

All events are free and open to the Native American and Non-Native public. They promote Anishinabek culture, the musical arts, and health through Yang Style Tai Chi. Events hosted by the GTB Heritage Library, GTB Lifelong Learning, and the Institute of Museums and Library Services.

Events Subject to Change

**January
2025**

HERITAGE LIBRARY PRESENTS

Winter EVENTS & ACTIVITIES

Winter Music Lessons: Mondays, Tuesdays, & Thursdays 10AM - 5PM @ Heritage Library

30-Minute Guitar, Piano, and Voice lessons by **appointment**. Zoom Lessons Available. Music lessons are open to adults and children. The Heritage Library has 1 electric keyboard/piano, 2 children sized classical guitars, and 2 full sized classical guitars to borrow for lessons.

Youth 3PM - 5PM & Adults 10AM - 5PM according to teacher availability - First Come First Serve.

Winter Tai Chi Tuesdays & Thursdays: 12PM - 1PM @ Heritage Library

Enjoy the relaxing art of Tai Chi with Francis Carew, who teaches Yang style Tai Chi, a low impact exercise that improves cardiorespiratory function, hypertension, muscular strength, balance, mobility, flexibility, and mind-body awareness.

Dreamcatcher Workshop 1: 5PM - 7PM

Join us for a creative adventure in our Anishinaabek Makerspace Workshops! Dive into the art of crafting your very own Dream Catcher. All materials will be provided, so just bring your enthusiasm!

Space is limited, RSUP with the Tribal librarian TODAY!

Heritage Library

January 8th

2821 N. West Bay Shore Dr.
Suttons Bay MI 49682

3-Mile Office

January 14th

845 Business Park Dr.
Traverse City, MI 49686

Charlevoix Office

January 29th

10085 Wa-Ba-Noong Mi-Kun,
East Jordan, MI 49727

Seeking mentors to share the art of dream catcher making & storytelling at each site. Contact the Tribal librarian to get involved!

More Information:

Francis Carew (231) 534-7752 Francis.Carew@gtb-nsn.gov
Heritage Library - 2821 N West Bay Shore Dr. Peshawbestown, MI

