

All events are free and open to the Native American and Non-Native public. They promote Anishinabek culture, the musical arts, and health through Yang Style Tai Chi. Events hosted by the GTB Heritage Library, GTB Lifelong Learning, and the Institute of Museums and Library Services.

**Events Subject to Change**

**August  
2025**

**HERITAGE LIBRARY PRESENTS**

# SUMMER EVENTS & ACTIVITIES

## **Summer Music Lessons: Mondays, Tuesdays, & Thursdays 10AM - 5PM @ Heritage Library**

30-Minute Guitar, Piano, and Voice lessons by **appointment**. Zoom Lessons Available. Music lessons are open to children to adults ages 7 to Elder. The Heritage Library has 1 electric keyboard/piano, 2 children sized classical guitars, and 2 full sized classical guitars to borrow for lessons.

**Children, Youth & Adults 10AM - 5PM according to teacher availability - First Come First Serve.**

## **Summer Tai Chi Tuesdays & Thursdays: 12PM - 1PM @ Heritage Library**

Enjoy the relaxing art of Tai Chi with Francis Carew, who teaches Yang style Tai Chi, a low impact exercise that improves cardiorespiratory function, hypertension, muscular strength, balance, mobility, flexibility, and mind-body awareness.

## **Anishinaabek Makerspace - Medicine Bag Workshop: 5PM - 7PM**

Discover the spirit of creativity and tradition at the Anishinaabek Makerspace! In this hands-on Medicine Bag Workshop, you'll craft your own personalized bag while learning about its powerful meaning in Anishinaabe culture.

### **Heritage Library**

**August 5<sup>th</sup> & 12<sup>th</sup> • 5-7 PM**

2821 N West Bay Shore Dr. Peshawbestown

### **Charlevoix Elders\***

**August 6<sup>th</sup> & 13<sup>th</sup> • 12-3 PM**

10085 Wa-Ba-Noong Mi-Kun, East Jordan

**\* Lunches Will be Provided by the Elders Program**

### **More Information:**

**Francis Carew** (231) 534-7752 [Francis.Carew@gtb-nsn.gov](mailto:Francis.Carew@gtb-nsn.gov)  
**Heritage Library - 2821 N West Bay Shore Dr. Peshawbestown, MI**

