



MAY YOUR HOLIDAY FITNESS  
ROUTINE BE BALANCED AND BRIGHT!



# STRONGHEART HOLIDAY HOURS

THURSDAY, NOVEMBER 27 <sup>TH</sup>	<b>CLOSED</b>
FRIDAY, NOVEMBER 28 <sup>TH</sup>	<b>CLOSED</b>
MONDAY, DECEMBER 22 <sup>ND</sup>	<b>6:30 AM - 7:00 PM</b>
TUESDAY, DECEMBER 23 <sup>RD</sup>	<b>6:30 AM - 7:00 PM</b>
WEDNESDAY, DECEMBER 24 <sup>TH</sup>	<b>CLOSED</b>
THURSDAY, DECEMBER 25 <sup>TH</sup>	<b>CLOSED</b>
FRIDAY, DECEMBER 26 <sup>TH</sup>	<b>6:30 AM - 7:00 PM</b>
SATURDAY, DECEMBER 27 <sup>TH</sup>	<b>9:00 AM - 3:00 PM</b>
SUNDAY, DECEMBER 28 <sup>TH</sup>	<b>CLOSED</b>
MONDAY, DECEMBER 29 <sup>TH</sup>	<b>6:30 AM - 7:00 PM</b>
TUESDAY, DECEMBER 30 <sup>TH</sup>	<b>6:30 AM - 7:00 PM</b>
WEDNESDAY, DECEMBER 31 <sup>ST</sup>	<b>CLOSED</b>
THURSDAY, JANUARY 1 <sup>ST</sup>	<b>CLOSED</b>

***\*SUBJECT TO CHANGE***

