

All events are free and open to the Native American and Non-Native public. They promote Anishinabek culture, the musical arts, and health through Yang Style Tai Chi. Events hosted by the GTB Heritage Library, GTB Lifelong Learning, and the Institute of Museums and Library Services.

**Events Subject to Change**

**JULY  
2025**

**HERITAGE LIBRARY PRESENTS**

# SUMMER EVENTS & ACTIVITIES

## **Summer Music Lessons: Mondays, Tuesdays, & Thursdays 10AM - 5PM @ Heritage Library**

30-Minute Guitar, Piano, and Voice lessons by **appointment**. Zoom Lessons Available. Music lessons are open to children to adults ages 7 to Elder. The Heritage Library has 1 electric keyboard/piano, 2 children sized classical guitars, and 2 full sized classical guitars to borrow for lessons.

**Children, Youth & Adults 10AM - 5PM according to teacher availability - First Come First Serve.**

## **Summer Tai Chi Tuesdays & Thursdays: 12PM - 1PM @ Heritage Library**

Enjoy the relaxing art of Tai Chi with Francis Carew, who teaches Yang style Tai Chi, a low impact exercise that improves cardiorespiratory function, hypertension, muscular strength, balance, mobility, flexibility, and mind-body awareness.

## **Anishinaabek Makerspace: Beaded Bracelet/Necklace Workshop: 5PM - 7PM**

Come and make a Beaded Bracelet or Necklace. Supplies are limited so **RSVP** the tribal library to secure a spot.

**Heritage Library • July 8th, 15th, 22nd & 29th**

2821 N. West Bay Shore Dr.

## **Elders Workshops - (Peshawbestown & Charlevoix)**

### **Walking Stick Decorating Workshop •**

**July 16th, 23rd, 12-3 PM**

11201 E. Ki-dah-keh mi-kun, Peshawbestown

### **Medicine Wheel Workshop •**

**July 9th & 30th, 12-3 PM**

Charlevoix Office - 10085 Wa-Ba-Noong Mi-Kun,  
East Jordan

**Lunches Will be Provided by the Elders Program**

### **More Information:**

**Francis Carew (231) 534-7752 Francis.Carew@gtb-nsn.gov**  
**Heritage Library - 2821 N West Bay Shore Dr. Peshawbestown, MI**

