## WELLBRIETY CAMP 2025

FORT CUSTER RECREATION AREA, 5163 FORT CUSTER DRIVE, AUGUST, MI, 49012 FRIDAY, JUNE 27, 3PM-SUNDAY, JUNE 29, 1PM

Recovery is a mountainous task, and having a support system can make all the difference in achieving change. NHBP is hosting a twoday, outdoor Wellbriety Camp at Fort Custer Recreation Area for those seeking, sustaining, and supporting recovery from addiction.

NHBP Behavioral Health Peer Support Specialist Matthew Paul will be hosting this event, in collaboration with Grand Traverse Band Recovery Coach Scott Scholten and Little Traverse Bay Band Recovery Coach Shane Morseau. Group activities offered include hiking, biking, fishing, and swimming. Recovery meetings will also be held daily. If you wish to stay overnight at the recreation area, please bring a tent and appropriate camping necessities. Recreation passports are required to enter the park, but beyond that there are no additional costs for this camp.

Open to the general public.

For questions, contact Matthew Paul by phone, 269.300.7108, or email, matthew.paul@nhbp-nsn.gov.

