

All events are free and open to the Native American and Non-Native public. They promote Anishinabek culture, the musical arts, and health through Yang Style Tai Chi. Events hosted by the GTB Heritage Library, GTB Lifelong Learning, and the Institute of Museums and Library Services.

Events Subject to Change

**April
2024**

HERITAGE LIBRARY PRESENTS

Spring EVENTS & ACTIVITIES

Spring Music Lessons: Mondays, Tuesdays, Thursdays, & Fridays 10AM - 5PM @ Heritage Library

30-Minute Guitar, Piano, and Voice lessons by **appointment**. Zoom Lessons Available. The Heritage Library has 3 electric keyboards/pianos, 3 children sized classical guitars, and 3 full sized classical guitars to borrow for lessons. **First Come First Serve. Adults 10AM - 5PM & Children 3PM - 5PM.**

Spring Tai Chi Tuesdays & Thursdays: 12PM - 1PM @ Heritage Library

Enjoy the relaxing art of Tai Chi with Francis Carew, who teaches Yang style Tai Chi, a low impact exercise that improves cardiorespiratory function, hypertension, muscular strength, balance, mobility, flexibility, and mind-body awareness.

Kids/Family Wing Chun Kung Fu Class: Every Saturday 11AM - 12:30PM

Kids/Family Wing Chun Kung Fu Class this winter at the Heritage Library. Come learn the ancient martial art of Kung Fu. No special clothes needed-just loose, comfortable clothing.

Cutting Board Finishing Workshop: 5PM - 7PM @ Various Sites

Come and put the finishing touches on the Cutting Board you made at the Anishinaabek Makerspace Workshops. The Finishing Workshop is the final workshop in the series. **Limited spaces available. RSVP for availability.**

Heritage Library; 4/3/24 3-Mile Office; 4/9/24 Benzie Office; 4/17/24 Charlevoix Office; 4/24/24

More Information:

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