent
Instructors

Classes will be taught by Isadore
Toulouse & Patricia Osawamick



Grow Your
Vocabulary

Begin building a vocabulary base
and understand the basic grammar
and syntax structures

For More Information, Contact Isadore Toulouse:

Isadore.Toulouse@gtb-nsn.gov

(231) 534-7252



CULTURAL DEPARTMENT

Anishinaabemowin GAME NIGHT

Kick Off to Tuesday's Basic Class

OCTOBER 9, 2025 @ 5:30PM

EYAAWING MUSEUM

DINNER

FUN!

LAUGHTER!

PRIZES!

COME LEARN ANISHINAABEMOWIN!

MORE INFORMATION:

TASHENA SAMS

CULTURAL ASSISTANT

231-534-7766

TASHENA.SAMS2@GTB-NSN.GOV



Back to Basics Anishinaabemowin Course Content

Lesson 1

- Ishki-nkweshkodaadiwin (Introduction of self)
- Ojibwe Kizheb Anamewaahns (Ojibwe Morning Prayer)
- Pronunciation Chart-YouTube Video
- Sounds, Consonants, Vowels/Consonants/Sounds/Animate/Inanimate, Plural/Singular

1.2

- Lesson 1.2
- Ojibwe Kizheb Anamewaahns (Ojibwe Morning Prayer)
- Wiindimaagen yaawi-yin (Introduce Yourself)
- Pronunciation Chart-YouTube Video
- Personal Pronouns Chart
- Ezhi-ngodweyaangizing (Family)

1.3

- Lesson 1.3
- Ojibwe Kizheb Anamewaahns (Ojibwe Morning Prayer)
- Wiindimaagen yaawi-yin (Introduce Yourself)
- Pronunciation Chart-YouTube Video
- Gindaasowinag (Numbers)
- Enaandeg bemaadiziimgak/bemaadiziimgasi-nok (Colors-Animate/Inanimate)
- Ezhiijiyaagin (Shapes)

1.4

- Lesson 1.4
- Ojibwe Kizheb Anamewaahns (Ojibwe Morning Prayer)
- Wiindimaagen yaawi-yin (Introduce Yourself)
- Pronunciation Chart-YouTube Video
- Mijim (Food)
- Wesiinyag (Animals) Ookaanak (Farm Animals)

1.5

- Lesson 1.5
- Ojibwe Kizheb Anamewaahns (Ojibwe Morning Prayer)
- Wiindimaagen yaawi-yin (Introduce Yourself)
- Pronunciation Chart-YouTube Video
- Giisook enso-ngbiboon (Months of the calendar)
- Ezhi-gizigigak (What day is it ?)
- Niiwing eshsek aki (4 changes of the earth)

1.6 Lesson 1.6

- Ojibwe Kizheb Anamewaahns (Ojibwe Morning Prayer)
- Wiindimaagen yaawi-yin (Introduce Yourself)
- Pronunciation Chart-YouTube Video
- Epii-chaak (Times of the Day)
- Ensodbagneg dbagiiawaaning (Time on the clock)
- Dbaagaans, Aabta (Minutes, Half times)

1.7 Lesson 1.7

- Ojibwe Kizheb Anamewaahns (Ojibwe Morning Prayer)
- Wiindimaagen yaawi-yin (Introduce Yourself)
- Pronunciation Chart-YouTube Video
- Wli'oon (Body Parts)

1.8 Lesson 1.8

- Ojibwe Kizheb Anamewaahns (Ojibwe Morning Prayer)
- Wiindimaagen yaawi-yin (Introduce Yourself)
- Pronunciation Chart-YouTube Video
- Endaang Kina-gegog etag (Everything in the home)

1.9 Lesson 1.9

- Ojibwe Kizheb Anamewaahns (Ojibwe Morning Prayer)
- Wiindimaagen yaawi-yin (Introduce Yourself)
- Pronunciation Chart-YouTube Video
- Gamigoon (Locations/Buildings)
- Enokiing (Occupations)

Content listed is our planned outline. We
may move around or spend extra time in
certain areas, depending on the
participants knowledge and questions.

Miigwech

For More Information, Contact Isadore Toulouse:

Isadore.Toulouse@gtb-nsn.gov

(231) 534-7252



Halloween is one of the most anticipated nights of the year, a chance for families to celebrate, children to show off costumes, and neighbors to connect. But the excitement also brings with it some risks that can be avoided with a little preparation. The Housing Department encourages all residents to make safety a priority this Halloween season while still enjoying all the fun traditions.

Below, you’ll find detailed advice on preparing your home for visitors, safe trick-or-treating practices, and how to carve pumpkins without accidents. To reinforce these reminders, see the images accompanying this article: “*Halloween Safety Tips*” and “*Pumpkin Carving Safety Tips*.”

A Safe and Spooky Home
Decorating for Halloween sets the stage for fun, but it’s important to make sure decorations don’t create hazards for guests or trick-or-treaters. Start with your entryway: replace any burnt-out porch or walkway bulbs so children and families can clearly see the path to your door. Clearing away garden tools, hoses, toys, or piles of leaves will prevent slips and trips, especially in low light.

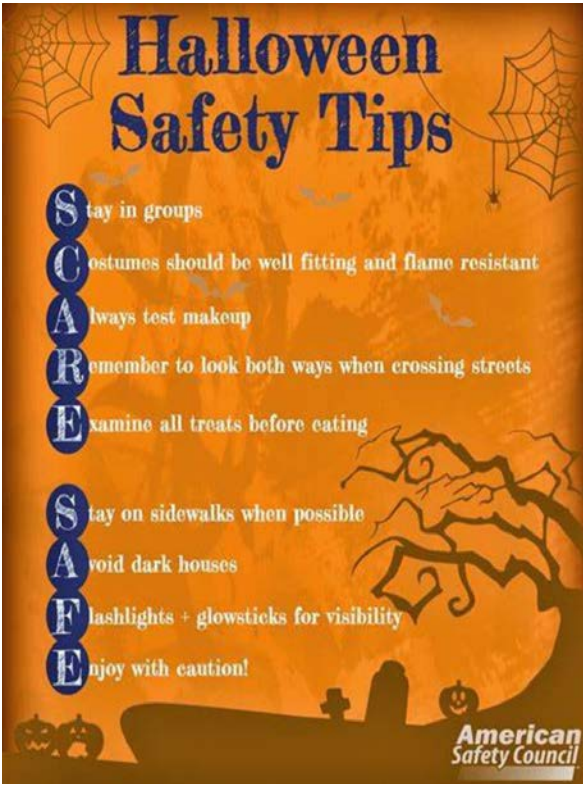
When choosing decorations, look for flame-resistant materials and keep them away from heat sources or open flames. Electrical decorations should always be rated for outdoor use if displayed outside, and cords should be tucked away where no one can stumble over them. If you enjoy large inflatables or standing decorations, make sure they are anchored securely to prevent them from tipping into walkways. *(More practical reminders can be seen in the “Halloween Safety Tips” image reference.)*

Trick-or-Treating the Right Way
For many children, trick-or-treating is the highlight of Halloween, but it can also be the most unpredictable part of the evening. Planning ahead helps keep the focus on fun. Parents and guardians are encouraged to stick to familiar neighborhoods and stay with children under age 12. If older kids are going out with friends, remind them to stay in groups and carry a phone for emergencies.

Costumes should be as safe as they are creative. Masks that block vision can make it hard to see steps or cars, so face paint or makeup may be a safer alternative. Costumes with dark colors are harder for drivers to see—adding reflective tape or glow sticks can make children more visible from a distance. Carrying flashlights or battery-powered lanterns not only enhances the spooky atmosphere but also ensures kids see where they are walking.

Once the candy bags are full, the job isn’t done yet. Parents should look through treats before allowing children to eat them, checking for unwrapped or suspicious items. Handing out sealed, packaged candy helps create trust and safety for everyone.

Pumpkin Carving Without the Scares
Pumpkin carving is one of Halloween’s most beloved traditions, but it’s also the cause of many hand injuries this time of year. Adults



should take charge of carving while children can participate in safe ways—like scooping out seeds, sketching faces, or helping decide the final design. Using specialized carving kits rather than kitchen knives makes the process easier and safer, since pumpkin carving tools are less likely to slip.

When carving, work in a clean, dry, and well-lit area. Wet hands, slick tools, or dim lighting increase the risk of accidents. Always carve away from your body, and never rush through the process. For families with young children, consider “no-carve” decorating options, such as painting pumpkins or adding stickers. These methods still create festive jack-o’-lanterns without sharp tools.

Lighting your pumpkin also deserves attention. Traditional candles can create fire hazards, especially when pumpkins are placed near doorways or flammable decorations. Safer options include battery-powered tea lights, LED candles, or glow sticks, which provide the same eerie glow without the risk. *(More details can be found in the “Pumpkin Carving Safety Tips” image reference.)*

Ending the Night Safely
When the last trick-or-treaters have headed home, it’s important to power down decorations and lights before going to bed. This simple step helps prevent electrical hazards and keeps neighborhoods peaceful through the night. And as the season winds

down, removing pumpkins and decorations in a timely manner prevents safety hazards and keeps the community looking neat.

Enjoying Halloween Together
Halloween is more than costumes and candy, it’s about community. By keeping safety in mind, neighbors can enjoy the holiday without accidents or stress. Whether you’re preparing your home for visitors, walking with children from door to door, or carving pumpkins on the porch, taking small precautions ensures the night stays fun. Housing Department is wishing you a safe, happy, and spooky Halloween!

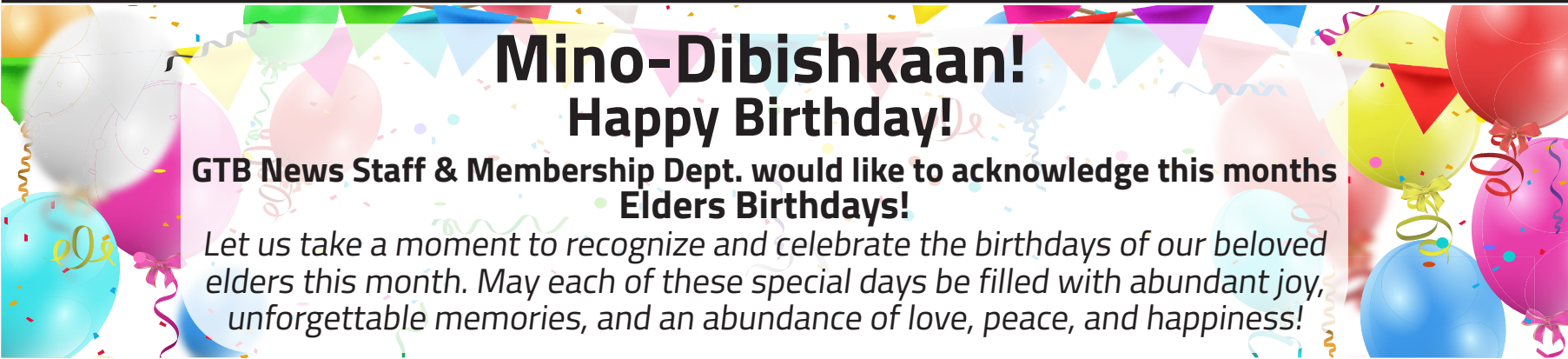
Images provided by GTB Housing Department; article authored by Victoria Alfonseca - GTB Editor



CONTACT HOUSING	
After Hours Emergency Hot Line	(231) 866-1290
Lori Dudley - Administrative Assistant & Front Desk	(231) 534-7800
Joe Kaubenaw - Lead Occupancy Specialist & GTB Rental Info/ Down Payment/Homebuyer Education	(231) 534-7803 (231) 883-1328
Manny Menchaca - Maintenance Supervisor	(231) 534-7448 (231) 631-4594
Tarik Bouguettaya - Emergency Home Repair & Handicap Accessibility Program	(231) 534-7886
Steven Alberts - Program Director Procurement Coordinator	(231) 534-7804 (231) 360-3478
Lilyan Allard - Assistant Manager	(231) 534-7804
Jodi Lewis - Interim Department Manager	(231) 534-7218 (231) 357-2185

Antrim/GT Elders Events & Activities	Benzie Elders Events & Activities	Charlevoix Elders Events & Activities	Leelanau Elders Events & Activities
Monday's Office Tasks Friday's Offices CLOSED *Notes: Lunch Provided **11:30AM - 12:45PM	Monday's & Thursday's Office Tasks Friday's Offices CLOSED **12:00PM - 1:00PM	Monday's Office Tasks Friday's Offices CLOSED *Notes: Lunch Provided **12:00PM - 1:00PM	Monday's Office Tasks Friday's Offices CLOSED *Notes: Lunch Provided **12:00PM - 1:00PM
Wednesday; October 1 st Open Activity 1:00PM - 3:00PM**	Wednesday; October 8 th Lite lunch w/ Agnes 12:00PM - 1:00PM**	Wednesday; October 1 st Coffee & Chat 1:30PM**	Wednesday; October 1 st Kalkaska Farmer's Market 11:00AM**
Thursday; October 2 nd Food Demostration W/Darylin 1:00PM - 3:00PM**	Wednesday; October 15 th Activity w/Francis C. 1:00PM - 3:00PM**	Thursday; October 2 nd Scrabble 1:30PM**	Thursday; October 2 nd Fall Craft 1:00PM**
Tuesday; October 7 th Open Activity 1:00PM - 3:00PM**	Wednesday; October 29 th Activity w/Francis C. 1:00PM - 3:00PM**	Tuesday; October 7 th Olesons Shipping 8:00AM Craft Time 1:30PM**	Tuesday; October 7 th TC Store Run 1:00PM**
Wednesday; October 8 th Sew Activity 1:00PM - 3:00PM**	No other calendar events for Benzie at this time.	Wednesday; October 8 th Card Games 1:30PM**	Wednesday; October 8 th Fall Craft 1:00PM - 3:00PM**
Thursday; October 9 th Charlevoix Color Tour w/ Lunch 10AM 1:00PM - 3:00PM**	Questions, please contact CJ Minzey (231) 534-7824 (231) 590-2018 clayton.minzey2@gtb-nsn.gov or Delores Niigaanakwad (231) 534-7748 (231) 631-3908 delores.niigaanakwad@gtb-nsn.gov	Thursday; October 9 th Color Tour Ride 1:30PM**	Thursday; October 9 th Fall Color Tour M22 1:00PM**
Monday; October 13 th INDIGENOUS PEOPLE'S DAY GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM		Monday; October 13 th INDIGENOUS PEOPLE'S DAY GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM	Monday; October 13 th INDIGENOUS PEOPLE'S DAY GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM
Tuesday; October 14 th Elders Advisory @ 3-Mile 10:00AM - 4:00PM*		Tuesday; October 14 th Elders Advisory @ 3-Mile 10:00AM - 4:00PM*	Tuesday; October 14 th Elders Advisory @ 3-Mile 10:00AM - 4:00PM*
Wednesday; October 15 th Sew Activity 1:00PM - 3:00PM**		Wednesday; October 15 th Move & Popcorn (on site) 1:30PM**	Wednesday; October 15 th Thrift Store 1:00PM**
Thursday; October 16 th Jacobs Corn Maze 1:00PM - 3:00PM**	<i>*SCHEDULES ARE SUBJECT TO CHANGE. PLEASE CALL AHEAD. ALL ACTIVITIES ARE DRUG & ALCOHOL-FREE!</i>	Thursday; October 16 th Thrifting 1:30PM**	Thursday; October 16 th Gallager's Farmer's Market 1:00PM**
Tuesday; October 21 st Thrifting 1:00PM - 3:00PM**		Tuesday; October 21 st Craft Activity 1:30PM**	Tuesday; October 21 st Local Store: Hansens 1:00PM - 3:00PM**
Wednesday; October 22 nd Activity w/ Francis 1:00PM - 3:00PM**		Wednesday; October 22 nd Sew Activity 1:30PM**	Wednesday; October 22 nd Craft 1:00PM - 3:00PM**
Thursday; October 23 rd Birthday Bingo 1:00PM - 3:00PM**		Thursday; October 23 rd Birthday Bingo 1:30PM**	Thursday; October 23 rd Birthday Bingo 1:00PM - 3:00PM**
Tuesday; October 28 th Sew Activity 1:00PM - 3:00PM**		Tuesday; October 28 th Sew Activity 1:30PM**	Wednesday; October 29 th Movie Day @ AMC (TC) 1:00PM** (BYOL)
Wednesday; October 29 th Sew Activity 1:00PM - 3:00PM**		Wednesday; October 29 th Sew Activity 10:30AM	Thursday; October 30 th Board Game Day 1:00PM - 3:00PM**
Thursday; October 30 th Open Activity 1:00PM - 3:00PM**		Thursday; October 30 th Scrabble 1:30PM**	





GTB News Staff & Membership Dept. would like to acknowledge this months Elders Birthdays!

Let us take a moment to recognize and celebrate the birthdays of our beloved elders this month. May each of these special days be filled with abundant joy, unforgettable memories, and an abundance of love, peace, and happiness!

Christine	Simon	1-Oct	Ronald	Judson	11-Oct	Amy	Andrews	20-Oct
Paul	Raphael	1-Oct	Edward	Oliver	11-Oct	William	Burgess	21-Oct
James	Judson	1-Oct	Mary	Antoine	12-Oct	Donna	Wilson	21-Oct
Anita	Madagame	1-Oct	Gary	McSawby	13-Oct	Dennis	Pete	22-Oct
Brenda	Voight	1-Oct	Steven	Feringa	13-Oct	David	Hawes	22-Oct
Dawn	Hardy	2-Oct	Michael	Agosa	13-Oct	Kelly	Rice	23-Oct
Daniel	Metcalf	2-Oct	Steven	Wonegeshik	14-Oct	Edward	Cobb	23-Oct
Ann	Woodra	2-Oct	Denis	Tighe	14-Oct	Linda	Wabanimkee	23-Oct
Robert	Sheahan	2-Oct	Kenneth	Hirth	14-Oct	Janice	Jensen	23-Oct
Alan	Dodge	2-Oct	Gilda	Allen	15-Oct	Troy	Ance	24-Oct
William	Traylor	3-Oct	Anthony	Miller	15-Oct	Albin	Mattson	25-Oct
Gregory	Bennett	3-Oct	Raymond	Chippewa	15-Oct	Kristy	Smith	25-Oct
Steven	Sheahan	3-Oct	William	Davis	15-Oct	Catherine	Hall	26-Oct
Rebecca	Reed	3-Oct	Linda	Robinson	16-Oct	Ruth	Dudley	26-Oct
Allen	Bailey	4-Oct	Patricia	Putney	16-Oct	Debra	Williams	26-Oct
Donna	Wilson	5-Oct	Billi	Corey	16-Oct	Jose	Barrientoz	26-Oct
Todd	Wolf	6-Oct	Diane	Dye	16-Oct	Raymond	Shenoskey	26-Oct
Neil	Rilling	6-Oct	Charles	Sineway	17-Oct	Wanda	Polakis	27-Oct
Patricia	Kidd	7-Oct	Barbara	Sharp	17-Oct	Rosa	Whitfield	28-Oct
Linda	Francis	7-Oct	Leesa	Sams	17-Oct	Elayne	Ulrich	29-Oct
Arnold	Lewis	7-Oct	Cheryl	Navarre	18-Oct	Carol	Van Conett	29-Oct
Glen	Hillyer	7-Oct	Rita	Concannon	18-Oct	Lisa	Braun	29-Oct
Bette	Warren	9-Oct	Barbara	Pond	18-Oct	Lisa	Thomas	30-Oct
Kathryn	Keefe	9-Oct	Donny	Homminga	19-Oct	Dawn	Zimmerman	30-Oct
Leonard	Dudley	9-Oct	Ellie	Moore	19-Oct	Tina	Briscoe	30-Oct
David	Wabindato	10-Oct	Thomas	Brun	19-Oct	Rae	Andrews	30-Oct
Paul	McGrath	11-Oct	Charlotte	Debo	20-Oct	Francis	Sams	30-Oct
Christopher	Patten	11-Oct	Benjamin	Webb	20-Oct	Robert	McDonald	31-Oct
Donna	Swallows	11-Oct	Raymond	Mann	20-Oct			

WANT TO JOIN AN ACTIVITY OR EVENT, OR NEED TRANSPORTATION TO THE EVENT?
ADVANCE SIGN-UP IS REQUIRED!

PLEASE CONTACT YOUR ELDERS SITE COORDINATOR TO RESERVE YOUR SPOT.

CONTACT INFORMATION

Antrim/Grand Traverse

Tanya Tanner
(231) 534-7710
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tanya.tanner@gtb-nsn.gov

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Leelanau

Melissa Martinez
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Lisa Shawandase

(231) 534-7744
(231) 590-7264
lisa.shawandase@gtb-nsn.gov

Elders Department Manager

Delores Niigaanakwad (231) 534-7748 (231) 631-3908
delores.niigaanakwad@gtb-nsn.gov

HUMAN SERVICES

FY25 Client Application
Scan QR Code or follow the link!

- Food Rescue (All community members - Mondays after 11am)*
- Food Pantry (application & appointment)*
- Food Assistance (application)
- Emergency Heat Assistance (application)
- Other Emergency Assistance (application)
- Weatherization Items (application & while supplies last)



<https://bit.ly/3zAPJVS>

MORE INFORMATION, PLEASE CONTACT
ANDREA 231-534-7910

*Food Rescue & Pantry Located:
Lower level of the Medicine Lodge

TALKING CIRCLE

ZOOM DAILY 10:30AM- 11:30AM
Zoom Meeting Code: 886 8701 6931
Password: sobertalk

Join Scott
via Zoom for a
virtual talking circle
Wellbriety meeting.

Questions, contact
Scott

231-534-7247 or

scott.scholten@gtb-nsn.gov



Disseminate
culturally based
principles, values, and
teachings to support
healthy community
development and
servant leadership,
and to support
healing from alcohol,
substance abuse, co-
occurring disorders and
intergenerational trauma.

WOMEN SURVIVOR GET-TOGETHER

Every Monday

(October 6th, 2025 – March 30, 2026)
5:30 pm - 7:30 pm

(Except 10/13/25, 11/3/25, 12/22/25, & 12/29/25)

Are you or have you been affected by sexual
assault/trafficking, stalking, or intimate
partner domestic/dating violence? Join us for a
time to work on crafts, write, socialize, & more,
with other survivors.

Location: Grand Traverse Band 3-Mile Office
845 Business Park Dr., Traverse City, MI 49686



Provided by the Grants to Indian Tribal Government Project & Niizh Animikii
Project. For more information, please call Yvette Weese at (231) 534 - 7381 or
Leilani Defoe at (231) 534 - 7093.

This event was created in collaboration with GTB grant # 15 JOVW-22-GG-03376-TRIB awarded by the Office of
Violence Against Women, U.S. Department of Justice. The opinions, findings, and conclusions or recommendations
expressed in this publication are those of the author and do not necessarily reflect the views of the U.S. Department of
Justice.

MEN SURVIVOR GET-TOGETHER

Every Tuesday

(October 7th, 2025 – March 31, 2026)

5:30 pm - 7:30 pm

(Except 11/11/25, 12/23/25, & 12/30/25)

Are you or have you been affected by sexual
assault/trafficking, stalking, or intimate
partner domestic/dating violence? Join us
for a time to work on crafts, write, socialize,
& more, with other survivors.

Location: Grand Traverse Band
Library in Peshawbestown, MI

(Please call us if there is a better date, time, & location
that works for you!)



Provided by the Grants to Indian Tribal Government Project & Niizh Animikii
Project. For more information, please call Yvette Weese at (231) 534-7381,
John Sabatini at (231) 534-7093, or Leilani Defoe at (231) 534-7093.

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WOMEN SURVIVOR GET-TOGETHER

Every Wednesday

(October 1, 2025 – March 25, 2026)
5:30 pm - 7:30 pm

(Except 12/24/25, & 12/31/25)

Are you or have you been affected by sexual
assault/trafficking, stalking, or intimate
partner domestic/dating violence? Join us for a
time to work on crafts, write, socialize, & more,
with other survivors.

Location: GTB Peshawbestown Library



Provided by the Grants to Indian Tribal Government Project & Niizh Animikii
Project. For more information, please call Yvette Weese at (231) 534 - 7381 or
Leilani Defoe at (231) 534 - 7093.

This event was created in collaboration with GTB grant # 15 JOVW-22-GG-03376-TRIB awarded by the Office of
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Justice.

Anishinaabek Family Services , Grants To Indian
Tribal Government Project, and Niizh Animikiig

In recognition of
Domestic Violence Month
you're invited to a

Community Potluck and Ceremony

Come for an evening of community, awareness,
and a pipe ceremony. Please bring a dish to
pass. A main dish will be provided.

16
OCT

EYAAWING MUSEUM
THURSDAY | 5:30 PM

24
OCT

CHARLEVOIX GYM
FRIDAY | 5:30 PM

"You are not
alone, let's break
the silence
together"

For More Information:
Leilani DeFoe 231-492-9956

"Take a
moment to
remember,
there is help"

This event was created in collaboration with GTB grant # 15 JOVW-22-GG-03376-TRIB awarded by the
Office of Violence Against Women, U.S. Department of Justice. The opinions, findings, and conclusions or
recommendations expressed in this publication are those of the author and do not necessarily reflect the
views of the U.S. Department of Justice.

GTB STRONGHEART CENTER
PRESENTS



GET FIT WITH
STRONGHEART &
BETSIE HOSICK HEALTH &
FITNESS CENTER

ARE YOU A GTB
TRIBAL MEMBER &
CAN'T MAKE IT TO THE
GTB FITNESS CENTERS?
NO SWEAT!



- Take advantage of this partnership to stay active, build strength, and prioritize your well-being.
- Invest in your health—join today!
- Betsie Hosick Health & Fitness Center**
102 Airport Rd, Frankfort, MI 49635

Strongheart Center has partnered with **Betsie Hosick Health & Fitness Center** to offer GTB Benzie area residents an exclusive **gym membership opportunity** in support of your health and wellness goals!

Call Leanne or Dawn for the Details & Questions!

Contact: Leanne (Tana) Alber
(231) 534-7551 Leanne.Alber@gtb-nsn.gov
Dawn Shenoskey
(231) 534-7753 or text (231)313-8609

www.gtbindians.org/strongheart.asp

• LIVE • LOVE • KAYAK •

Kayaks Available for Tribal Member Use!
GTB Community can sign out (2) Kayaks with valid tribal ID, Phone Number, Address, and Signed User Agreement (2-Day Usage)

For More Information Call
(231) 534 - 7457

GTB STRONGHEART CENTER
PRESENTS



FITNESS CENTER
**FINANCIAL
ASSISTANCE**

ARE YOU A GTB
TRIBAL MEMBER &
CAN'T MAKE IT TO THE
GTB FITNESS CENTERS?
NO SWEAT!



- Fitness Center Financial Assistance to GTB Citizens, Within 6 County Service Area, That Do Not Live Near or Have Access to one of GTB Fitness Centers.
 - Antrim, Grand Traverse, & Manistee Eligible!
- Discounts Also Available for Spouses & Significant Others
- Limited Gym Membership During Winter Months

Gym Membership Assistance for GTB Citizens Within Antrim, Grand Traverse, & Manistee County That Don't Have Access to One of the GTB Fitness Centers & Are Interested in Joining a Local Gym. Discounts Are Also Available for GTB Spouses and/or Significant Others to Encourage & Support One Another on Your Wellness Goals!

Call Leanne or Dawn for the Details & Questions!
Contact: Leanne (Tana) Alber
(231) 534-7551 Leanne.Alber@gtb-nsn.gov

Dawn Shenoskey
(231) 534-7753 or text (231)313-8609

www.gtbindians.org/strongheart.asp

STRONGHEART CENTER
Hours Starting

NOVEMBER 1, 2025
UNTIL APRIL 2026

HOURS:
MON. – THUR.
6:30 AM – 8:00 PM
FRIDAY
6:30 AM – 7:00 PM
SATURDAY
9:00 AM – 3:00 PM
CLOSED SUNDAYS & MAJOR HOLIDAYS
****SUBJECT TO CHANGE****

FRONT DESK: (231) 534-7457 **2700 STRONGHEART WAY, PESHAWBESTOWN**

All events are free and open to the Native American and Non-Native public. They promote Anishinabek culture, the musical arts, and health through Yang Style Tai Chi. Events hosted by the GTB Heritage Library, GTB Lifelong Learning, and the Institute of Museums and Library Services.

Events Subject to Change

October 2025

HERITAGE LIBRARY PRESENTS

FALL EVENTS & ACTIVITIES

Fall Music Lessons: Mondays, Tuesdays, & Thursdays 10AM - 5PM @ Heritage Library

30-Minute Guitar, Piano, and Voice lessons by **appointment**. Zoom Lessons Available. Music lessons are open to children to adults ages 7 to Elder. The Heritage Library has 1 electric keyboard/piano, 2 children sized classical guitars, and 2 full sized classical guitars to borrow for lessons.

Children, Youth & Adults 10AM - 5PM according to teacher availability - First Come First Serve.

Fall Tai Chi Tuesdays & Thursdays: 12PM - 1PM @ Heritage Library

Enjoy the relaxing art of Tai Chi with Francis Carew, who teaches Yang style Tai Chi, a low impact exercise that improves cardiorespiratory function, hypertension, muscular strength, balance, mobility, flexibility, and mind-body awareness.

Medicine Bag Workshop: October 15th, 22nd, & 29th 5:30PM - 7:30PM

Discover the spirit of creativity and tradition at the Anishinaabek Makerspace! In this hands-on Medicine Bag Workshop, you'll craft your own personalized bag while learning about its powerful meaning in Anishinaabe culture. Supplies are limited so RSVP the Heritage Library to secure a spot.

Heritage Library
October 15th • 5:30 - 7:30 PM
2821 N West Bay Shore Dr.,
Peshawbestown

3-Mile Office
October 22nd • 5:30 - 7:30 PM
845 Business Park Dr.,
Traverse City

Benzie Office
October 29th • 5:30 - 7:30 PM
7282 Hoadley Road,
Benzonia

More Information:
Francis Carew (231) 534-7752 Francis.Carew@gtb-nsn.gov
Heritage Library - 2821 N West Bay Shore Dr. Peshawbestown, MI

INSTITUTE of Museums and Library SERVICES

Youth services

**BEADED
LOOM
CLASS**

Thursday, October 9, 2025
ages 11-19

Dinner
provided

M22 Youth Building
2821 NW Bayshore Dr.
Peshawbestown MI 49682

Torie Chippewa
cell 231.590.2395
office 231.534.7230
email
victoria.chippewa@gtb-nsn.gov

Grand Traverse Band of Ottawa and Chippewa Indians
Established 1980

GRAND TRAVERSE BAND
YOUTH SERVICES



YOUTH SERVICES
HALLOWEEN
MOVIE NIGHT

OCTOBER 13, 2025
BEETLEJUICE from 5-7

The M22 Youth Building
2821 N West Bayshore Dr.
Peshawbestown MI, 49682

DINNER | SNACKS | CRAFT

Torie Chippewa
cell: 231.590.2395
office: 231.534.7230
Email: victoria.chippewa@gtb-nsn.gov



GTB LIFELONG LEARNING PRESENTS
Pumpkin Party

OPEN TO ALL TRIBAL YOUTH AND FAMILIES IN THE 6 COUNTY SERVICE AREA*

Pumpkin Carving!
Face Painting!
Surprises!

4:30PM - 7PM | **3 Mile Office**
Thursday, October 23rd

4:30PM - 7PM | **Strongheart**
Monday, October 27th

Costumes Welcome!
Dinner Provided (until meals run out) !

*not a drop off event.

MORE INFO Torie Chippewa: 231.534.7230
Catherine Crowley: 231.534.7751
Kaylie Hutcheon: 231.534.7755

YOUTH SERVICES OPEN CENTER DAYS

Creating a safe open space for students to come hang out after school.

help with homework

crafting

PLAY BOARD GAMES

with library next door we have computer access and books!



please call or email a week in advance to let us know that your student would be attending.

Torie Chippewa
Youth Intervention Specialist
phone. 231534.7230
cell.231.590.2395
email.
victoria.chippewa@gtb-nsn.gov





GTB HEALTH SERVICES



GTB FAMILY HEALTH CLINIC WEIGHT MANAGEMENT PROGRAM

Effective 10/01/2025, the GTB Family Health Clinic Weight Management Program is undergoing changes that will enhance the patient’s experience and assist GTB Providers with maintaining the necessary documentation to ensure that participation in the program has efficacy and teamwork in patient weight management.

Treatment Requirements:

1. GTB Family Health Clinic must be your primary care provider.
2. All Semaglutide (Wegovy) or tirzepatide(Zepbound) prescriptions must be filled at the GTB Pharmacy.
3. Initial BMI of greater than 30
4. Must take part in dietary education (reading handouts, discussing with provider and clinical staff, and/or meeting with a registered dietitian) and improved daily activity (Strong Heart Center/ other gym, activity journal, smart phone activity tracking data, etc.)
5. Nocontraindications to use of Semaglutide (Wegovy) or tirzepatide(Zepbound):
 - ◆ Personal or family history of thyroid cancer
 - ◆ Planning or are pregnant
 - ◆ Breast feeding
 - ◆ Type 1 Diabetes Mellitus
 - ◆ Concurrent use of another GLP-1 or similar medication (e.g. Mounjaro, Ozempic, Victoza, Trulicity)

When on Semaglutide (Wegovy), you must complete the following at given intervals, to assure safe and effective use of the medication:

1. Once-a-month in person-visit for weight check (can be walk-in nurse visit)
 - ◆ Providers will not accept home weights for treatment; for accuracy, must use weight from clinic scale.
2. Weight loss in person appointment with provider at indicated interval
 - ◆ While titrating medication, once-a-month visit
 - ◆ While on maintenance/maximum dose, once every three months.
3. Lab work at the beginning of treatment, then at least once a year:
 - ◆ Kidney Function Test



Grand Traverse Band
Family Health Clinic
October 2025
Vaccination Schedule

GTB FHC is pleased to offer seasonal influenza vaccines to our clinic eligible clients. This includes GTB tribal members, any Federally recognized tribal member, GTB tribal member spouses, and GTB employees. Updated registration and consent form required prior to services. COVID vaccines are reserved for Elders and high-risk only at this time

DATE/TIME	LOCATIONS	OTHER INFORMATION
Available during regularly scheduled provider visits, and may receive during nurse walk-in hours M-F 9-11am and 2-4pm while supply lasts	Medicine Lodge Clinic 2300 N Stallman Rd Peshawbestown, MI	High risk: aged 55 or above, chronic health problems such as diabetes, heart or kidney disease, asthma, people with weakened immune systems due to cancer, HIV/AIDS, long-term corticosteroid therapy, pregnant women, Health care workers; and children under 2 years old, children on aspirin therapy, or with sickle-cell anemia, or caregivers of these chil-dren and of children less than 6 months of age.
Tues Oct 21st 1:30 to 3:30pm	Benzie Satellite office	Questions please call CHR Tamra Newton (231) 534-7205
Tues Oct 7th 11a-3p	Charlevoix Satellite office	Questions, please call Jacqueline Paul (231) 534-7061
Tues Oct 14th 10am-12pm Tuesday Oct 28th 10am-12pm	Traverse City Satellite office	Questions, please call CHR Raneer Compo (231) 534-7772 or TC Office (231) 534-7760
Tuesday Oct 14th 1:30-3:30pm Tues Oct 28th 1:30-3:30pm	Turtle Creek Ballroom B	To Schedule Call GTB Clinic (231) 534-7200 Questions, please call Linda DePetro (231) 313-9411 or (231) 534-8423

Dates are subject to change & based on availability. Stay tuned for future dates to be announced!

Questions, please call
GTB CLINIC
Phone: (231) 534-7200
Toll-free: 866-534-7750 ext. 7200
Fax: (231) 534-7460
E-mail: Mari.Raphael@GTB-nsn.gov

- ◆ Liver Function Test
 - ◆ Cholesterol Test
4. Once every 90 days (3 months), you will need to reassess your daily calorie requirements and activity level to sustain weight loss. Your provider and nursing staff can assist with this at your appointments, or as needed. For more information, please contact the GTB Family Health Clinic at (231) 534-7200

TRANSPORTATION SERVICES

The GTB Health Department is committed to providing health-related transportation services to GTB members.



We are happy to announce our new Transporter: Jeffrey Chippewa

Transportation Services Policy and Procedures:

1. Prioritize GTB Elderly and Disabled members, and GTB members with NO OTHER means of transportation.
2. Must schedule at least 24 hours in advance by calling the Transportation Hotline: (231) 534-7222, with appointment(s) date and time and a follow-up phone number.
3. Transportation is based on the availability of the Transporter.
4. All rules pertaining to the availability of other means of transport must be exhausted prior to the transport.
5. All patients under the age of 18 must be accompanied by a parent.
6. For a prescription pick-up, please call the Transporter at (231) 534-7222 BEFORE 10 am or BEFORE 3 pm.
7. In the event that GTB offices are closed due to inclement weather and holidays, no transportation will be provided.



Native Food for Life Online

Program for Type 2 Diabetes, Prediabetes, and Gestational Diabetes

6-week course!



Join a free, 6-session online plant-based nutrition and cooking course offered by The American Indian Institute & PCRM – Instructed by: Darylin Berryman

We'll meet virtually every Tuesday at 8pm beginning October 7,2025.

This FREE 6-class series is designed to help anyone who wants to learn about nutrition for diabetes treatment and prevention. Everyone, tribal and non-tribal, are welcome!

Learn about the health benefits of a plant-based diet. View cooking demonstrations and learn new cooking skills. Receive advice and information from health and nutrition experts. Zoom link provided after registration.

Use QR Code or email or call to register.

Darylin.Berryman@gtb-nsn.gov, 231-534-7234



PhysiciansCommittee
for Responsible Medicine



GTB HEALTH SERVICES



COMMUNITY HEALTH REPRESENTATIVES (CHR)

- Benzie/Manistee Counties
TAMRA NEWTON
231-534-7205
- Grand Traverse/Antrim Counties
RANEE CAMPO
231-534-7772
- Charlevoix County
VIRGINIA FIELDS
231-534-7062
- Leelanau County
AMANDA MCSAUBY
231-534-7202

VISION

Providing education about healthy food choices and the importance how traditional foods can empower individuals to make informed decisions

MISSION

Promote traditional foodways: Encouraging the consumption of traditional foods can help restore cultural identity and promote healthier eating habits.

Focus on whole, plant-based foods: Emphasizing vegetables, fruits, whole grains, and lean proteins, and reducing processed foods, sugary drinks, and high-fat items.

Culturally relevant interventions: Developing programs and education materials that are sensitive to the cultural context and traditions of Native communities.

LIVE A HEALTHY LIFE THE TRADITIONAL WAY!

Recognizing and addressing historical consequences of colonization, forced relocation, and harmful policies that contribute to health disparities is crucial for effective nutrition education efforts.

CHALLENGES TO MODERN NATIVE AMERICAN DIETS

Processed Foods: High consumption of processed foods, high in sugar, salt, and unhealthy fats, contributes to health issues.

Limited Access to Traditional Foods: Reservations often lack access to fresh, affordable traditional foods, leading to reliance on processed options.

High Rates of Obesity and Diabetes: These conditions are prevalent in Native American communities, partly due to dietary changes and lack of physical activity.

Food Insecurity: Many Native American communities face food insecurity, making it difficult to obtain nutritious meals.

Wild Rice

✓ Low-Sodium

✓ Low-Fat

✓ Cholesterol-Free

A serving of wild rice provides 82 milligrams of phosphorus, 32 milligrams of magnesium, and 1.34 milligrams of zinc

101 CALORIES

1.8g FIBER

0.7g SUGAR

0.3g FAT

4g PROTEIN

3mg SODIUM

21.3g CARBS

2 tsp (30 ml)

verywell

2 tsp (30 ml)

TRADITIONAL FOODS AND DIETARY PATTERNS

There are several benefits of eating traditional food:

Wild Game: Venison, bison, rabbit, and other wild game provided lean protein and essential nutrients.


Fish: Salmon, trout, and other fish from rivers and lakes were a staple, offering omega-3 fatty acids and protein.

Fruits and Vegetables: Berries, squash, corn, beans, and other vegetables were consumed fresh or preserved for later use.

Plants: Wild rice, nuts, seeds, and medicinal plants were incorporated into the diet.

“Three Sister’s” Farming: Corn, beans and squash were traditionally grown together, maximizing nutrient availability.

Healthy Fats: Acorns, nuts, and other sources provided healthy fats.



“Three Sisters” Soup Recipe

Ingredients

- 2 cups yellow squash
- 1 cup of hominy
- 1 cup of yellow corn
- 2 cloves of garlic
- 1 small onion
- 2 cups cooked lima beans
- 3 tomatoes
- 3 cup vegetable stock/water
- 1 bunch cilantro
- 1 tsp cumin
- salt/pepper

Instructions

1. Sauté the garlic and onion in some olive oil.
2. Add the squash, hominy, lima beans, tomatoes, cumin, salt, pepper, and vegetable stock. Bring to a boil then reduce to a simmer.
3. Cook for 1 hour.
4. Top with cilantro.

We need to prioritize health by embracing traditional and cultural foods. Through education and support, we can empower each other and our communities to pursue healthier lifestyles by adopting a nutritious and balanced diet.



Mission: To help improve the quality of life for Leelanau County residents and their families who are affected by cancer.

Goals: We focus on help, which sustains hope in families who are affected by cancer. Knowing your neighbors care and are cheering you on, and that some expenses will be covered, can be a huge comfort. Here are a few ways that we can help our neighbors in their time of need.

Regular Expenses: Mortgage payments, rent payments, utility bills and childcare expenses don’t disappear when a medical crisis occurs. But the threat of eviction or foreclosure looms especially large when someone is also fighting a serious disease. LCCF focuses on helping our residents by alleviating some of those costs.

Home and Lawn Maintenance and Auto Repairs: Cancer can be disabling. Patients may not be able to do all that they used to around the house and yard. Family members are often stretched to the maximum with caregiving. Getting that car repaired or accepting a gas card can be essential to making it to important medical appointments.

Insurance and Well-Being: Auto insurance and health insurance are crucial expenses as are the costs of dental care. Are you faced with paying your regular insurance bills, but because of your medical expenses there isn’t enough? LCCF can help.

Travel Costs: Munson Medical Center’s Cowell Family Cancer Center provides state-of-the-art oncology care, but there are times when a patient may be referred for care elsewhere, or may choose it. LCCF helps with the cost of travel and lodging.

Contact Leelanau County Cancer Foundation for help!
If you need help with non-medical expenses, please contact us by contacting **Terry Gremel, MSW at 231-645-2120**

For more information visit:
<https://www.leelanaucountycancerfoundation.org/>





**OCTOBER IS DENTAL HYGIENE MONTH
LET'S PRACTICE EXCELLENT ORAL HYGIENE AT HOME!**

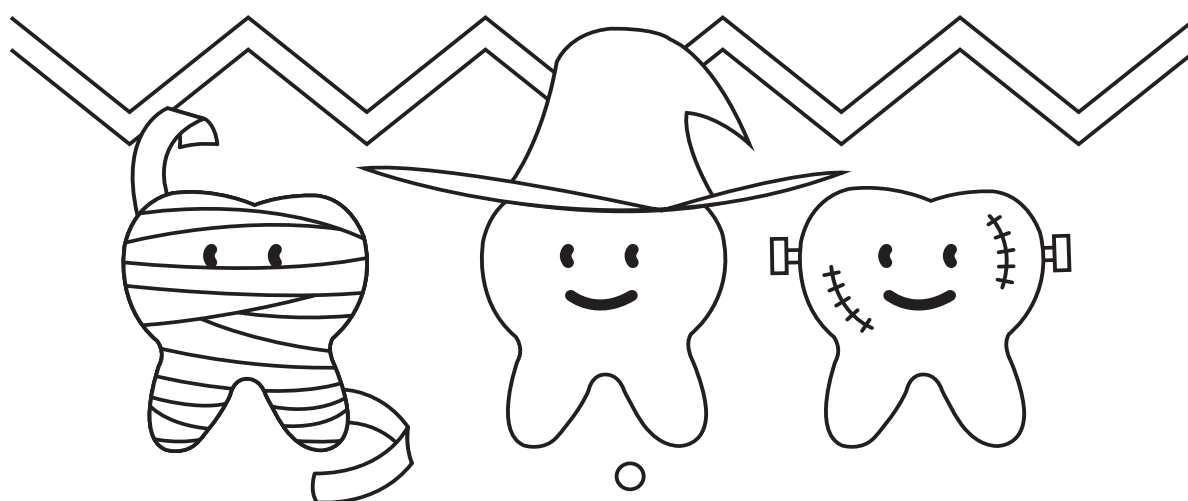
THE 5 STAGES OF HEALTH IN A TOOTH

Please remember these vital oral hygiene recommendations to ensure you keep your teeth healthy and happy! Be sure to brush when you wake up, before you go to sleep,



**CALL US TODAY TO
SCHEDULE YOUR
APPOINTMENT
(231) 534-7721**

Coloring and Activity Sheet



T C F U N F P L M Q V V T
P R A B A L L E R I N A O
R B I E W O R T S Y D M O
I C D C O S T U M E W P T
N A C X K S F G K I R I H
C N K G H O S T T S V R B
E D L B M P R C D C L E R
S Y Q R C T H T I F P W U
S B R U S H N S R A T F S
R X H A L L O W E E N U H
D E N T I S T Y Z J A D X
A J B G Y K O O P S G T J
Z D S U P E R H E R O C M

[illegible]

AGRICULTURAL & FOOD SOVEREIGNTY

A GROWING SEASON IN THE REARVIEW

As the 2025 growing season comes to a close, the GTB Agriculture & Food Sovereignty Department reflects on another year of hard work, growth, and community nourishment. While a few crops like tomatoes, corn, carrots, and pumpkins are still in the field and hoop houses, we are already preparing for sugar bush and the 2026 season ahead.

This year’s harvest was abundant:

- ◆ 1,500 lbs. of onions
- ◆ 2,000 lbs. of tomatoes
- ◆ 150 lbs. of peppers
- ◆ 300 lbs. of carrots
- ◆ 200 lbs. of beets
- ◆ 1,000 lbs. of cucumbers
- ◆ ...and many more

Most of this food nourished our people directly—distributed through the **GTB Food Pantries, shared at the GTB Pow Wow, Health Fair, Fair & Feast, Traditional Cookouts at the Gitigaan, and served at Elders meals.**

One highlight of the season was a powerful collaboration with the **GTB Elders Department**, where staff and Elders came together to preserve the harvest. Together, we canned more than 650 lbs. of tomatoes, 100 lbs. of onions, and 40 lbs. of peppers in September. These jars will provide healthy, traditional foods throughout the year at Elders meals—a true example of community strength.

RECORD-BREAKING TRADITIONAL CORN HARVEST AHEAD

Help Harvest Our Largest Crop Yet!

This year, the GTB Agriculture team has grown five times more traditional corn than in previous seasons. Now we need community hands to help bring it in!

All GTB Members are welcome to visit the Peshawbestown Gitigaan (north of Strongheart Center) throughout October to take part in harvesting. Together, we’ll ensure that this sacred and traditional food is available to all our people throughout the year.

We are also preparing corn for Ghost Suppers—last year’s dried corn will be available upon request.

To arrange a time to pick up corn, contact Agriculture Manager William Derouin at (231) 534-7023.

While we don’t yet have pre-ashed corn available, we are working toward a system that will allow us to provide ashed, dried, and stored corn year-round, a big step for food sovereignty and accessibility.

GET INVOLVED, THIS IS YOUR FOOD SOVEREIGNTY

The work of the Agriculture & Food Sovereignty Department is rooted in community. Every onion pulled, every jar canned, every deer honored, and every ear of corn harvested is a step toward reclaiming traditional foods and strengthening our Nation’s future.

We encourage all GTB Members to take part—whether it’s volunteering in the

Gitigaan, attending workshops, or simply sharing meals with Elders. Together, we can grow more than food—we can grow sovereignty, health, and connection.

BOOZHOO TO OUR NEW AGRICULTURE COORDINATOR

We are proud to welcome Charles “CJ” McGrath as our new GTB Agriculture Coordinator.

CJ has served the GTB community in many ways, volunteering on the farm, maintaining the Strongheart Disc Golf Course, and offering his time and skills wherever needed. With culinary experience and a strong dedication to community wellness, CJ will help guide our food production and distribution programs forward.

Boozhoo, CJ—we are excited to walk this path of food sovereignty together!



3RD ANNUAL DEER PROCESSING WORKSHOP HONORING THE WAAWAAKESH

October 7 | 5:00 – 8:00 PM
Join us for an evening honoring the great Waawaakesh (white-tail deer). This hands-on workshop will:

- ◆ Begin with a prayer of gratitude for the deer
- ◆ Demonstrate skinning, quartering, and breaking down a whitetail
- ◆ Show participants how to vacuum pack meat for long-term storage

In past years, participants have also enjoyed smoked venison jerky prepared on-site, and we hope to offer that again this year. Over a dozen Tribal Members attend each year, and it’s a wonderful way to connect culture with practical skills. Bring your family, this is an opportunity to learn, share, and honor together.

WAAWAAKESH (DEER) PROCESSING WORKSHOP

October 7, 2025 • 5:00 PM to 8:00 PM
GTB Natural Resource Dept. - 3505 Putnam Rd.

Interested in learning how to process your own deer this hunting season?

Join our hands-on workshop where we'll start with a field dressed deer and show you how to skin, quarter, break down cuts of meat, and vaccum-packing meat. Plus, we'll have a smoker running with delicious venison jerky to sample.

If you have any questions or would like to sign up, please contact our Agriculture Manager, William Derouin.

Contact: William Derouin • (231) 534-7023 • William.Derouin@gtb-nsn.gov



GTB SUGAR BUSH LOGO CONTEST

Do you have a creative vision rooted in tradition?

We are seeking original artwork to represent the 2026 Sugar Bush Season! The winning design will be featured on promotional pieces, educational materials, T-shirts, tote bags, signage, and more.

Winner Receives: \$500 Award

(All original artwork will be returned to the artist. GTB Agriculture & Food Sovereignty will retain the rights to use the winning design.)

Deadline: October 30, 2025
Winner Announced: December 12, 2025
(Selected by GTB Tribal Council)

Submission Guidelines:

- Must include traditional Anishnaabe sugar bush imagery (maple leaf, maple tree, taps, snow, maple sugar, etc.)
- Artwork must be anonymous (no names, initials, or identifying marks)
- Design must work as a stand-alone logo for multiple uses.
- Color palette may include Medicine Wheel colors, but should be limited for easier printing.

Contact:
William Derouin
William.Derouin@gtb-nsn.gov
(231) 534-7023

**MSU PROGRAM
ANNOUNCES 2025
MICHIGAN HERITAGE
AWARDEES**



A cartoon illustration of a brown moose with large, light brown antlers. The moose has a thick brown beard and is standing on four legs. It has a small white cross-like mark on its side. The background is white.

Deer & Turkey Harvest Tags are Available!!!

A photograph of three individuals standing outdoors. On the left is an older man with grey hair and glasses, wearing a grey hoodie, holding a large framed certificate with a red border. In the center is a woman with curly brown hair and glasses, wearing a grey hoodie, holding a smaller framed certificate. On the right is a younger woman with long dark hair, wearing a dark jacket, smiling. The background shows a blurred outdoor setting with trees and a car.

Again as I have said, I feel blessed to have been able to have this opportunity to nominate and see my parents receive this award especially now in this time where we have been going through so much, but also to have it be here in a place where they love to be, and in front of family and community who mean so much. Congratulations Mom, Dad, Treaty fish co. And to all crew who put so much into making our business what it is.

THE TRUTH ABOUT FENTANYL: ORIGINS, OVERDOSES, AND DANGERS OF FAKE PILLS

DEA LAB TESTING REVEALS THAT

5 OUT OF EVERY 10 PILLS

WITH FENTANYL CONTAIN A POTENTIALLY

LETHAL DOSE



WHAT IS FENTANYL?

Fentanyl is a potent synthetic opioid drug approved by the FDA for use as an analgesic (pain relief) and anesthetic. It is approximately 100 times more potent than morphine and 50 times more potent than heroin as an analgesic.

WHAT IS ITS ORIGIN?

Fentanyl was first developed in 1959 and introduced in the 1960s as an intravenous anesthetic. It is legally manufactured and distributed in the United States. Licit fentanyl pharmaceutical products are diverted via theft, fraudulent prescriptions, and illicit distribution by patients, physicians, nurses, physician assistants, nurse practitioners, and pharmacists.

From 2011 through 2021, both fatal overdoses associated with use of clandestinely produced fentanyl and fentanyl analogs, and law enforcement encounters increased markedly.

According to CDC, overdose deaths involving synthetic opioids, excluding methadone were involved in roughly 2,600 drug overdose deaths each year in 2011 and 2012, but from 2013 through 2021, the number of drug overdose deaths involving synthetic opioids, excluding methadone increased dramatically each year, to more than 71,000 in 2021. The total number of overdose deaths for this category was greater than 260,000 for 2013 through 2021. These overdose deaths involving synthetic opioids is primarily driven by illicitly manufactured fentanyl, including fentanyl analogs. Consistent with overdose death data, the trafficking, distribution, and use of illicitly produced fentanyl and fentanyl analogs positively correlates with the associated dramatic increase in overdose fatalities.

WHAT ARE COMMON STREET NAMES?

Common street names include: Apache, China Girl, China Town, Dance Fever, Friend, Goodfellas, Great Bear, He-Man, Jackpot, King Ivory, Murder 8, and Tango & Cash.



A lethal dose of fentanyl

STAYING ALERT: RECOGNIZING & RESPONDING TO EFFECTS

WHAT DOES IT LOOK LIKE?

Clandestinely produced fentanyl is encountered either as a powder or in fake tablets and is sold alone or in combination with other drugs such as heroin or cocaine.

Fentanyl pharmaceutical products are currently available in the following dosage forms: oral transmucosal lozenges commonly referred to as fentanyl "lollipops" (Actiq®), effervescent buccal tablets (Fentora®), sublingual tablets (Abstral®), sublingual sprays (Subsys®), nasal sprays (Lazanda®), transdermal patches (Duragesic®), and injectable formulations.



Fake rainbow oxycodone M30 tablets containing fentanyl

HOW IS IT USED?

Fentanyl can be injected, snorted/sniffed, smoked, taken orally by pill or tablet, and spiked onto blotter paper. Illicitly produced fentanyl is sold alone or in combination with heroin and other substances and has been identified in fake pills, mimicking pharmaceutical drugs such as oxycodone. Fentanyl patches are misused by removing its gel contents and then injecting or ingesting these contents. Patches have also been frozen, cut into pieces, and placed under the tongue or in the cheek cavity. According to the National Forensic Laboratory Information System - National Estimates Based on All Reports estimates, reports on fentanyl (both pharmaceutical and clandestinely produced) increased from 4,697 in 2014 to over 163,201 in 2022, as reported by federal, state, and local forensic laboratories in the United States.

WHAT IS THE EFFECT ON THE BODY?

Fentanyl, similar to other commonly used opioid analgesics (e.g., morphine), produces effects such as relaxation, euphoria, pain relief, sedation, confusion, drowsiness, dizziness, nausea, vomiting, urinary retention, pupillary constriction, and respiratory depression.

WHAT ARE THE OVERDOSE EFFECTS?

Overdose may result in stupor, changes in pupillary size, cold and clammy skin, cyanosis, coma, and respiratory failure leading to death. The presence of triad of symptoms such as coma, pinpoint pupils, and respiratory depression are strongly suggestive of opioid poisoning.

WHICH DRUGS CAUSE SIMILAR EFFECTS?

Drugs that cause similar effects include other opioids such as morphine, hydrocodone, oxycodone, hydromorphone, methadone, and heroin.

THE ONLY SAFE MEDICATIONS ARE ONES THAT COME FROM LICENSED AND ACCREDITED MEDICAL PROFESSIONALS.

DEA warns that pills purchased outside of a licensed pharmacy are illegal, dangerous, and potentially lethal.

CRIMINAL DRUG NETWORKS ARE FLOODING THE U.S. WITH DEADLY FAKE PILLS.

- ◆ Criminal drug networks are mass-producing fake pills and falsely marketing them as legitimate prescription pills to deceive the American public.
- ◆ Fake pills are easy to purchase, widely available, often contain fentanyl or methamphetamine, and can be deadly.
- ◆ Fake prescription pills are easily accessible and often sold on social media and e-commerce platforms, making them available to anyone with a smartphone.
- ◆ Many fake pills are made to look like prescription opioids such as oxycodone (Oxycontin®, Percocet®), hydrocodone (Vicodin®), and alprazolam (Xanax®); or stimulants like amphetamines



(Adderall®).

For more information about fake pills, go to [DEA.gov/OnePill](https://www.dea.gov/OnePill)

COMMUNITY PARTNERS ARE HERE TO KEEPING OUR COMMUNITY INFORMED AND SAFE!



Learn More

Tanya Campos

Diversions Investigator

Grand Rapids District Office

Phone: 517-362-2667

Mobile: 813-326-2256

Email: Tanya.M.Campos@dea.gov

PUBLIC SAFETY

Online Safety & Sextortion Awareness

The FBI continues to warn about the growing threat of sextortion, a crime where predators coerce children and teens into sending explicit images online. Offenders often pose as peers or offer money, gifts, or gaming credits to gain trust. Once images are shared, criminals may threaten to release them publicly unless more are provided.

In addition to traditional sextortion, cases of financial sextortion are also rising. In these situations, predators demand money or gift cards in exchange for not releasing compromising material. Sadly, even when payments are made, the threats usually continue—and the emotional toll can be devastating.

Young people need to know that sextortion can start anywhere they connect online—social media, apps, messaging platforms, or video games. Offenders may use fake profiles or stolen images to target many youth at once. Even if something feels private, once it is shared online it can be made public.

Caregivers play a key role in prevention. Open conversations about online safety, checking privacy settings, and setting boundaries around device use can all help reduce risks. Most importantly, remind children that if they become victims, they are not to blame, and help is available without fear of punishment.

If you or someone you know is being targeted, report it immediately. Contact your local FBI field office, call 1-800-CALL-FBI, or file a report online at www.tips.fbi.gov.



Preparedness Saves Lives: At Home and On the Road

Emergencies can happen anywhere—at home or on the road. With winter approaching, preparedness is especially important for keeping families safe.

At home, Public Safety encourages every household to take four key steps:

- 1. Be Informed** – Know your community’s hazards and warning systems.
- 2. Make a Plan** – Establish evacuation routes, meeting points, and emergency contacts.
- 3. Build a Kit** – Keep a 72-hour kit with food, water, and essential supplies.
- 4. Practice & Maintain** – Run

family drills and refresh supplies regularly.

On the road, an auto emergency kit can be a lifesaver during Michigan’s harsh winter conditions. Drivers should stock their vehicles with a flashlight, extra batteries, jumper cables, reflective triangles or flares, a blanket, warm clothes, ice scraper/brush, cat litter or sand for traction, and a charged cell phone with car charger. Food, water, and a first aid kit should also be included.

Another simple tip: keep your gas tank at least half full to avoid being stranded. Preparedness today can prevent tragedy tomorrow.

Staying Alert: Recognizing & Responding to Threats

Community members play a vital role in keeping one another safe. Awareness of suspicious behavior and knowing how to respond in dangerous situations can save lives.

RECOGNIZING WARNING SIGNS

Terrorist or violent activity may be signaled by unusual behaviors such as:

- Surveillance or photography of facilities.
- Theft of uniforms, IDs, or hazardous materials.
- Attempts to access restricted areas.
- Storing large quantities of weapons or toxic substances.

If you see suspicious activity, call 911 in emergencies or 855-MICHTIP to leave an anonymous tip in Michigan.

RESPONDING TO ACTIVE VIOLENCE

If violence occurs, quick decisions matter:

- Run if possible—leave belongings and move to safety.
- Hide if escape isn’t possible—lock doors, block entry, stay silent.
- Fight only as a last resort—use aggression and improvised weapons.

When law enforcement arrives, remain calm, keep hands visible, and follow instructions. Staying alert and prepared ensures you can protect yourself and others.

You Are the Help Until Help Arrives

In many emergencies, bystanders are the first on the scene—and their actions can mean the difference between life and death. Trauma is the leading cause of death for Americans under 46, but immediate aid can keep someone alive until professionals arrive.



The program You Are the Help Until Help Arrives teaches five simple steps:

1. Call 911
2. Protect the injured from harm
3. Stop the bleeding
4. Position the injured to breathe
5. Provide comfort

These skills can be learned by anyone and require no medical background. Free resources and training are available at www.ready.gov/untilhelparrives.

Being prepared doesn’t just protect you—it empowers you to protect others.



FIRE & RESCUE



Pictured: First responders from GTB Fire, Natural Resources, Emergency Management, Leland Township Fire and Rescue, Cedar Area Fire & Rescue, Traverse City Fire, and the U.S. Coast Guard deploying oil spill response equipment.

GTB Fire Department Trains with EPA and Coast Guard on Oil Spill Response

The Grand Traverse Band Fire Department recently joined federal, Tribal, and local partners in a two-day oil spill response training coordinated by the GTB Natural Resources Department. The training, led by the U.S. Environmental Protection Agency (EPA) and U.S. Coast Guard, combined classroom learning with hands-on exercises on local waterways.

Day one of the training took place at the Arthur Duhamel Marina, where GTB Fire, GTB Emergency Management, Leland Township Fire and Rescue, Cedar Area Fire & Rescue, Traverse City Fire, and the U.S. Coast Guard worked side-by-side deploying containment boom around a boat. Responders also trained with a Water-Gate Instant Under Flow Dam at Northport Creek and Mill Pond—equipment designed to

prevent spills from spreading while still allowing water to flow.

On day two, crews continued hands-on work at Victoria Creek in Cedar, practicing additional spill response techniques. This included deploying booms to redirect oil toward collection points, an important step in protecting waterways during a spill.

Even small amounts of oil can cause serious harm to humans and wildlife. Training opportunities like this prepare GTB Fire and our local partners to respond quickly and effectively, reducing the impact of potential spills.

The GTB Fire Department thanks the GTB Natural Resources Department for coordinating this important training and our partner agencies for their participation.

GTB Fire Department Offers Free Halloween Candy Safety Inspection

The Grand Traverse Band Fire Department is helping families enjoy a safe and fun Halloween by offering free candy safety inspections on October 31, 2025.

From 6:00 p.m. to 9:00 p.m., families are invited to bring their children's trick-or-treat candy to the GTB Fire Department, located at 3501 N. Putnam Road in Peshawbestown. Fire department personnel will be on hand to review candy collections, ensuring they are safe for children to enjoy. This event is open to everyone, not just the Tribal community.

This initiative reflects the department's ongoing commitment to community safety and public service. By taking part, families can add an extra layer of reassurance to their

The Grand Traverse Band Fire Department invites families to bring their children's Halloween candy for a free safety inspection. Fire department personnel will be available to review candy collections to help ensure a safe and enjoyable holiday.

This initiative is part of our ongoing commitment to community safety and public service. We encourage families to take advantage of this opportunity and visit the fire station for a brief inspection.

For additional information, please contact the Grand Traverse Band Fire Department at
231-534-7666
firerescue@gtb-nsn.gov
October 31, 2025
Hours 6pm – 9pm

HALLOWEEN CANDY SAFETY INSPECTION
GRAND TRAVERSE BAND FIRE DEPARTMENT
3501 N. PUTNAM ROAD, PESHAWBESTOWN

holiday celebrations.

Halloween is one of the busiest nights of the year for children and families, with increased pedestrian activity, traffic, and candy exchanges. Hosting a candy inspection event provides an opportunity for families to connect with local first responders while reinforcing safe holiday habits. It also gives children a chance to meet firefighters in a positive, welcoming environment outside of emergency situations.

The GTB Fire Department emphasizes that the goal of this event is to provide parents with peace of mind while ensuring children can safely enjoy the holiday. Offering this service is one of the many ways the department continues to protect and serve the broader community.

For more information, families can contact the GTB Fire Department at 231-534-7666 or by email at firerescue@gtb-nsn.gov.

100 Employment	130 Services
105 Lost and Found	135 Events
115 For Sale	140 Legal Notice
120 Announcements	145 Mino-Dibishkaan
125 Miigwech	150 Bereavement

100 Employment

Government Operations

Assistant General Counsel I (FT)
J.D. from an accredited law school required. Michigan State Bar license or ability to obtain within 1 year. At least six to eight (6-8)years of practicing law in Michigan and in Indian Country. Must have participated as the principal attorney, or assistant to the principal attorney, in litigation that resulted in a published opinion in federal, state or tribal court. Indian law litigation preferred. Must have a valid unrestricted Driver's license and be insurable by the GTB insurance carrier. Vehicle. -\$DOE - until filled

Behavioral Health Therapist (FT)
A Master's Degree in Psychology, Counseling, Social Work, Psychiatric Nursing, or related field required. State of Michigan full Licensure required. A min. of (2) yrs. Experience providing substance abuse and/or mental health counseling of high-risk populations including mental health, substance abuse & addictive disorders, and/ or prevention/community education services required. Certified Advanced Alcohol and Drug Counselor (CAADC), or ability to obtain within (1) yr. Must have a valid unrestricted driver license and be insurable by the GTB insurance carrier. -\$91,639/yr. - until filled

Bookkeeper/Assistant Program Director (FT)
Associates Degree in Accounting, Finance, Business Administration or Public Administration is required. Must have a minimum of 3 years of experience working in bookkeeping, prefer working with multiple federal grants/contracts. Must have a valid unrestricted Driver's license and be insurable by the GTB insurance carrier. -\$18.55/hr. - until 8.5.25

Chief Tribal Judge (FT)
Is a member of the Grand Traverse Band who has attained the age of eighteen (18) and/or is an attorney licensed to practice before the courts of a state in the United States. 5 years of experience in legal practice. Has not been convicted, within ten (10) years of such appointment, of any felony by a court of competent jurisdiction. Must have a valid unrestricted driver license and be insurable by the GTB insurance carrier. -\$DOE/yr. - until filled

Dental Hygienist (FT)
Associates Degree in Dental Hygiene and Licensure in State of Michigan. Twenty-four hours of biennial continuing education including four hours' HIV-AIDS and three hours' CPR training. Competence in operation of

standard dental equipment: cavitron, prophyjet, X-ray, radiograph processor, panelipse, dental chair and unit, sterilizers, hand scalers, and cures. At least one year of experience as a full time dental hygienist preferred. -\$36.62/hr. - until filled

Early Head Start Teacher (FT)
Minimum educational requirement of an Associate's Degree in early childhood education. Two years experience in infant/toddler classroom is preferred. Able to develop and implement short and long term educational goals. Ability to apply Early Childhood Development theory in daily classroom activities, and adapt to the individual needs of children. Excellent communication skills, especially good listening skills. Working knowledge of available community resources and Early Head Start components. -\$19.52/hr. - until filled

EHS Education & Family Services Coordinator (FT)
Must have a BA in Human Services or Social Work field. Must have experience in a supervisory position, with strong team leadership skills. One to three years experience in working in an Early Head Start and/or Head Start program preferred. Previous experience in the field, with skills in classroom management, and curriculum planning. Must obtain CPR/First Aid certification. -\$44,595.20/yr. - until filled

EHS/HS Bus Driver - Part Time (PT)
Must have High School diploma or GED. Must be able to effectively communicate with children & adults in an appropriate manner. Must have First Aide Certification or obtain a CPR/First Aid certification (within 30 days). Ability to observe & evaluate children in a non-biased manner. Must be willing to & as well as obtain a CDA within first (2) yrs. of hire. -\$18.55/hr. - until filled

EHS/HS Health & Disabilities Coordinator (FT)
Bachelor's Degree with strong emphasis in Health, Social Services, Psychology or Early Childhood Education. 1-3 yrs. experience preferred. Advanced knowledge of applicable law, regulations, rules & procedures of the Head Start/Early Head Start program. Must maintain current CPR/First Aid Certification -\$44,595.20/yr. - until filled

(2) EHS/HS Home Visitor (FT)
An Associates Degree in Early Childhood Education required. A Bachelor's Degree & (1) yr. of direct experience preferred. (3) yrs.. of directly related experience. -\$19.98/hr. - until filled

Facilities Utility Worker 1st Shift (Temporary)
High school diploma

or G.E.D. preferred. Experience in commercial building maintenance preferred. Carpentry, plumbing and electrical repair experience preferred. Knowledge of safety procedures and safety equipment recommended for use during the course of duty. -\$16.17/hr. - until filled

(2) Facilities Utility Worker 2nd Shift (FT)
High school diploma or GED is preferred. Knowledge of safety procedures and safety equipment recommended for use during the course of duty. Must have good work habits, i.e., punctuality, and low absenteeism. -\$16.17/hr. - until filled

Facilities Utility Worker 2nd Shift (PT)
High school diploma or GED is preferred. Knowledge of safety procedures and safety equipment recommended for use during the course of duty. Must have good work habits, i.e., punctuality, and low absenteeism. -\$16.17/hr. - until filled

Head Start Teacher (FT)
Associates Degree, with a Child Development Certification, with emphasis in early childhood development, Bachelor's Degree preferred. Previous experience preferred with skills in classroom management and curriculum planning. Must maintain current CPR/First Aid certification. Must be proficient in the use of computers and programs such as word processing. Able to develop and implement short and long term educational goals. Good observational skills and ability to summarize observed learning/social behaviors in children. -\$19.98/hr. - until filled

Housing Development Manager (FT)
Must possess a college degree in Business or related field. At least Five (5) years of increasingly responsible administrative experience in the development, planning, funding implementation and operation of governmental funded, low-income directed, housing assistance programs and at least (3) years in a management position. Must have a valid unrestricted driver license and be insurable by the GTB insurance carrier. -\$DOE/hr. - until filled

Housing Maintenance II (FT)

Must have a High school diploma or GED. Be certified in an area related to maintenance or building trades such as carpentry, plumbing, electrical or HVAC or have demonstrated experience/knowledge in one or more areas. Five years' experience in residential unit maintenance. Must have a valid unrestricted driver license and be insurable by the GTB insurance carrier. -\$21.75/hr. - until filled

Housing Utility Worker (FT)
High School Diploma or GED preferred. Must have some housekeeping

experience. Must have a valid Michigan Driver's License and be insurable by the GTB insurance carrier.. -\$16.17/hr. - until filled

Medical Director/ Physician (FT)
Must have an active State of Michigan Physician License, State of Michigan Controlled Substance License, and Federal DEA License, with Board Certification in Family Practice. Must have Community Staff Privileges at Munson Medical Center or obtain within a reasonable time. Must have a valid Michigan Driver's License and be insurable by the GTB insurance carrier. -\$DOE - until filled

On-Call Receptionist - Charlevoix
Must have High School Diploma or GED equivalent. Prefer (1) yr. experience in office management. Must have basic math skills & written skills. -\$14.22/hr. - until filled

On-Call Receptionist
Must have High School Diploma or GED equivalent. Prefer (1) yr. experience in office management. Must have basic math skills & written skills. -\$14.22/hr. - until filled

(2) Police Officer (FT)
Must be at least 21 Years of Age at the time of hire High School diploma required, Associates Degree preferred in law enforcement, criminal justice, corrections or related field. One-year prior experience working in a law enforcement setting preferred. Must be certified or certifiable by Michigan Commission on Law Enforcement Standards (MCOLES) required. Must obtain and maintain a BIA (Special Law Enforcement Commission Must become LEIN certified Must complete Field Training Officer (FTO) Program for continuation of employment. Must be thoroughly familiar with all applicable policies and procedures, Federal Regulations, GTB Tribal Police Department Policies and Procedures, Tribal and State Criminal Codes, Children's Code, Tribal Constitution, Michigan Motor Vehicle, GTB Personnel Policy, Police Department Organic Resolution and Code, and all other applicable rules, regulations and statutes. -\$21.58/hr. (non-certifiable) - \$27.58/hr. - until filled

PRC Manager/PD (FT)
Bachelor's Degree in Health Administration or equivalent education and experience. Minimum of and Associates Degree and five (5) years of experience in Purchased Referred Care. Minimum of five (5) years of experience with Health Database and Financial budget management skills. Must have a valid unrestricted driver license and be insurable by the GTB insurance carrier. -\$52,633/yr. - until filled

Revenue Cycle and Data Manager (FT)
Bachelor's Degree in

Business Administration or Finance. Thorough understanding billing, collections and payment posting, revenue cycle, & third-party payers. Thorough understanding of budget management and reporting for business planning and development, as well as program specific management and reporting. Thorough understanding of Database creation, data analysis, compiling and interpreting data from several systems. (2-3) years' progressive and successful billing cycle and data management experience preferred. Must have a valid unrestricted driver license and be insurable by the GTB insurance carrier. -\$69,450/yr. - until filled

Youth Intervention Specialist- Traverse City (FT)
High School diploma or GED certificate required. Associates degree is required in social work, education or related field. 1-3 years' experience working with Native American Youth. Must have a valid Michigan Driver's License and be insurable by the GTB insurance carrier. Must have and maintain current CPR/First Aid certification.. -\$19.52/hr. - until filled

Government Operations RFP

RFP - Dental Hygienist 2025
GTB is requesting proposals from Dental Hygienist Providers interested in providing as needed Dental Hygienist for our Community. Must be a Licensed Hygienist in Michigan to include a CPR license. Liability insurance is required. -\$SRFP - until filled

RFP - 2026 Personal Trainer
GTB is requesting bid proposals from companies or adult individual/s for a Certified Personal Trainer at the Strongheart Civic Center located in Leelanau County. All questions relating to this RFP, including all questions relating to clarifications or modifications of this RFP can be submitted to: Leanne Alber 231-534-7551 Leanne.Alber@gtb-nsn.gov -\$SRFP - until filled

RFP - 2026 Pilates Instructor
GTB is requesting bid proposals for a Certified Pilates Instructor to offer classes at the Strongheart Center dance room. Each class will be offered once a week for 1 (one) hour duration on day/time agreed upon. The contract performance dates are tentatively October 2025 through May 2026. All questions relating to this RFP, including all questions relating to clarifications or modifications of this RFP can be submitted to: Leanne Alber 231-534-7551 Leanne.Alber@gtb-nsn.gov -\$SRFP - until filled

RFP - 2026 Yoga Instructor
GTB is requesting bid proposals from companies or adult individual/s for yoga instructor(s) for Leelanau county. All questions relating to this

RFP, including all questions relating to clarifications or modifications of this RFP can be submitted to: Leanne Alber 231-534-7551 Leanne.Alber@gtb-nsn.gov -\$RFP - until filled

120 Announcements

VACANCY ON THE COMPENSATION COMMITTEE

One (1) appointment to be filled by the Tribal Council by majority vote for a 2-year term starting August 31, 2025 going through August 30, 2027. Interested registered voters of the GTB membership who are not currently employed by the GTB government, EDC gaming enterprises, or the Grand Traverse Resort are encouraged to submit a letter of interest to the Legal Department. *Please note: you must reside in GTB's six-county service area to serve on this committee.* The Tribal Councilors' Salary Ordinance states that the establishment of the Compensation Committee is to address the questions of compensation, allowances and benefits for Tribal Council positions. The open committee positions will be filled according to 1 GTBC § 404(d) of the GTB Code: The Compensation Committee shall be composed of seven registered voters of the Tribe. (1) Two shall be selected by the Tribal Chair and have a term of offices for four (4) years. Three shall be selected by the Tribal Council by a majority vote and have a term of office for two (2) years. The other two committee members shall be selected by majority vote of the five selected members and have a term of office for three (3) years. (2) Vacancies shall be selected in the same manner as the position which was vacated by term of office, resignations or death. **Please send your letter of interest for the Compensation Committee appointment to:** Attention: Compensation Committee c/o Legal Department GTB of Ottawa & Chippewa Indians 2605 NW Bayshore Drive Peshawbestown, MI 49682

150 Bereavement

June Bailey
GTB Tribal Elder
Traverse City, MI
6/6/1954– 9/20/2025
Respectfully
Acknowledging Our Loss



Jessica Marie Emery
GTB Tribal Member
Traverse City, MI
2/8/1985– 9/25/2025
Respectfully
Acknowledging Our Loss



477 PROGRAM AVAILABLE MONTHLY AT THE 3-MILE OFFICE

Every Last Thursday
of the Month
1:00 PM – 5:00 PM
GTB 3-Mile Office
845 Business Park Drive,
Traverse City, MI

- Eligibility:**
- Must be 18 or older
 - Must be an enrolled member of a federally recognized tribe
 - Must live within GTB's six-county service area
 - Please bring Tribal ID and State ID

SERVICES AVAILABLE ONCE
EVERY 3 YEARS



Contact:
Derrell Shaw
Derrell.Shaw@gtb-nsn.gov
231-534-7767

don't worry beach happy

recreational cannabis

drive-thru
window

weekly deals
rewards
locally owned
231.534.7420

beach fire
cannabis

6038 W Turtle Creek Dr, Williamsburg, MI 49690

Grand Traverse Band of Ottawa and Chippewa Indians
Kchi Wiikwedong Anishinaabek (Grand Traverse Band)

Virtual Anishinaabemowin Class

Monday - Thursday 11AM - 12PM
(Ntam Giizhigad) (Niiwinn Giizhad)

No Zoom class the last Wednesday of each month or when GTB is closed

Join Zoom Meeting
Meeting ID: **730 5294 9904**
Passcode: **GTB2024**
Bit.ly/GTBanishinaabemowin

More information contact :
GTB Cultural Department
(231) 534-7766 or Gov.Cultural@gtb-nsn.gov

**Oct. 2025-
June 2026**

Grand Traverse Band News

Submissions due by
the 3rd Friday each month

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Find us on Facebook:
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CHANGE OF ADDRESS FOR THE NEWSPAPER MUST BE DONE THROUGH THE MEMBERSHIP OFFICE.

WHO'S BAD

THE ULTIMATE
MICHAEL JACKSON
EXPERIENCE

SATURDAY OCTOBER 25, 2025

DOORS OPEN: 7PM • SHOW STARTS: 8PM

TICKETS ON SALE NOW! \$50

MyNorthTickets

LEELANAU SANDS CASINO
LeelanauSandsCasino.com | 800.922.2WIN

Please see Players Club for promotional rules and details. GTB Gaming employees are not eligible. Management reserves the right to alter or withdraw this promotion at any time. Owned and Operated by the Grand Traverse Band of Ottawa and Chippewa Indians.



YOUR SERVICE OUR HONOR

The Grand Traverse Band of Ottawa and Chippewa Indians is honoring our veterans this November with banners displayed throughout GTB-owned properties in recognition of Veterans Day.

We are seeking photos of GTB tribal members who are veterans—whether former or current service members.

Photos in uniform are welcome but not required.

How to Submit Your Photo:

- **Email:** Send a scan of your photo to GTBGovt.News@gtb-nsn.gov
- **In Person:** Bring your original photo to any Satellite Office or GTB Admin.
Please include your return address, so it can be safely mailed back after scanning.

In both cases, please provide the following information:

- Your branch of service
- Wars served in
- Years of service
- Any other relevant information

Photo Submission Deadline: Monday, October 20th

Your photo will help us honor and recognize the service and sacrifice of our veterans with banners placed across GTB properties throughout November.

**Miigwech for helping us
pay tribute to our veterans!**

Contact: Denise Wilson | (231) 534-7338