

All events are free and open to the Native American and Non-Native public. They promote Anishinabek culture, the musical arts, and health through Yang Style Tai Chi. Events hosted by the GTB Heritage Library, GTB Lifelong Learning, and the Institute of Museums and Library Services.

Events Subject to Change

**October
2025**

HERITAGE LIBRARY PRESENTS

FALL EVENTS & ACTIVITIES

Fall Music Lessons: Mondays, Tuesdays, & Thursdays 10AM - 5PM @ Heritage Library

30-Minute Guitar, Piano, and Voice lessons by **appointment**. Zoom Lessons Available. Music lessons are open to children to adults ages 7 to Elder. The Heritage Library has 1 electric keyboard/piano, 2 children sized classical guitars, and 2 full sized classical guitars to borrow for lessons.

Children, Youth & Adults 10AM - 5PM according to teacher availability - First Come First Serve.

Fall Tai Chi Tuesdays & Thursdays: 12PM - 1PM @ Heritage Library

Enjoy the relaxing art of Tai Chi with Francis Carew, who teaches Yang style Tai Chi, a low impact exercise that improves cardiorespiratory function, hypertension, muscular strength, balance, mobility, flexibility, and mind-body awareness.

Medicine Bag Workshop: October 15th, 22nd, & 29th 5:30PM - 7:30PM

Discover the spirit of creativity and tradition at the Anishinaabek Makerspace! In this hands-on Medicine Bag Workshop, you'll craft your own personalized bag while learning about its powerful meaning in Anishinaabe culture. Supplies are limited so RSVP the Heritage Library to secure a spot.

Heritage Library

October 15th • 5:30 - 7:30 PM
2821 N West Bay Shore Dr.,
Peshawbestown

3-Mile Office

October 22nd • 5:30 - 7:30 PM
845 Business Park Dr.,
Traverse City

Benzie Office

October 29th • 5:30 - 7:30 PM
7282 Hoadley Road,
Benzonia

More Information:

Francis Carew (231) 534-7752 Francis.Carew@gtb-nsn.gov
Heritage Library - 2821 N West Bay Shore Dr. Peshawbestown, MI

