

All events are free and open to the Native American and Non-Native public. They promote Anishinabek culture, the musical arts, and health through Yang Style Tai Chi. Events hosted by the GTB Heritage Library, GTB Lifelong Learning, and the Institute of Museums and Library Services.

Events Subject to Change

**July
2024**

HERITAGE LIBRARY PRESENTS

Summer EVENTS & ACTIVITIES

Summer Music Lessons: Mondays, Tuesdays, & Thursdays 11AM - 5PM @ Heritage Library

30-Minute Guitar, Piano, and Voice lessons by **appointment**. Zoom Lessons Available. Music lessons are open to adults and children. The Heritage Library has 1 electric keyboard/piano, 2 children sized classical guitars, and 2 full sized classical guitars to borrow for lessons.

First Come First Serve.

Summer Tai Chi Tuesdays & Thursdays: 12PM - 1PM @ Heritage Library

Enjoy the relaxing art of Tai Chi with Francis Carew, who teaches Yang style Tai Chi, a low impact exercise that improves cardiorespiratory function, hypertension, muscular strength, balance, mobility, flexibility, and mind-body awareness.

Anishinaabeg Storytime: 5PM - 7 PM

Come join us for Anishinaabeg Storytime. The tribal librarian will read the book Ajiiaak (Crane) by Cecelia Rose LaPointe. It is a short story about caring for our land and water.

Heritage Library: Wednesday July 10th, 2024
2821 N. West Bay Shore Dr. Suffons Bay MI 49682

Benzie Office: Wednesday July 24th, 2024
7282 Hoadley Rd, Benzonia, MI 49616

3-Mile Office: Tuesday July 16th, 2024
845 Business Park Dr, Traverse City, MI 49686

Charlevoix Office: Wednesday July 31st, 2024
10085 Wa-Ba-Noong Mi-Kun, East Jordan, MI 49727

More Information:

Francis Carew (231) 534-7752 Francis.Carew@gtb-nsn.gov
Heritage Library - 2821 N West Bay Shore Dr. Peshawbestown, MI

